## Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)

Dear Member,

patients.

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

- 1. Title, First Name, Last Name: Pavel Frolov, MD
- 2. **Current Occupation** (private practice, center, hospital, university etc.): private practice
- 3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):

  Psychotherapy of adults, both individual and couples, psychotherapy of borderline
- 4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):
- 5. City and Country of current Residence: Figueira da Foz, Portugal
- 6. **Email Address**: frolovhome@mail.ru, positum705@gmail.com
- 7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.): International PPT Master Trainer
- 8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):
  - Member of WAPP Ethic working group, member of WAPP Supervision Committee.
- 9. Previous Leadership or Management Experience:

Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?

Yes■No □

If yes, please provide details of the organization, your role, and the location:

During over 15 years I had been working as a vice director of medical Center for Positive Psychotherapy in Russia, then during 7 years I was a director of my own center for positive psychotherapy "Positum 705",

- 10. **Publications**: Have you authored scientific articles, books, or specialized texts? If yes, please provide examples: No
- 11. **Special Achievements**: Have you received any honors, awards, or other forms of recognition? No
- 12. **Membership in Other Professional Associations**: If applicable, please list them:
- Psychotherapeutic Professional League of Russia (PPL)
- World Council for Psychotherapy (WCP)
- European Association for Psychotherapy (EAP)

## 13. Vision and Goals for the WAPP Executive Board:

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

In current situation of a political and international interpersonal crisis my capacity to be moderate, stable, patient in any sort of negotiations can be useful for board;

I'm Russian but I do not support the Russian government and I left my country because of that so I can understand people from different social perspectives;

Due to my involvement in work of the committees I'm informed about the developmental processes of WAPP;

As an international trainer I know about the challenges and possibilities of the educational processes in PPT;

Since I quit being a member of Board in 2016 I visibly developed my diligence and openness through long term participation in the committees and in Russian trainer's council so I hope to be more useful member of the Board than before.



14. **Photo**: Please attach a recent photo to this application.

## **Commitment**

☐ If elected as a WAPP Executive Board member, I accept the position and agree to the following:



- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
- I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

Date and Place: 18.10.2024, Figueira da Foz, Portugal

Signature: