



Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. Title, First Name, Last Name:

Ewa Dobiała, MD

2. Current Occupation (private practice, center, hospital, university etc.):

Medical Director, Mental Health Center in Leszno, Poland

Head of Daily Hospital for Children and Adolescent in Leszno, Poland

Director of Positive Psychotherapy Center in Leszno, Poland

President, WAPP Support Project Association, Leszno, Poland

President, Dobiała Ltd.

3. Field of psychotherapeutic specialization (e.g. child and youth, couple, family therapy, etc.):

Psychotherapy of autistic individuals

Psychotraumatology

General Psychotherapy

Psychotherapy of child and youth

Group psychotherapy

4. Academic and Professional Qualifications (e.g., university degrees, dissertations, professorships, etc.):

Medical Doctor,

Specialist in: Psychiatry, Community Therapy, Psychotherapy of Children and Adolescent

Certified Psychotherapist and Supervisor of Polish Psychiatric Association

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Email: wapp@positum.org, Website: www.positum.org

Registered in Germany: World Association for Positive and Transcultural Psychotherapy (WAPP) e.V.

Amtsgericht Wiesbaden – Registergericht – Nr. VR 3210



WAPP World Association for Positive and Transcultural Psychotherapy (WAPP)

WAPP Master Trainer

5. **City and Country of current Residence:**

Leszno, Poland

6. **Email Address:**

edobiala@gmail.com

7. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):

Master Trainer

8. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):

Board Member,

Committee Member, Working Group Memeber

9. **Previous Leadership or Management Experience:**

Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?

Yes x No

If yes, please provide details of the organization, your role, and the location:

Head of postgraduated studies in the field of autism, University of Humanities in Leszno

Board member of Polish Association for Positive and Transcultural Psychotherapy

10. **Publications:** Have you authored scientific articles, books, or specialized texts?

If yes, please provide examples:

- Dobiała, E. (2023). Creating a Safe Space for Ukrainian Refugee Children. Journal of the American Academy of Child & Adolescent Psychiatry, Elsevier.

DOI: <https://doi.org/10.1016/j.jaac.2023.07.421H>

- Dobiała, E., Gulczyńska, A.; Małeck, R.; Efremova, P.; Ławicka, J.; Karmolińska-Jagodz, E.; Kirillov, I. (2022) Application of the Balance Model in the Analysis of Factors Responsible for Depressive



Disorders among Women in the COVID-19 Pandemic. *Int. J. Environ. Res. Public Health*, 19, 7361.

<https://doi.org/10.3390/ijerph19127361>

- Dobiąła, E., (2021) Psychoterapia pozytywna i transkulturowa w terapii osób dorosłych, *Psychiatria po dyplomie*,

- Dobiąła, E., et al., (2021) Challenges of psychological therapy work with autistic adults, *PPT Journal "THE GLOBAL PSYCHOTHERAPIST"*, Volume 1. Number 2. July, <https://doi.org/10.52982/lkj151>

- Dobiąła, E., (2020) Positive Group Psychotherapy, in book: *Positive Psychiatry, Psychotherapy and Psychology*, DOI: 10.1007/978-3-030-33264-8_22, January

- Dobiąła, E., Winkler, P., (2016) Positive Psychotherapy according to Seligman and Positive Psychotherapy according to Pesechian: A Comparison. *International Journal of Psychotherapy*, 20(3): article 3.

- Dobiąła, E., (2015) Transcultural Stories as Techniques of Psychotherapy in Everyday Practice (Conference Paper). First International Conference on Transcultural Psychiatry in Central European Countries. Gdynia

And others (examples):

- **Leszno Declaration. (2023)**. Retrieved from <https://www.lesznodeclaration.pl>

- **Euphire. (2022.)**. Stress and trauma: Living with difficult emotions [Online training]. Retrieved from <https://www.euphire.pl/produkt/ewa-dobiala-stres-i-trauma-szkolenie-on-line/>

- Dobiąła, E., (2020). In search of lost identity – life stories of adult women on the autism spectrum. *Charaktery*. <https://charaktery.eu/artukul/w-poszukiwaniu-zagubionej-tozsamosci-historie-z-zycia-doroslych-kobiet-w-spektrum-autyzmu>

- Różański, Dobiąła (2020). Depression in autism is more common. Why? *Niepełnosprawni.pl*. <https://www.niepelnosprawni.pl/ledge/x/940632>

- Dobiąła, E., (2020). Sexuality of people on the autism spectrum – therapeutic challenges. *Psychologia w Praktyce*. <http://psychologiawpraktyce.pl/artukul/seksualnosc-osob-w-spektrum-autyzmu-wyzwania-terapeutyczne>

- Dobiąła, E., (2019). School trauma in children and adolescents with Asperger's syndrome – causes and consequences. *Terapia Specjalna*. <http://terapiaspecjalna.pl/artukul/traumy-szkolne-u-dzieci-i-mlodziezy-z-zespolem-aspergera-przyczyny-i-konsekwencje>



11. **Special Achievements:** Have you received any honors, awards, or other forms of recognition?

Yes

12. **Membership in Other Professional Associations:** If applicable, please list them:

Polish Psychiatric Association (Member of the Psychiatry Section, Psychotherapy Section, Community Therapy Section, and Child and Adolescent Psychiatry Section)

American Academy of Child and Adolescent Psychiatry (Cooperation with the Global Mental Health Committee and Trauma and Disaster Sub-Committee)

American Psychiatric Association

Polish Association for Psychotherapy Development (Head of the Ethical Committee)

Polish Association for Positive and Transcultural Psychotherapy (Board Member)

13. **Vision and Goals for the WAPP Executive Board:**

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

My vision for the WAPP Executive Board includes advancing the WAPP Support Project to assist psychotherapists from countries affected by war and other disasters. I am committed to continuing work with the EAP and co-developing the European Room for Listening to support psychotherapists impacted by war. Additionally, I aim to further build international collaboration between WAPP and other scientific associations, as well as support the growth of Positive and Transcultural Psychotherapy (PPT) in Asia and Africa.

On the Board, I will advocate for respect, dignity, and the recognition of the unique, transcultural identities of all WAPP members, including support for neurodiverse professionals. I will also continue my work within the Governmental and Membership Committee.



14. **Photo:** Please attach a recent photo to this application.



Commitment

X If elected as a WAPP Executive Board member, I accept the position and agree to the following:

- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
- I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

Date and Place: 16.10.2024

Signature: _____

Ewa Dobrzała