



Application for Candidacy as a Member of the WAPP Executive Board (2024-2026)

Dear Member,

Congratulations on your nomination for the WAPP Executive Board election! If you are interested in running as a candidate, please complete this application form. The information you provide will be shared with all WAPP members prior to the election to assist them in making their voting decision. Thank you for your participation!

1. **Title, First Name, Last Name:** Snezhanka Dimitrova
2. **Current Occupation** (private practice, center, hospital, university etc.): private practice
3. **Field of psychotherapeutic specialization** (e.g. child and youth, couple, family therapy, etc.):
Adult's psychotherapy, Child and Youth psychotherapy
4. **Academic and Professional Qualifications** (e.g., university degrees, dissertations, professorships, etc.):
Master of psychology; specialization – clinical psychologist

City and Country of current Residence: Bulgaria, Varna

5. **Email Address:** snejidim_gmail.com
6. **Membership Status in WAPP** (e.g., Certified Positive Psychotherapist, Basic/Master Trainer, Center Manager, Organizer of Trainings, etc.):
Certified Positive Psychotherapist; Master Trainer; President of Society for Positive Psychotherapy in Bulgaria (SPPTB)
7. **Current Role in WAPP** (e.g., Board Member, Committee Member, Working Group Member, National PPT Association Board Member, etc.):
Committee Member, Working Group Member and National association - SPPTB Board member
8. **Previous Leadership or Management Experience:**
Have you held a leadership or management role in a professional organization or institution (e.g., association, university, hospital, company)?
Yes No

If yes, please provide details of the organization, your role, and the location:
President and Board member of Society for Positive Psychotherapy in Bulgaria (SPPTB)

Publications: Have you authored scientific articles, books, or specialized texts?

If yes, please provide examples:

“Psychotherapy for children and his parents” – 2015 (book);
Positive Psychiatry, Psychotherapy and Psychology



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Clinical Applications First edition 2020 – Chapter 21 “Positive pedagogy and counseling”, p.229;

Positive psychotherapy – The Method of Nossrat Peseschikian – 2020 book (author team);

“Hyperactive children” – article (A collection of good practices for working with children with behavioral problems – Municipality Varna)

More than 10 articles in different subject published in National Positive Psychotherapy conferences collections.

9. **Special Achievements:** Have you received any honors, awards, or other forms of recognition?

No

10. **Membership in Other Professional Associations:** If applicable, please list them:
Member of Bulgarian Association for Psychotherapy

11. **Vision and Goals for the WAPP Executive Board:**

Please provide a brief description of your vision for contributing to the WAPP Executive Board. What specific skills, experience, or perspectives will you bring to the Board? Why should members vote for you?

As a professional with years of experience and a master trainer, I am prepared to work on the core aspects set forth in the standards for certification of psychotherapists.

My experience in running a national association will be useful to implement standards and programs in PPT, in order to respect national specificities and apply a transcultural approach.

As the author of the specialization in Child and Adolescent Psychotherapy, developed in collaboration with colleagues from the trainer’s team in Bulgaria, I am ready to work for the extension of specializations to the PPT method.

As a clinician with over 10 years of experience in a Child Psychiatric Outpatient Clinic, I would work to promote clinical sensitivity and build a robust practice allowing certified psychotherapists and psychotherapy candidates to respond with sensitivity to the multicultural context encountered in the clinical work of the positive psychotherapist.

12. **Photo:** Please attach a recent photo to this application.



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Commitment

- If elected as a WAPP Executive Board member, I accept the position and agree to the following:
- The role of a WAPP Board member requires a minimum of 2-4 hours of work per week. I confirm that I am willing to devote this time to the duties of the Board on a voluntary basis. This may include holding roles such as Chairperson, Vice-Chair, Treasurer, or Secretary-General.
 - I am committed to collaborating with colleagues from different countries and cultures, regardless of political circumstances.

Date and Place:

28.10.2034 _____

Signature: _____