Application for Candidacy as a Member of the WAPP Executive Board (2027-2028)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name**:

   Mariia Tyshchenko

2. **Current Occupation** (private practice, center, hospital, university etc.):

   Psychologist and psychotherapist in private practice; Basic Course Trainer in Positive Psychotherapy; Lecturer at the Department of Social Psychology, Kyiv Institute of Modern Psychology and Psychotherapy, and Lecturer at the Moisei Wolf Institute; multimodal clinical supervisor; PhD Candidate in Psychology; researcher and author.

3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):

   Individual and group psychotherapy; family counseling; sexology; borderline personality organization and personality disorders; trauma-related and psychosomatic disorders; sexual and domestic violence, including work with survivors and perpetrators; crisis counselling; clinical supervision.
   My clinical work integrates Positive and Transcultural Psychotherapy, psychodynamic and transference-focused psychotherapy, and trauma-focused approaches. Trained in OPD-2 and STIPO-R assessment.
   My therapeutic stance is strongly humanistic and person-centred, with an emphasis on empathy, genuine contact and respect for subjective experience, which I see as deeply compatible with Nossrat Peseschkian's resource-oriented understanding of human capacities and potential for development.

4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):
   Academic qualifications
   2024–present — PhD Candidate in Psychology, Kyiv Institute of Modern Psychology and Psychotherapy
   2017 — Master of Psychology, Taras Shevchenko National University of Kyiv
   2007 — Master of Education in English and Japanese Language Teaching, H.S. Skovoroda Kharkiv National Pedagogical University

   Selected professional qualifications and advanced training from the past six years (2020–2026)
   2026–present — Clinical Supervisor training in Positive and Transcultural Psychotherapy
   2024–present — Candidate for WAPP Master Trainer in Theory and Supervision

2025 — Certified Transference-Focused Psychotherapist (TFP)
2021–2023 — Supervision: Theory and Practice, EEPA; accredited by the European Confederation of Psychoanalytic Psychotherapies (ECPP).
2022 — Basic Course Trainer in Positive and Transcultural Psychotherapy
2021 — Certified Trauma-Focused Psychotherapist
2020 — World Certificate for Psychotherapy (WCP)
2019— European Certificate of Psychotherapy (ECP)

5. **City and Country of current Residence**: Zazymia, Kyiv Region, Ukraine

6. **Email Address**: mmmariyko@gmail.com

7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):

   Full Member of WAPP; Certified Positive Psychotherapist; Basic Course Trainer for Positive Psychotherapy; Candidate for WAPP Master Trainer in Theory and Supervision; currently undertaking Clinical Supervisor training in Positive and Transcultural Psychotherapy.

8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

   Previously participated in WAPP working groups on trauma and group psychotherapy in PPT.

9. **Previous Leadership or Management Experience**:
   Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?
   Yes ☐ No ☐

   Before specializing in psychology and psychotherapy, I held leadership and management positions in international companies, gaining experience in strategic planning, team and project management, stakeholder communication and coordination in multicultural environments.

   Kyiv City Administration, Department for Family and Children — Trainer and Programme Facilitator, Kyiv, Ukraine. Over three years (2019-2021), developed and delivered professional programmes on domestic violence prevention for healthcare, education, police and crisis-service professionals, conducting 120+ seminars.

   Psychological Festival “This Is My Life” — Initiator and Coordinator, Kyiv Region, Ukraine, June 2026. Developed the concept, coordinated professionals and partners, and organized a free one-day psychological festival with 20+ lectures and workshops, consultations and community activities.

10. **Publications**: Have you authored scientific articles, books, or specialized texts?
    If yes, please provide examples:

ORCID iD: https://orcid.org/0009-0009-8608-0841

Selected publications:

- Tyshchenko, M. (2026). Between communication and avoidance: Sexuality as an actual capacity and a domain of professional resistance among psychotherapists. The Global Psychotherapist, 6(2), 27–39. https://doi.org/10.52982/lkj311
- Tyshchenko, M. (2026). The Bridge Between Positive Psychotherapy and Object Relations Theory: A Comparative Typology of Development. The Global Psychotherapist, 6(1), 165–179. https://doi.org/10.52982/lkj301
- Tyshchenko, M. (2025). Psychodynamic aspects of professional resistance in trauma treatment. The Global Psychotherapist, 5(2), 67–86. https://doi.org/10.52982/lkj276
- Tyshchenko, M. (2025). Psychodynamics of transference and countertransference in the psychotherapy with sexual trauma. The Global Psychotherapist, 5(1), 59–68. https://doi.org/10.52982/lkj259
- Tyshchenko, M. (2025). Ethical dilemmas of a psychotherapist in wartime: Finding a balance between professional standards and reality. International Journal of Psychotherapy, 29(1), 81–86. https://www.ijp.org.uk/docs/IJP_Vol._29,_No.%201_Full_Online.pdf
- Tyshchenko, M. (2025). Основи позитивної психотерапії [Basics of Positive Psychotherapy]. Kyiv: Franko Pak, 536 pp. https://www.positum.org/product/basics-of-ppt-tyshchenko-e-book/

11. **Special Achievements**: Have you received any honors, awards, or other forms of recognition?

- 2026 — ISTFP Poster Special Award for the best poster presentation at the 9th Biennial ISTFP Conference, Vienna, Austria, for the poster “Between Defense and Holding: The Flash-Container in Psychotherapeutic Work under War Conditions,” co-authored with Iryna Dobrynina.
- 2025 — WAPP Certificate of Appreciation for dedication, valuable contributions, and active involvement in WAPP working groups.
- 2017 — Commendation from the Desnianskyi District State Administration in Kyiv for conscientious work, high professionalism, and significant personal contribution to the social protection of the population.
- Certificates of appreciation for professional contribution and moderation of psychotherapy conferences and professional events.

12. **Membership in Other Professional Associations**: If applicable, please list them:
    - International Society of Transference-Focused Psychotherapy (ISTFP)
    - International Federation for Psychotherapy (IFP)
    - American Psychological Association (APA)
    - Ukrainian Union of Psychotherapists (UUP)
    - Southern Ukrainian Institute of Psychology, Psychotherapy and Management (SUIPPM)
    - TFP-Ukraine
    - TraumaFocus Ukraine

13. **Vision and Goals for the WAPP Executive Board**:
Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

My vision is to contribute to WAPP as a warm, open and internationally connected professional community that preserves the identity and depth of Positive and Transcultural Psychotherapy while continuing to strengthen the quality of its training, supervision, research and collaboration.

I feel deeply connected to PPT both as a professional method and as a humanistic way of seeing people. I have great respect for the legacy of Nossrat Peseschkian and for the colleagues who have developed WAPP before us. I see my own contribution as preserving what is valuable while helping the method and the professional community continue to grow.

I believe I can bring a perspective that connects several stages of professional development within PPT. I am a Basic Course Trainer, a Candidate-Trainer for Master Trainer in Theory and Supervision, currently undertaking Clinical Supervisor training in PPT, and have five years of multimodal clinical supervision practice. This experience has shown me how important it is for professional development to be both rigorous and supportive.

One of my priorities would be high-quality, clinically relevant training and supervision. I would like to support clear professional standards, practical educational resources and meaningful exchange between trainers, supervisors and trainees, while keeping learning closely connected to real clinical practice.

Another important area for me is research and the scientific visibility of Positive and Transcultural Psychotherapy. As a PhD candidate, university lecturer, textbook author and author of international peer-reviewed publications, I would like to strengthen connections between WAPP training centres, universities and researchers, encourage international collaborative studies, and help create clearer pathways from clinical experience to research and publication.

My work with trauma, domestic and sexual violence, and professionals working during war has also shown me the practical value of the transcultural, resource-oriented and conflict-centred foundations of PPT in complex contemporary clinical and social contexts.

Throughout my professional work, one of my strengths has been turning ideas into concrete projects and resources — educational programmes, publications, research projects and professional initiatives. I would bring this practical orientation to the work of the Board.

If elected, I would bring my experience in clinical practice, training, supervision, research, writing and project development, together with openness to learning, willingness to take responsibility for concrete work and readiness to collaborate with colleagues across countries and cultures.

I would be honoured to contribute to a WAPP that respects the legacy of Nossrat Peseschkian, strengthens its scientific and professional foundations, supports trainers, supervisors and trainees, and creates meaningful opportunities for the next generation of Positive and Transcultural Psychotherapists — while remaining a community in which people can grow professionally without losing warmth, curiosity and a sense of belonging.

14. **Photo**: Please attach a recent photo to this application.

Commitment

☐ If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, Secretary-General, or chairing one of the WAPP Committees.
- I am committed to collaborating with colleagues across countries and cultures with openness, mutual respect, and without prejudice, regardless of political circumstances.

Date and Place: 31 August 2026, Zazymia, Ukraine

Signature: