



International WAPP Super Conference 2025: “A Picture Is Worth a Thousand Words”

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**WORLD ASSOCIATION
FOR POSITIVE AND TRANSCULTURAL
PSYCHOTHERAPY**

online, hybrid, and offline smaller events in different locations around the world, creating a chain of events under the same concept



1994: "Evolution of Psychotherapy" - Congress in Hamburg

16-18 JUNE 2025

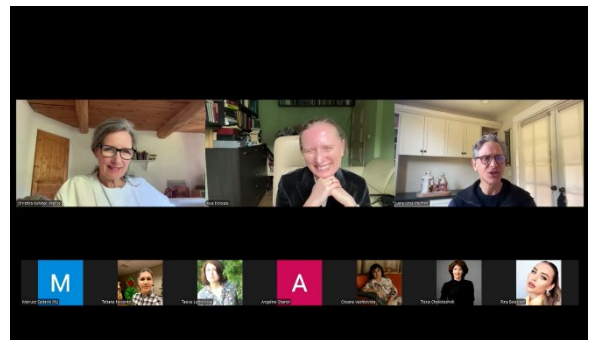
WAPP SUPER CONFERENCE

"A Picture Says More Than a Thousand Words"

From June 16 to 18, 2025, the WAPP Super Conference took place – an international event titled “A Picture Is Worth a Thousand Words”, organized by the World Association for Positive and Transcultural Psychotherapy (WAPP) with the support of the Membership Committee. The conference commemorated the 30th anniversary of a historic photograph taken at the 1994 Congress “Evolution of Psychotherapy” in Hamburg. The image captures the presence of Viktor Frankl, Paul Watzlawick, Irvin Yalom, Aaron Beck, Salvador Minuchin, Otto Kernberg, Eugene Gendlin, Albert Ellis, Nossrat Peseschkian, and other founders and pioneers – and continues to symbolize the spirit of dialogue between psychotherapy schools, inspiring unity in diversity.

In this spirit, WAPP invited Positive Psychotherapy Centers worldwide to co-create local events in an online format. The event featured speakers from Austria, Bulgaria, Denmark, Ethiopia, India, Germany, Poland, Romania, the USA, Turkey, Ukraine, France, and others, with around 1,500 participants from 50 countries. The conference unfolded across three

days of intensive work, with participants from dozens of countries and various therapeutic modalities. Each day was devoted to a different dimension of psychotherapy’s responsibility.

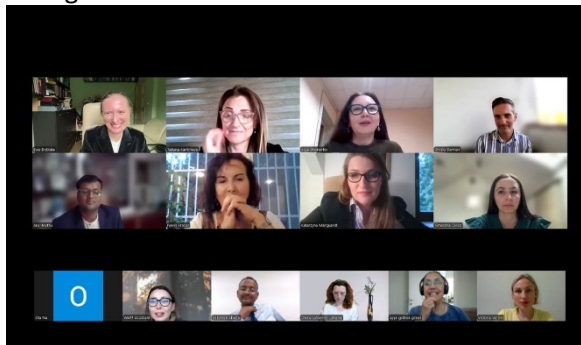


Day 1 – Social Responsibility of Psychotherapy

The conference's opening was multilingual and multicultural, creating a space of mutual recognition and a deep sense of community. International and National round tables focused on the social dimension of psychotherapeutic work in the context of war, disasters, migration, and exclusion.

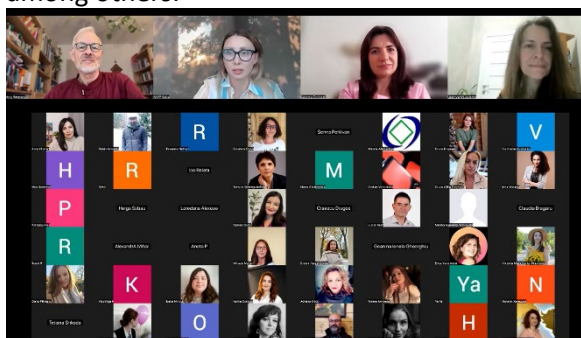
The day ended with an international reflection roundtable – a space of integration, shared

thinking, and emotional presence in the global dialogue.



Day 2 – Case Study in Diverse Therapeutic Approaches

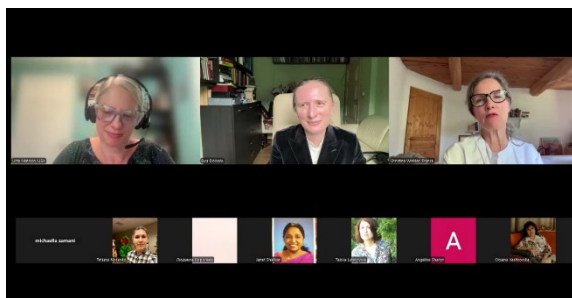
On the second day, national groups presented interpretations of the same clinical case – Anna’s story. The case was analyzed from a variety of perspectives, including Psychoanalysis, Systemic Therapy, Psychodynamic Therapy, Gestalt Therapy, CBT, Ericksonian hypnotherapy, Transactional Analysis, Jungian Analytical Psychology, and body-centered psychotherapy, among others.



Altogether, 18 conceptualizations were shared from 8 countries, showing not only differences in clinical thinking but also shared concerns, sensitivities, and therapeutic responsibility. In the evening, Arno Remmers (Germany) presented a conceptualization of Anna’s case in the framework of Positive and Transcultural Psychotherapy.

Day 3 – The Future of Psychotherapy in a Changing World

The final day focused on the future of psychotherapy in the face of global crises and ethical challenges. A global roundtable was held, with the participation of leading representatives from world psychotherapy organizations, including Gabriela Hum (WAPP), Alfred Pritz (EAP/WCP), César Alfonso (WFP), Dilip Jeste (WFP), and Hamid Peseschkian as moderator (WAPP).



The future of psychotherapy continued to be discussed at national roundtables, with the participation of leading specialists representing various psychotherapeutic approaches.



The conference closed with the celebration of the International Day of Positive Psychotherapy – a moment of togetherness, recognition of therapists’ work worldwide, and a commitment to a multi-voiced future of the profession.

Reflections

The Super Conference “A Picture Is Worth a Thousand Words” not only honored the past but also initiated a new quality of dialogue in psychotherapy – one based on mutual respect, recognition, compassion, and shared responsibility.

It demonstrated that psychotherapy, in all its diversity, can meaningfully respond to the challenges of our times, as long as it remains grounded in ethical presence, relational depth, and a shared purpose.

This was not merely a symbolic event – it was an act of care.

Upcoming issues of the journal will present an analysis of materials from international and national discussions, highlighting key questions raised by professionals from different countries and psychotherapeutic schools, as well as the responses identified.