



**Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)**

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

**1. Title, First Name, Last Name:**

Raluca Ursica

**2. Current Occupation (private practice, center, hospital, university etc.):**

Positive Psychotherapist, Counselling Psychologist – Private Practice,

Master Trainer – London Centre for PPT

**3. Field of psychotherapeutic specialization (e.g. child and youth, couple, family therapy, etc.):**

Trauma Therapy, Couple Therapy, LGBTQ+, Clinical Supervision

**4. Academic and Professional Qualifications (e.g., university degrees, dissertations, professorships, etc.):**

BA English and German Language and Literature

BA Psychology

Ms Psychology

Visiting lecturer - ICPS University Athens, Greece

**5. City and Country of current Residence:**

London, United Kingdom

**6. Email Address:**

raluca.ursica@gmail.com

**7. Membership Status in WAPP (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Training, etc.):**

Certified Positive Psychotherapist, Master Trainer, Center Manager

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Email: wapp@positum.org, Website: www.positum.org

Registered in Germany: World Association for Positive and Transcultural Psychotherapy (WAPP) e.V.

Amtsgericht Wiesbaden – Registergericht – Nr. VR 3210



# WAPP World Association for Positive and Transcultural Psychotherapy (WAPP)

8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

Executive Board Member

Governance Committee Member

Ethical Advisory Board Member

PPT Ambassadors WG Member

New Trainer's Path Curricula WG (Supervision & Theory) Member

Group Therapy WG Member

Couple Therapy WG Member

9. **Previous Leadership or Management Experience:**

Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?

Yes  No

If yes, please provide details of the organization, your role, and the location:

Since 2019 I am the Director of the London Centre for Positive and Transcultural Psychotherapy. As a Counselling Psychologist in the UK National Healthcare System (NHS) I was tasked to set up Psychological Treatment Programmes across two NHS Trusts. To fulfil my duty, I had to understand the needs and interests of different stakeholders and manage to work within the constraints of the NHS budget and staffing.

10. **Membership in Other Professional Associations:** If applicable, please list them:

European Association for Psychotherapy - EAP

UK Council for Psychotherapy - UKCP

British Association for Counselling and Psychotherapy - BACP

Health and Care Professionals Council - HCPC

11. **Vision and Goals for the WAPP Executive Board:**

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

Thank you for the nomination, I feel honoured to be re-considered for a position as a WAPP Board member.

I am excited to work with colleagues from various countries and cultures and enhance our association's inclusivity, relevance, and responsiveness to global challenges. I believe I can help WAPP by focusing on collaboration, ethical practices and maintaining high standards in psychotherapy.

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My experience living in different countries and adapting to their cultural particularities has helped me understand how national and international professional associations work. I had to align my knowledge, skills, and training to their standards. I can bring this experience to WAPP and continue to advocate for members who have trained in one country and now practice in another.

**Photo:** Please attach a recent photo to this application.

## Commitment

If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
- I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

**Date and Place:** 30.10.2024, London UK

**Signature:** \_\_\_\_\_ *RUrsica*

