



**Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)**

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

**1. Title, First Name, Last Name:**

Dr. Fariba Karamloo

**2. Current Occupation** (private practice, center, hospital, university etc.):

Private Practice and German Federal Health Agency

**3. Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):

Adults, Couple and Family

**4. Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):

European Certified Positive Psychotherapist, Primary School Teacher, Scientist with a PhD. in Molecular Immunology\_\_\_\_\_

**5. City and Country of current Residence:**

Dreieich near Frankfurt/Main, Germany

**6. Email Address:**

fk.positum@gmail.com

**7. Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):

Certified Positive Psychotherapist

**8. Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

WAPP Committee Member and Working Group Member



# WAPP World Association for Positive and Transcultural Psychotherapy (WAPP)

9. **Previous Leadership or Management Experience:**

Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?

Yes  No

If yes, please provide details of the organization, your role, and the location:

Primary School Teacher in Elementary School Teheran, Iran. Guiding and Supervision of Graduate Students & Physicians in their dissertations at the Paul Ehrlich Institute, Federal German Health Institute and the Swiss Institute for Asthma and Allergy, Switzerland.

10. **Publications:** Have you authored scientific articles, books, or specialized texts?

If yes, please provide examples:

Eleven peer-reviewed scientific publications indexed in PubMed, mainly in the field of immunology and allergy. My last publication is related to SARS-CoV-2 immunogenicity “*SARS-CoV-2 immunogenicity at the crossroads*” published in J. of Allergy 2020. Since 2015 various workshops & talks such as : “*Immune System and the Psyche*”, “*Exploring the Links Between Chronic Pain, Immunity, Brain Function, and Mental Well-Being*”, “*PPT in time of crises*”, “*the relation between immunsystem, resilience & human dignity*””, “*Resilience from the Perspective of Positive & Transcultural Psychotherapy*”, “*Why Positive and Transcultural Psychotherapy Stands as the Method of Choice?*”, “*The Complex Web of Chronic Pain, Immunity, Brain Function, and Mental Well-Being*” , “*Happiness, Pleasure, and Human Dignity: Unraveling Their Interconnection*”

11. **Special Achievements:** Have you received any honors, awards, or other forms of recognition?

12. **Membership in Other Professional Associations:** If applicable, please list them:

13. **Vision and Goals for the WAPP Executive Board:**

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

**Vision for WAPP** As a European Positive Psychotherapist and Medical Scientist with a deep-rooted belief in the holistic view of human well-being, my vision for WAPP is centered on uniting individuals from diverse cultures to promote mental health and create a peaceful, interconnected global community. Having worked internationally in both medical scientific research and therapeutic practice, I have witnessed firsthand the profound impact that positive psychotherapy can have on individuals and communities. With my experience as a Positive Psychotherapist, I have learned that true healing comes not just from addressing symptoms but from fostering the emotional, mental, and social growth of individuals. Positive Psychotherapy’s transcultural approach allows for an inclusive, human-centered method that acknowledges the importance of cultural backgrounds in mental health treatment. Through this lens, I strive to help individuals discover their own strengths and resources to navigate life’s challenges. I see WAPP as a powerful force for global collaboration, where professionals from various countries come



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together to support each other and work toward a shared vision of health and peace. By embracing WAPP's transcultural philosophy, we can exhibit the unity in diversity, demonstrating that despite our differences, we all share the same fundamental human needs for connection, understanding, and well-being.

***Experience & Expertise*** With over a decade of experience in scientific research in molecular immunology, medicine and as a European Positive Psychotherapist, I combine scientific rigor with cultural sensitivity. My commitment to advancing PPT through research and academic collaboration will strengthen WAPP's mission and its scientific approach, and psychotherapy uniquely positions me to contribute to WAPP's mission. Having lived and worked in different countries, I bring a global perspective that is essential for fostering cultural sensitivity in psychotherapy. My experience as a Positive Psychotherapist has taught me how to apply therapeutic methods that not only focus on mental health but also on the individual's personal development within their specific cultural context. This holistic and transcultural view is essential for building healthier societies, and I am committed to helping WAPP expand its reach by promoting mental health strategies that are inclusive, scientifically informed, and culturally aware.

***Why should members vote for me*** I am committed to advancing Positive Psychotherapy on a global scale, promoting scientifically informed and culturally inclusive approaches to mental health. As a passionate advocate for WAPP's transcultural mission, I will work to expand its reach and impact, uniting professionals worldwide in the shared goal of improving well-being and fostering peace.

14. **Photo:** Please attach a recent photo to this application.





### Commitment

If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
- I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

**Date and Place:** \_Frankfurt, 25. Of October 2024\_

**Signature:**

Dr. Fariba Karamloo