



WORLD ASSOCIATION
FOR POSITIVE AND TRANSCULTURAL
PSYCHOTHERAPY

Continuing Professional Development (CPD) for Positive psychotherapists and trainers

Continuing Professional Education (CPE)

Continuing Medical Education (CME)





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Definition:

Continuing professional development (CPD) is the ongoing process of developing, maintaining, and documenting your professional skills, knowledge and development. In more and more countries, this is obligatory and requested from chambers, associations or insurances. So does the European Association for Psychotherapy of which WAPP is a member.

CPD is mandatory for all Certified Positive Psychotherapists (Candidates Positive Psychotherapists and European Certified Positive Psychotherapists) and all Basic and Master Trainers. Positive Psychotherapists and PPT Trainers have to update and develop their knowledge and skills on an ongoing basis. This commitment demonstrates and ensures professional competence, high standards, good quality service and accountability for the public.



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Overview

- One hour of training/education equals one credit point.
- You need 50 points per year = 50 hours of education/training per year (approx. one week).
- There are different kinds of trainings/activities that you can attend or perform.

Psychotherapists

50 credit points of CPD per year as a
positive psychotherapist
(250 credits/ 5 years)

250 credits in 5 years



Trainers

50 credits of CPD per year as a
psychotherapist
(250 credits/ 5 years)
+
additional 20 credits per year
(100 credits/5 years) if you are a WAPP
trainer (Basic or Master Trainer)

