WAPP World Association for Positive and Transcultural Psychotherapy (WAPP)

Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name**:

   Raluca Ursica

2. **Current Occupation** (private practice, centre, hospital, university etc.):

   - Positive Psychotherapist, Counselling Psychologist – Private Practice
   - Master Trainer – London Centre for PPT
   - Associate Lecturer at Buckinghamshire New University

3. **Field of psychotherapeutic specialisation** (e.g. child and youth, couple, family therapy, etc.):

   Trauma Therapy, Couple Therapy, LGBTQ+, Clinical Supervision

4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):

   - BA English and German Language and Literature
   - BA Psychology
   - MA Psychology
   - Visiting lecturer - ICPS University Athens, Greece
   - Associate Lecturer at Buckinghamshire New University

5. **City and Country of current Residence**:

   London, United Kingdom

6. **Email Address**:

   raluca.ursica@gmail.com

7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Centre Manager, Organiser of Training, etc.):

   Certified Positive Psychotherapist, Master Trainer, Centre Manager

8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

   - Executive Board Member
   - Board Member responsible for the Head Office

9. **Previous Leadership or Management Experience**:
   Have you held a leadership or management role in a professional organisation or institution (e.g., association, university, hospital, company)?
   Yes x No □
   If yes, please provide details of the organisation, your role, and the location:

   I have served as an Executive Board member since 2022, and since 2019 I have been Director of the London Centre for Positive and Transcultural Psychotherapy. As a Counselling Psychologist in the UK's National Health Service (NHS), I was tasked with setting up psychological treatment programmes across two NHS Trusts — work that required me to understand the needs and interests of a wide range of stakeholders, while delivering within the realities of NHS budgets and staffing.

10. **Membership in Other Professional Associations**: If applicable, please list them:

    - European Association for Psychotherapy - EAP
    - UK Council for Psychotherapy - UKCP
    - British Association for Counselling and Psychotherapy - BACP
    - Health and Care Professionals Council – HCPC
    - American Psychological Association - APA

11. **Publications**: Have you authored scientific articles, books, or specialised texts?
    If yes, please provide examples:

    - Positive Psychiatry, Psychotherapy and Psychology, Chapter 46: Understanding LGBTQ+ People's Needs in Therapy from a Positive Psychotherapy Perspective
    - Ethical Principles and Guidelines of the World Association for Positive and Transcultural Psychotherapy (WAPP) – The Global Psychotherapist, Volume 6 | Issue 2 | July 2026

12. **Vision and Goals for the WAPP Executive Board**:
    Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

    Thank you for the nomination. I'm truly honoured to be considered once again for a position on the WAPP Board.

I'm genuinely excited by the prospect of working alongside colleagues from so many different countries and cultures, and of helping our association become ever more inclusive, relevant, and responsive to global challenges. I believe my contribution to WAPP lies in fostering collaboration, upholding ethical practice, and maintaining the high standards our profession deserves.

Having lived in several countries and adapted to their cultural particularities, I've gained first-hand insight into how national and international professional associations operate — aligning my own knowledge, skills, and training to different standards along the way. I would bring this experience to the Board and continue to advocate for members who trained in one country and now practise in another.

Photo: Please attach a recent photo to this application.

Commitment

x If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
- I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

Date and Place: 30.08.2026, London, UK

Signature: _RUrsica