

# WAPP NEWS

*World Association for Positive and Transcultural Psychotherapy, January 2026*

*Dear WAPP Members,  
Dear friends and supporters of Positive Psychotherapy worldwide,*

*The start of 2026 finds our world at a crossroads. Wars persist, divisions deepen, economies strain, and many people carry a heaviness that wasn't there before. We see it in our clients and patients, in our colleagues, in ourselves. And yet, here we are: 3,100 strong, spanning 65 countries, choosing connection over isolation, hope over despair, action over paralysis.*

*This is not naive optimism. It is the lived practice of what Nossrat Peseschkian understood so well: real change doesn't wait for perfect conditions. It starts in the therapy room, in the conversation with a neighbor, in the choice to see conflict as potential rather than a dead end. From there, it ripples outward in ways we cannot always predict or measure.*

*Our numbers tell one story: new members joining monthly, training centers launching in places we'd never imagined, translations bringing our work to new languages and cultures. But the deeper story lives in the moments we cannot quantify: the client who finds words for their pain, the trainee who discovers their calling, the supervisor who holds space for another's uncertainty.*

*To those already walking this path with us: thank you for showing up, especially when it's hard. Your presence matters more than you know. To those considering joining: we need you. Your questions, your contexts, your contributions. WAPP membership is not about credentials or geography – it's about shared commitment to healing work that crosses borders and builds bridges. [Learn about WAPP Membership.](#)*

*Whatever 2026 brings, we'll meet it together: grounded in dignity, guided by hope, connected across distance.*

*With gratitude and resolve,  
The WAPP Board of Directors and Head Office*

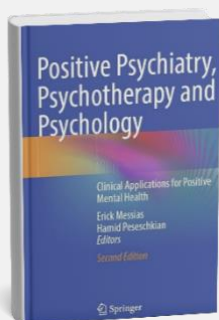


WORLD ASSOCIATION FOR POSITIVE AND TRANSCULTURAL PSYCHOTHERAPY (WAPP):  
3,100+ members from 65 countries on 6 continents in January 2026



## WAPP NEWS- Updates from the World of Positive Psychotherapy

### POSITIVE PSYCHIATRY, PSYCHOTHERAPY, AND PSYCHOLOGY



The release of the second, enlarged edition of the global handbook *"Positive Psychiatry, Psychotherapy, and Psychology – Clinical Applications for Positive Mental Health"* marks a watershed moment in the field. This ambitious volume brings together 75 authors from 19 countries across 55 chapters spanning 702 pages, making it the only book worldwide to synthesize these three complementary approaches to positive mental health.

[Read the book](#)

### PROTECTING A LEGACY: POSITIVE PSYCHOTHERAPY TRADEMARK

In a significant development for the field, **Positive Psychotherapy (PPT after Peseschkian, since 1977)**<sup>™</sup> has secured trademark protection across 32 countries. The registered trademark now extends throughout Europe and beyond, including the United States, the United Kingdom, Ukraine, Türkiye, Russia, and

all 27 EU member states that have adopted the registration.

### TRAINING FOR TRAINERS ON ONLINE TEACHING

Recognizing that the pandemic permanently transformed how psychotherapy training is delivered, WAPP has launched specialized training programs for its trainers and candidate trainers. While many have successfully transitioned to online course delivery using self-developed methods, the European Association for Psychotherapy (EAP) now requires that trainers delivering courses in online formats undergo specific training.

WAPP's response has been to organize complementary training sessions focused on online teaching tools, designed to help trainers enhance their skills and learn effective techniques for running high-quality virtual seminars.

### CLINICAL SUPERVISION DIPLOMA

Many certified positive psychotherapists wish to provide clinical supervision to colleagues but find the lengthy process of becoming a Master Trainer either unsuitable or impractical for their circumstances. The new **Clinical Supervision Diploma** program offers an alternative route, allowing any Certified Positive Psychotherapist who meets eligibility criteria to complete focused training

and, upon passing the final assessment, become certified as a Clinical Supervisor for Positive and Transcultural Psychotherapy.

The inaugural group is preparing to launch in Ukraine, with an international English-speaking cohort scheduled to follow. Interested practitioners can direct inquiries or applications to WAPP at [assistant@positum.org](mailto:assistant@positum.org).

### EXPANDING RESEARCH VISIBILITY

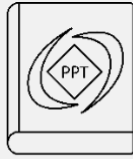
WAPP's commitment to disseminating research has taken a significant step forward with the establishment of a Publisher account on ResearchGate for *"The Global Psychotherapist"* peer-reviewed journal. This collaboration with the world's largest academic social network for scientists and researchers means that published articles will gain enhanced visibility and accessibility within the global research community.

## ResearchGate

The partnership with ResearchGate enables researchers, clinicians, and students worldwide to more easily discover, access, and cite Positive Psychotherapy research. Authors publishing in the journal benefit from expanded readership, while the platform's algorithms help connect their work with relevant researchers and practitioners.

