



Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name:** Dr Sc (Pshychology), Prof., Mrs. Olga Lytvynenko
2. **Current Occupation** (private practice, center, hospital, university etc.):

Dr Sc (Pshychology), Professor, Head of the Department of Practical and Clinical Psychology of Odesa National University named after I. I. Mechnikov

Head of South Ukrainian Institute of Psychology, Psychotherapy and Management

private practice

3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):

My specialization is patients with Anxiety and Panic disorders, eating disorders, patients with behavioral and psychosomatic symptoms, family psychotherapy, existential crises, midlife crisis

4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):

Dr Sc (Pshychology), Professor

5. **City and Country of current Residence:** __Odesa, Ukraine

6. **Email Address:** _____dr.olgalytvynenko@gmail.com_____

7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):

_ Master Trainer, since June 2017,

Head of South Ukrainian Institute of Psychology, Psychotherapy and Management since September 2018

8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

Board Member,



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Committee Member,

Working Group Member,

National PPT Association Board Member

9. Previous Leadership or Management Experience:

Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?

Yes No

If yes, please provide details of the organization, your role, and the location:

Head of the Department of Practical and Clinical Psychology of Odesa National University named after I. I. Mechnikov

Head of South Ukrainian Institute of Psychology, Psychotherapy and Management

Chairman of the Ukrainian Advisory Committee WAPP

Editor-in-chief of the journal "The Global Psychotherapist"

10. Publications: Have you authored scientific articles, books, or specialized texts?

If yes, please provide examples:

I am the author of more than 100 scientific papers in Ukrainian, English, Bulgarian and Russian. _____

Lytvynenko, O., Zlatova, L., Karikash, V., Zhumatii, T. (2020). Using stories, anecdotes and humor in Positive Psychotherapy. In: Messias E., Peseschkian H., Cagande C. (Editors) Positive Psychiatry, Psychotherapy and Psychology, (pp. 349–358), Springer, Cham (Switzerland)

Lytvynenko O. D., Mydko A. A. Moderation analysis of the causal impact of hopelessness as a component, risk factor and predictor of suicidal behavior. *American Journal of Fundamental, Applied & Experimental Research*, Vol. 18, no. 3, May 2021, pp. 121-6, URL: <https://ajfaer.org/index.php/ajfaer/article/view/59>

LYTVYNNENKO, O. & TERESHCHENKO, O. (2024). Working with transgenerational trauma in Positive and Transcultural Psychotherapy. *The Global Psychotherapist*, Vol. 4, No. 2, pp. 62-67. URL <https://doi.org/10.52982/1kj234>

11. .Special Achievements: Have you received any honors, awards, or other forms of recognition?

I received honorary degrees from Odessa National University _____

12. Membership in Other Professional Associations: If applicable, please list them:



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WAPP, EAP, UAAPP- Ukrainian National Association of Psychotherapists

13. Vision and Goals for the WAPP Executive Board:

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

1. The deeper development of positive and transcultural psychotherapy, which implies the publication of literature that ensures its promotion and reveals the powerful potential and tools of this method. For my part, this means translating already existing literature into Ukrainian.

2. Expansion of cooperation with scientific institutions. Management of scientific research. Research and publication in leading scientific journals and monographs.

3. Performing work as an editor of our association's journal.

4. Organizing forums and conferences for improving the quality and development of Positive and Transcultural Psychotherapy. Working on the development of and adherence to standards of professional practice. Development of new specialisations within the method of Positive and Transcultural Psychotherapy.

5. Working on partnerships between various centers from different countries and regions.

6. Proposals and work on the global promotion of the Positive and Transcultural Psychotherapy method.

14. Photo: Please attach a recent photo to this application.



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Registered in Germany: World Association for Positive and Transcultural Psychotherapy (WAPP) e.V.

Amtsgericht Wiesbaden – Registergericht – Nr. VR 3210



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Commitment

- If elected as a WAPP Executive Board member, I accept the position and agree to the following:
 - The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
 - I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

Date and Place: _____29.10.2024, Odesa, Ukraine_____

Signature: Olga Lytvynenko