Application for Candidacy as a Member of the WAPP Executive Board (2027-2028)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name**: Yuliia Kostenko, MA in Psychology.

2.Current Occupation (private practice, center, hospital, university etc.): Psychologist, psychotherapeutic practitioner, WAPP Basic Trainer in Positive and Transcultural Psychotherapy, trainer and educator, private practice.

3.**Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):
Positive and Transcultural Psychotherapy; individual psychotherapy; couples and relationship counseling; personal development; psychosomatic issues; crisis and trauma-related work.

1. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):
2. Master's Degree in Psychology
3. Master's Degree in Pedagogy
4. Prospective PhD Student in Psychology, G.S. Kostiuk Institute of Psychology, National Academy of Educational Sciences of Ukraine
5. **City and Country of current Residence**: Germany Mülheim an der Ruhr

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6. **Email Address**:

bondaryulia@icloud.com

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7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):

WAPP Basic Trainer in Positive and Transcultural Psychotherapy

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8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

   WAPP Basic Trainer in Positive and Transcultural Psychotherapy. Conducting Basic Courses in Positive Psychotherapy and facilitating professional intervision groups.

9. **Previous Leadership or Management Experience**:
   Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?
   Yes ■ No □

   If yes, please provide details of the organization, your role, and the location:

2015 -2022 years of experience as a Business Trainer in a company in Kyiv, Ukraine.

2017-2024 Founder and Director of the private educational enterprise "Bless Insight", with a registered trademark and copyrighted educational materials. Currently self-employed in Germany, providing private educational and professional training courses.

10. **Publications**: Have you authored scientific articles, books, or specialized texts?
    If yes, please provide examples

Author and co-author of books and professional materials, including:

- Sexuality of the Soul: Tenderness through Positive Psychotherapy — Aria Publishing House, Ukraine, 2025.
- Metaphorically about Loving and Knowing — a collection of metaphors based on the Actual Capacities of Positive Psychotherapy, Ukraine, 2026.
- The Tandem Jump — a book on the professional interaction and work of a trainer and co-trainer, incorporating concepts of Positive Psychotherapy, Ukraine, 2026.
- Author and developer of the metaphorical associative cards Actual Capacities, based on the concepts of Positive Psychotherapy.
- Author and developer of the metaphorical cards Mirror of the Soul: Energy Practices.
- Currently working on Metamorphoses: 101 Short Stories on Actual Capacities — a collection of therapeutic and metaphorical stories inspired by the Actual Capacities of Positive Psychotherapy.

Articles in Professional and Popular Magazines:

- "Challenges of Immigration: Psychological Support for Ukrainians" — Millennium Magazine, 2024. An article addressing the psychological challenges of immigration and psychological support for Ukrainians living abroad.
- "If We Know What For, We Can Endure Anything" — Millennium Magazine, 2024. An article on Positive Psychotherapy with practical recommendations and tools for coping with difficult life circumstances.

- "Positive Psychotherapy as a Tool for Creating a Harmonious Life" — Nova Ya Magazine, 2023. An article presenting concepts and practical tools of Positive Psychotherapy for creating a more balanced and harmonious life.
- "Sexuality of the Soul: Tenderness through the Perspective of Positive Psychotherapy" — Millennium Magazine, 2026. An article exploring sexuality, tenderness, and emotional intimacy through the concepts of Positive Psychotherapy.

11. **Special Achievements**: Have you received any honors, awards, or other forms of recognition?

Successful Enterprise of the Country" Award (2018) — awarded to the private enterprise "Bless" in recognition of its successful business performance in Ukraine

12. **Membership in Other Professional Associations**: If applicable, please list them:

Member of the European Association for Psychotherapy (EAP). Holder of the European Certificate of Psychotherapy (ECP).

Member of the Ukrainian Association of Positive Psychotherapy.

Member of the Ukrainian Psychological Association.

13. **Vision and Goals for the WAPP Executive Board**:
    Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?
14. I would like to contribute to the international development of Positive and Transcultural Psychotherapy, strengthen the professional community, and promote collaboration across countries. As a psychologist, trainer, and author, I bring experience in education, professional projects, and cooperation with Ukrainian and European colleagues. I am especially committed to supporting the next generation of PPT professionals and promoting transculturality, openness, and respect for diversity.

15. **Photo**: Please attach a recent photo to this application.

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Registered in Germany: World Association for Positive and Transcultural Psychotherapy (WAPP) e.V.
Amtsgericht Wiesbaden – Registergericht – Nr. VR 3210

Commitment

If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, Secretary-General, or chairing one of the WAPP Committees.
- I am committed to collaborating with colleagues across countries and cultures with openness, mutual respect, and without prejudice, regardless of political circumstances.

Date and Place:
21.08.26

Signature: