



WAPP World Association for Positive and Transcultural Psychotherapy (WAPP)

Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name:** Smirnova Svetlana
2. **Current Occupation** (private practice, center, hospital, university etc.): State University. Associate Professor
3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.): Child psychotherapy, Psychotherapy for adults.
4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.): Doctor of Medicine, clinical psychologist, PhD.
5. **City and Country of current Residence:** Sevastopol. Saint Petersburg. Russia
6. **Email Address:** smirnova2001@mail.ru
7. **Membership Status in WAPP** Basic Trainer, Center Manager.
8. **Current Role in WAPP** National PPT Association Board Member.
9. **Previous Leadership or Management Experience:**
Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?
Yes ! No

If yes, please provide details of the organization, your role, and the location:

Since 2012, accredited as a supervisor of the Russian Psychotherapeutic Association.
Since 2007 - head of the regional branch of the Russian Psychotherapeutic Association in the Amur Region and since 2017 in Sevastopol.
Since 2024, in cooperation with the Russian Psychotherapeutic Association and the Bekhtereva N.P. Psychotherapy Center, work has been carried out to promote Positive Psychotherapy in Russian science and practice. I am the head of the Positive Transcultural Psychotherapy section, created in 2024. Head of the accredited Center for Educational Programs "Positive Transcultural Psychotherapy" in St. Petersburg. To date, the Center has conducted 7 basic courses and is completing a master course, professional retraining courses are being conducted in the direction of Positive Psychotherapy.

10. **Publications:** Have you authored scientific articles, books, or specialized texts?
If yes, please provide examples:

Based on the results of scientific research, 112 papers were published.

1. Mental flexibility of first-year university students: development opportunities (monograph) Blagoveshchensk: Publishing house of Amur state university.- Blagoveshchensk 2006.184 p. In collaboration with professor Zalevsky G.V.



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2. Supervision in the process of professional development of personality of psychologists. Siberian psychological journal. – Tomsk, 2008.–№30. –P. 49-50
3. Violation of psychological security as a predictor of development of psychosomatoses in childhood. Materials of international. Scientific and practical. conf. «Psychological security of personality and social environment». Blagoveshchensk: BSPU 2009.- P. 179-187
4. Adaptive resources of personality in critical periods of development of society. Collection of works on materials of international scientific and practical. conf. "Economic Psychology: Current Problems and Development Prospects". - St. Petersburg. - 2012. P. 154-162
5. Positive Psychotherapy in the Prevention of Iatrogenic Diseases // Collection of Materials of the Regional Interuniversity Conf. with International Participation. Blagoveshchensk. BSPU Publishing House, 2013, P. 84-87
6. Positive Psychotherapy and Differential Analysis in Crisis Conditions. Collection of Materials of the Scientific and Practical Conference Dedicated to the 40th Anniversary of Amur State University. - Blagoveshchensk, Amur State University, - 2015. P. 129-136.
7. Development of Mental Flexibility and Prevention of Maladaptation (monograph). Lambert Academic Publishing, Germany, 2011. 200 p.
8. Possibilities of Positive Psychotherapy in the Prevention of Avital Activity in Adolescents. Proceedings of the II All-Russian scientific and practical conference – Sevastopol: Publishing house "Tverdunya", 2018.– P.151-156.
9. Positive psychotherapy as a tool for professional and personal development of specialists in the field of helping professions Proceedings of the All-Russian Congress "Domestic psychotherapy and psychology: formation, experience and development prospects, St. Petersburg, 2018. – P.133-138.
10. Tools of positive and transcultural psychotherapy in diagnostic and therapeutic work with adolescents with eating disorders Issues of mental health of children and adolescents.–2019–V. 19–4.– P.88-96
11. Self-disclosure and reflection as resources for the professional development of a psychologist Collection of materials of the International scientific conference. – Astrakhan: 2020– P.47-52
12. The role of basic family ideas of parents in the genesis of psychosomatic disorders in children Humanitarian and pedagogical education. Scientific journal - Sevastopol – 2020. – Vol. 6. – No. 3-4. – P. 165-170.
13. Consequences of a two-year period of the COVID-19 pandemic: psychological aspect Scientific notes. Electronic scientific journal of Kursk State University. – 2022. – No. 1(61). – P. 317-325
14. Formation of psychological health in childhood Proceedings of the II All-Russian (with international participation) scientific and practical conference. Blagoveshchensk, 2022. P.12-17 and others.



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11. **Special Achievements:** Have you received any honors, awards, or other forms of recognition? Gratitude from the Ministry of Education of the Amur Region for his contribution to the education of Russia.

For her contribution to the development of a unified professional psychological community in Russia, she was nominated and awarded a diploma and a valuable gift in the Golden Psyche competition.

12. **Membership in Other Professional Associations:** If applicable, please list them:
Russian Psychotherapeutic Association.

13. **Vision and Goals for the WAPP Executive Board:**

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

I am grateful to the people who, with hope and trust, nominated me for the Board I plan to further devote my competencies as a specialist in the field of health and human development, in pedagogical and organizational activities, to the development of positive transcultural therapy in my country and the world for the benefit of the well-being of people and humanity as a whole.

14. **Photo:** Please attach a recent photo to this application.





Commitment

- If elected as a WAPP Executive Board member, I accept the position and agree to the following:
- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
 - I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

Date and Place: 30.10.2024

Signature: 