350 credits in 5 years

Not more than 30% of all your credit points can come from one category

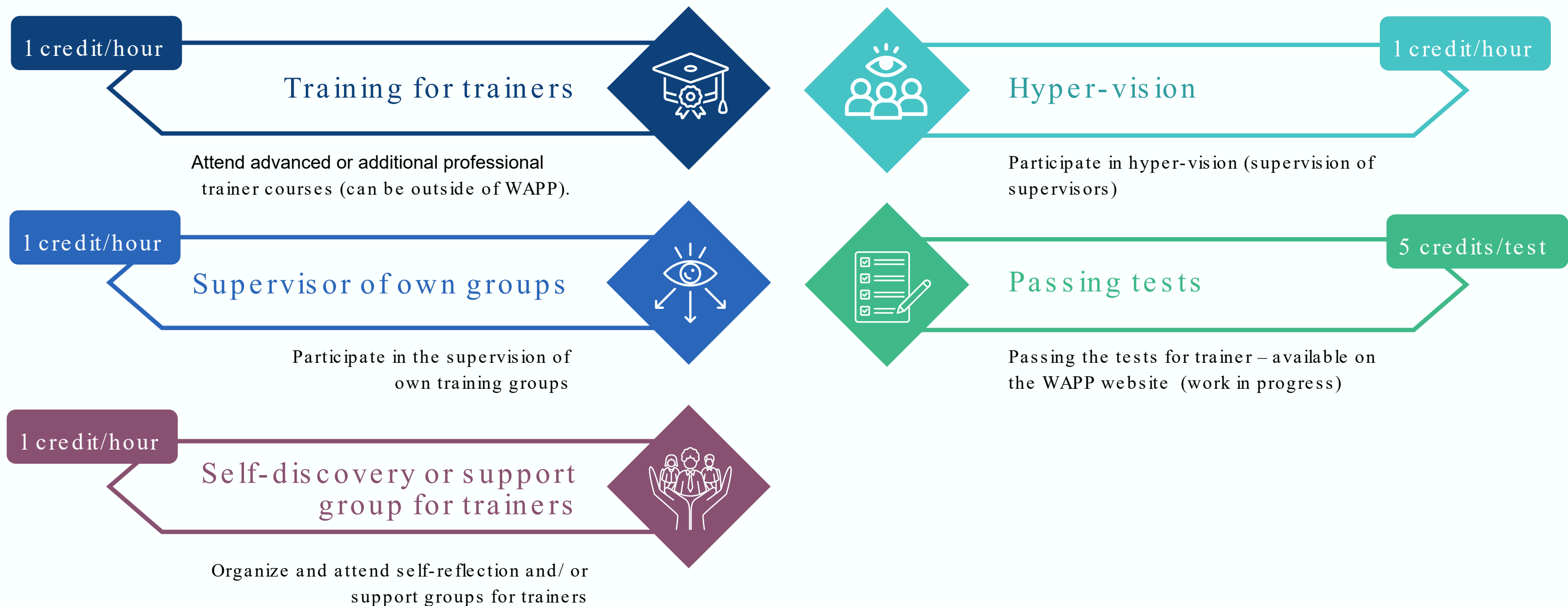
CPD categories for psychotherapists



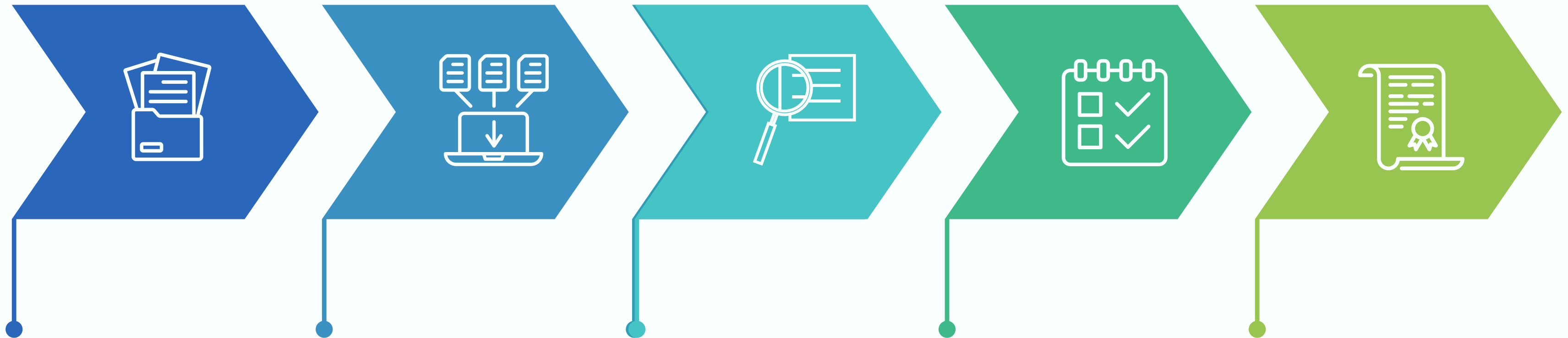
CPD categories for trainers

(these CPD credits are added to the CPD credits required for psychotherapists)

Continuous Professional Development (CPD) for trainers is required by WAPP in order to maintain the quality level of training around the world. You are required to complete the CPD for psychotherapists and to add an average of 20 credits per year of CPD for trainers.



WAPP CPD requirements and procedures:



Collecting

All Positive Psychotherapists (Candidates Positive Psychotherapists and European Certified Positive Psychotherapists) and Trainers (Basic and Master) are to maintain a continuous, up-to-date and accurate record of CPD activities.

Applying

The official 'WAPP CPD Activity Log' form must be used. Activity logs are to be submitted once every 5 (five) years to the WAPP Head Office (members@positum.org)

Checking

The first period to check CPD's will be between September 2024 – September 2029.

Those who have the required number of credits after 5 years to have benefits/discounts at WAPP events.

Confirmation

Not more than 30% for each CPD for psychotherapists and 30% for each CPD for trainers category is accounted for in the log.

Certificate

For the Certificate to continue to have an effect, psychotherapists are required to complete two hundred and fifty (250) CPD credits over (5) five years. For the Certificate to continue to have effect, PPT trainers are required to complete three hundred fifty (350) CPD credits over (5) five years, (250 CPD credits for psychotherapists + 100 CPDs for trainers).



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WAPP members can find information about activities for CPD on our website – positum.org.

All the CPD activities are announced on our WhatsApp groups and our Facebook page.

We encourage our members to contact also their national organizations, and centers, to find out what their recommendations are.

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