Application for Candidacy as a Member of the WAPP Executive Board (2027-2028)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name**:

   Ms. Milana Petrosova

2. **Current Occupation** (private practice, center, hospital, university etc.):

   Lecturer at RAU university, psychotherapist at Nairi Medical Center, Director of the Center for Practical Psychotherapy.

3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):
   Individual psychotherapy, family therapy, group psychotherapy; psychotherapy supervisor.
4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):

   PhD in Psychology

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5. **City and Country of current Residence**: Yerevan, Armenia
6. **Email Address**: info.cppcenter@gmail.com
7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):

   - Certified Positive Psychotherapist
   - Master Trainer , Center Manager, Training organizer

8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

   Head of the Armenian Association of Positive Psychotherapy, Training Organizer, Director of the Center for Practical Psychotherapy.

9. **Previous Leadership or Management Experience**:
   Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?

Yes V No □

If yes, please provide details of the organization, your role, and the location:

- **Armenian Association of Positive Psychotherapy (AAPP), Armenia** — President. Responsible for the development of the association, professional community building, organization of educational and professional activities, and international cooperation.
- **Center of Practical Psychology, Yerevan, Armenia** — Director. Responsible for the management and organizational development of the center, as well as the coordination of professional and educational activities.
- **RAU University, Yerevan, Armenia** - Iinitiator of the Foundations of Positive Psychotherapy program within the university's psychology education

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10. **Publications**: Have you authored scientific articles, books, or specialized texts? If yes, please provide examples:

- Petrosova, M. Ts. **"A Study of Marriage Entry Motives among People of Different Professional Categories."** *Bulletin of the Russian-Armenian University*, No. 3, 2017. ISSN 1829-0450.
- Petrosova, M. Ts., & Berberyan, A. S. **"A Study of the Motivational Component of the Psychological Readiness Model of Students for Family Life."** *Problems of Pedagogy and Psychology*, No. 3, 2017. ISSN 1829-1295.
- Petrosova, M. Ts. **"Parental Attitudes as an Important Factor in Psychological Readiness for Family Life."** Proceedings of the International Conference *"Ethnic Culture as a Means of Strengthening Peace and Interethnic Harmony,"* held on December 8, 2017, Kuban State Technological University.
- Petrosova, M. Ts. **"A Study of Role Expectations and Aspirations in Marriage."** *Academic Psychology*, SocioSphere Publishing House, Prague, Czech Republic, No. 4, 2016. ISSN 2464-6741.
- Berberyan, A. S., & Petrosova, M. Ts. **"A Study of Family Values as Significant Components of the Psychological Readiness of University Students for Family Life."** *Tenth Annual Scientific Conference* (November 30–December 4, 2015), Collection of Scientific Articles: Social Sciences and Humanities, Part I. Yerevan: Russian-Armenian University Press, 2016. ISBN 978-9939-67-155-0.
- Petrosova, M. Ts., & Berberyan, A. S. **"A Study of the Relationship between Spouses' Marital Satisfaction and Children's Satisfaction with Family Life."** *Ninth Annual Scientific Conference* (December 3–8, 2014), Collection of Scientific Articles: Social Sciences and Humanities, Part I. Yerevan: Russian-Armenian University Press, 2015, p. 531. ISBN 978-9939-67-1345.

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11. **Special Achievements**: Have you received any honors, awards, or other forms of recognition?

- Master Trainer of the World Association for Positive and Transcultural Psychotherapy (WAPP).

- More than 10 years of professional experience in the development and teaching of Positive Psychotherapy in Armenia.
- Official WAPP representative in Armenia since 2016.
- Founder and President of the Armenian Association of Positive Psychotherapy (AAPP), with an active contribution to the development of the professional community of Positive Psychotherapists in Armenia.
- Development and implementation of educational programs in Positive Psychotherapy, including the introduction and teaching of the Foundations of Positive Psychotherapy program at the RAU University.
- Organization and coordination of Basic and Master Training programs in Positive Psychotherapy in Yerevan, contributing to the professional training and development of specialists in accordance with WAPP standards.
- Organization and coordination of international educational events, conferences, seminars, and professional meetings in the field of Positive Psychotherapy.
- Participation as a speaker and presenter at numerous conferences, seminars, and professional events held at various universities and professional institutions.
- Contribution to international professional cooperation and the promotion and development of Positive Psychotherapy through international professional events and initiatives.

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12. **Membership in Other Professional Associations**: If applicable, please list them:

    Honorary Member of IAPS (International Academy of Psychological Sciences).

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13. **Vision and Goals for the WAPP Executive Board**:
    Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

    Vision and Goals for the WAPP Executive Board

My vision is to contribute to the further development of WAPP as a strong, open and inclusive international professional community that connects psychotherapists, national associations and Positive Psychotherapy centers across different countries and cultures.

One of my main goals would be to strengthen cooperation and communication among national associations and centers within WAPP. I would like to create regular opportunities for professional exchange, where representatives from different countries can share their experiences, successful practices, challenges and solutions. I believe that creating an international platform for dialogue and discussion would help us learn from each other and work together on common professional issues and challenges.

I would also like to support and encourage research in Positive Psychotherapy at national and regional levels and promote opportunities for international cooperation in research projects.

Another important goal for me is to contribute to the development and promotion of Positive Psychotherapy in countries and regions where the method is not yet sufficiently represented. I believe it is important to expand the geographical presence of Positive Psychotherapy while maintaining high professional standards and respecting the cultural context of each country.

I would bring to the Executive Board many years of practical, educational and organizational experience as a psychotherapist, WAPP Master Trainer, university lecturer, trainer and leader of professional organizations. For more than ten years, I have been actively involved in developing Positive Psychotherapy in Armenia, training specialists, building a professional community, and organizing educational and international professional events.

I believe that my experience in developing Positive Psychotherapy at the national level, my international perspective, organizational skills and ability to bring people together would enable me to make a meaningful contribution to the work of the WAPP Executive Board.

I would like to work not only for the development of Positive Psychotherapy in my own country, but also for strengthening WAPP as a global professional community, where the experience and achievements of each country can contribute to the development of Positive Psychotherapy worldwide.

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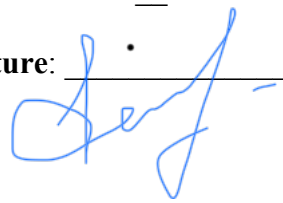
14. **Photo**: Please attach a recent photo to this application.

Commitment

V If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, Secretary-General, or chairing one of the WAPP Committees.
- I am committed to collaborating with colleagues across countries and cultures with openness, mutual respect, and without prejudice, regardless of political circumstances.

Date and Place: __31.08.2026 Yerevan, Armenia

Signature: _____