[positum.org](http://positum.org)

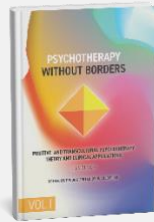
**WAPP PRESS – Updates on the second half of the year 2025**



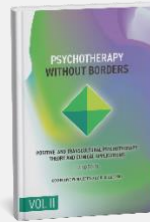
**WAPP  
PRESS**

Explore all books on Positive Psychotherapy in the WAPP Book Shop.

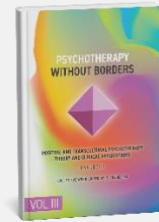
If you are an author interested in publishing a book on Positive Psychotherapy, please contact us at the [WAPP Press](mailto:info@wapppress.com).



**Ciesielski, Roman (ed.) (2025).** Psychotherapy Without Borders: Positive and Transcultural Psychotherapy Theory and Clinical Applications. Volume I. WAPP Press. 290 p. – ISBN 978-3910225565



**Ciesielski, Roman (ed.) (2025).** Psychotherapy Without Borders: Positive and Transcultural Psychotherapy Theory and Clinical Applications. Volume II. WAPP Press. 408 p. – ISBN 978-3910225572



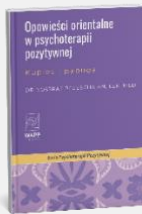
**Ciesielski, Roman (ed.) (2025).** Psychotherapy Without Borders: Positive and Transcultural Psychotherapy Theory and Clinical Applications. Volume III. WAPP Press. 523 p. – ISBN 978-3910225589

**Book shop**

**Amazon**

**Amazon**

**Amazon**



**Peseschkian, Nossrat (2025).** Opowieści orientalne w psychoterapii pozytywnej. Kupiec i papuga (drugie polskie wydanie). Wiesbaden: WAPP Press. 170 s. – ISBN 978-3-910225-48-0 [in Polish]



**Пезешкян, Носсрат (2025).** Життя – це рай, до якого ми можемо знайти ключ. (Перше англо-українське видання). Висбаден: WAPP Press. 142 с – ISBN 978-3-910225-44-2 [in Ukrainian & English]



**Peseschkian, Nossrat (2025).** პოზიტიური თერაპია – თერაპევტებისა და თეორიის განკუთვნილი პოზიტიური ფსიქოთერაპიის სახელმძღვანელო (პირველი ქართული გამოცემა). ვისბადენი: WAPP Press, 257 გვერდი. – ISBN 978-3-910225-45-9 [in Georgian]



**Peseschkian, Nossrat (2025).** Pozitif Psikoterapi Teknikleri Olarak Dogu Hikayeleri: Tuccar ile Papagan. Wiesbaden: WAPP Press. 128 s. – ISBN 978-3-910225-54-1 [in Turkish]

**E-book**

**E-book**

**Printed**

**E-book**

**E-book**



**Пезешкиан, Носсрат (2025).** Жизнь – это рай, к которому мы можем подобрать ключ: Путешествие в позитивную психотерапию и повседневную мудрость (Первое издание на русском языке). Wiesbaden: WAPP Press. 104 с. – ISBN 978-3-910225-46-6 [in Russians]



**Պեզեշկյանի և Նոսրատի (2025).** Վերաբերյալ կյանքի և ինքնազգացմանը Պոզիտիվ Կյանքի Կարևորությունը: Մեթոդ: Վա ճա ռա կա նև ու թու թա կը: /Նոսրատ Պեզեշկյանի.– Թարգմ. Անի Անսլյան:– Եր.: Արմավրես, 2025.– 192 էջ – ISBN 978-3-910225-47-3 [in Armenian]



**Gülle, N., Yalçın, Ö. (2025).** Pozitif ve kültürlerarası psikoterapide gerçek yetenekler. Wiesbaden: WAPP Press. ISBN 978-3-910225-55-8 [in Turkish]



**Werringloer, R. (2026).** Küçük Uçurtmacı: Bir sanat olarak uçmayı çocuklara aktarmak (İlk Türkçe baskı). Wiesbaden: WAPP Press. 120 c. – ISBN 978-3-910225-51-0 - [in Turkish]

**E-book**

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*International Conferences on Positive Psychotherapy*

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*26th International Trainer Seminar, November 2025 (Wiesbaden, Germany)*



*First Chinese Conference on Positive Psychotherapy, September 2025 (Guilin, China)*

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*National Conferences on Positive Psychotherapy*

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*Armenia, September 2025*



*Bulgaria, October 2025*



*Romania, November 2025*

REGISTRATION & ABSTRACT SUBMISSION ARE OPEN

Congress website



# WORLD CONGRESS OF POSITIVE & TRANSCULTURAL PSYCHOTHERAPY

11-16 OCTOBER 2026

SPLENDID CONFERENCE & SPA RESORT  
BUDVA, MONTENEGRO



HOSTED BY  
WORLD ASSOCIATION  
FOR POSITIVE AND TRANSCULTURAL  
PSYCHOTHERAPY

[wapp2026.org](http://wapp2026.org)