Application for Candidacy as a Member of the WAPP Executive Board (2027-2028)

Dear Member,
Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name**: PhD. Psychologist Ebru SİNİCİ
2. **Current Occupation** (private practice, center, hospital, university etc.): Founder of ES Psychological Counselling and Education Center.
3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):
   Adult therapy, Couple and family therapy, Trauma, EMDR
4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):
   Bachelor's Degree: Hacettepe University, Faculty of Letters, Department of Psychology (1992-1996).
   Master's Degree: Ankara University Institute of Health Sciences, Department of Interdisciplinary Forensic Medicine, Forensic Psychology Master's Program (2006-2009).
   Sinici, E., Erden, G., & Yurttaş, Y. (2009). Applicability of an intervention technique in acute stress disorder: Eye movement desensitization and reprocessing (EMDR). New Symposium, 47(4), 178–186.
   Ph.D.: Ankara University Institute of Health Sciences, Sports Sciences (Sport Psychology) (2019-2025)
   In Dance Sports Based on Positive and Intercultural Psychotherapy Psychoeducation Program -The Invisible Side of the Stage- (In Press)
5. **City and Country of current Residence**: Ankara /Türkiye
6. **Email Address**: esinici@gmail.com
7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):
   Master Trainer, Center Manager, Organizer of Trainings
8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):
   Training Committee Member, Working Group Member
9. **Previous Leadership or Management Experience**:
   Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?
   Yes □ No x
10. **Publications**: Have you authored scientific articles, books, or specialized texts? If yes, please provide examples:
    Articles published in international peer-reviewed journals;

Sinici, E., Yildiz, C., Tunay, S., Ozkan, H., & Altinmakas, M. (2004). The assessment of anxiety levels in patients with posttraumatic stress disorder. Acta Orthopaedica et Traumatologica Turcica, 38(2), 145–148.
Yildiz, C., Uzun, O., Sinici, E., Ateşalp, A. S., Özşahin, A., & Başbozkurt, M. (2005). Psychiatric symptoms in patients treated with an Ilizarov external fixator. Acta Orthopaedica et Traumatologica Turcica, 39(1), 59–63.
Sinici, E., Tunay, S., Kılıç, E., Erler, K., & Altınmakas, M. (2006). Psychological evaluation of patients with benign musculoskeletal system tumors.
Acta Orthopaedica et Traumatologica Turcica, 40(3), 199–201.
Sinici, E., Tunay, S., Tunay, V., & Kılıç, E. (2008). Evaluation of patient quality of life after total hip arthroplasty. Acta Orthopaedica et Traumatologica Turcica, 42(1), 22–25.
Kılıç, E., Sinici, E., Tunay, V., Hasta, D., Tunay, S., & Başbozkurt, M. (2009). Evaluation of quality of life of female patients after bilateral total knee arthroplasty. Acta Orthopaedica et Traumatologica Turcica, 43(3), 248–253.

Articles published in other international peer-reviewed journals

Sinici, E., Sarı, T., & Maden, Ö. (2014). Primary and secondary capacities in post-traumatic stress disorder (PTSD) patients in terms of positive psychotherapy. International Journal of Psychotherapy, 18(3).
Sinici, E. (2015). A balance model for patients with post-traumatic stress disorder. International Journal of Psychotherapy, 19(3).
Sinici, E. (2017). Primary and secondary capacities of first-grade nursing students in the context of positive psychotherapy. International Journal of Psychotherapy, 21(1).

International books or chapters in books written

Positive Psychiatry, Psychotherapy and Psychology 1. Edition. 2020. ISBN: 978-3-030-33263-1. Chapter 20. Family and Couple Therapy
Positive Psychiatry, Psychotherapy and Psychology 2. Edition.2025. ISBN: 978-3-031-94644-8. Chapter 23. Family and Couple Therapy

Articles published in national peer-reviewed journals

Sinici, E., Erden, G., & Yurttaş, Y. (2009). Applicability of an intervention technique in acute stress disorder: Eye movement desensitization and reprocessing (EMDR). New Symposium, 47(4), 178–186.
Sinici, E. (2010). Ethical rules in forensic psychology. Dirim Medical Gazette, 85(1), 35–39.
Sinici, E., Maden, Ö., Ak, M., Bozkurt, A., & Özşahin, A. (2012). EMDR application in a sexual rape case: Case report. New Symposium, 50, 58–60.
Sinici, E. (2016). The effectiveness of EMDR therapy in the treatment of phantom limb pain. The Thinker: The Journal of Psychiatry and Neurological Sciences, 29(4), 349–358.
Sinici, E. (2018). Can positive psychotherapy be effective in treatment-resistant obsessive-compulsive disorder? A case report. Journal of Clinical Psychiatry, 21(4), 407–413.

Sinici, E., & Bayar, P. (2021). The effect of psychological states on self-esteem of dance sports practitioners: Observational-descriptive research. Turkiye Klinikleri Journal of Sports Sciences, 13(3), 461–469. https://doi.org/10.5336/sportsci.2021-83308

Sinici, E., & Sulu, B. (2022). Examination of the success motivations of orienteering athletes in the context of the balance model. Turkiye Klinikleri Journal of Sports Sciences. https://doi.org/10.5336/sportsci.2022-89521

Sulu, B., Kaygusuz, Ş., Sinici, E., & Hassani, F. (2023). The effect of psychological well-being on self-confidence in exercise participants. International Journal of Exercise Psychology, 5(1), 1–8. https://doi.org/10.51538/intjourexerpsyc.1243506

Maden, Ö., Sinici, E., & Uzun, Ö. (2023). Primary and secondary abilities in the context of positive psychotherapy in individuals with antisocial personality disorder. Turkish Journal of Psychiatry, 34(3), 191–201. https://doi.org/10.5080/u27031

Other publications

Positive Psychotherapy Progresses. Ivan Kirlov. 2023. 1st and 2nd Editions Print Translation Editor. ISBN: 978-625-417-247-2

Conflict Mechanisms. Maxim Goncharov. 2024. 1. Edition. Translation/Translation Editor ISBN: 978-625-397-492-3.

Fundamentals of Positive Psychotherapy. Ivan Kirlov. 2024. Translation Editor. ISBN: 978-605-84498-4-8.

11. **Special Achievements**: Have you received any honors, awards, or other forms of recognition?
    x
12. **Membership in Other Professional Associations**: If applicable, please list them:
    Turkish Psychological Association
    World Association for Positive and Intercultural Psychotherapy (WAPP)
    Cognitive and Behavioral Therapies Association
    Turkish EMDR Association
13. **Vision and Goals for the WAPP Executive Board**: Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?
    Based on my experience in Türkiye, I observe that positive psychotherapy has not yet fully developed in several areas. Consequently, I aim to undertake initiatives that foster support in these fields—particularly in sports psychology and in practices involving children. I am especially interested in developing supportive projects that explore how positive and cross-cultural psychotherapy can be applied within social responsibility initiatives.
    In addition to all this, I would like to take initiatives to enhance communication among basic consultants, positive psychotherapists, and trainers in the field of positive psychotherapy in Türkiye, and to bring them together under a single umbrella.
14. **Photo**: Please attach a recent photo to this application.

Commitment

X If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, Secretary-General, or chairing one of the WAPP Committees.
- I am committed to collaborating with colleagues across countries and cultures with openness, mutual respect, and without prejudice, regardless of political circumstances.

Date and Place: 12.08.2026 Ankara/Türkiye

Signature: