

WAPP NEWS

World Association for Positive and Transcultural Psychotherapy, July 2024

Dear WAPP Members,
Dear friends and supporters of Positive Psychotherapy worldwide,

As we reflect on the first half of 2024, we are inspired by the resilience and unity that our global community continues to demonstrate. The world today faces many challenges, including ongoing wars and various disasters that bring suffering to many. In this complex context, the role of psychotherapy, and especially the work we do at WAPP, becomes even more crucial in providing support and healing.

We are thrilled to report on the remarkable milestones and achievements from the past months. Our global family has grown to include four new countries: Slovakia, Israel, Hungary, and Vietnam! With these additions, our community now spans 57 countries across six continents. This diversity enriches our association and strengthens the connections we build together.

If you are not yet a member of WAPP, consider the wonderful benefits that membership can bring to your professional and personal growth. Our vibrant community offers endless opportunities for learning and collaboration: [Learn about WAPP Membership](#).

Your support and active participation are vital in shaping the future of WAPP. We deeply appreciate each member's valuable contributions as we strive to make a positive impact on the world.

With deep gratitude and best wishes
The WAPP Board of Directors and Head Office

WAPP PRESS – Updates on the first half of year 2024



Peseschkian, Farid & Torres, Diego (2024). Therapeutic Narration. Anecdotes & Aphorisms for Psychotherapy & Self-Help. Wiesbaden: WAPP Press, 2024. — ISBN 978-3-910225-21-3 [in English]

E-book

Paper book



Peseschkian, Farid & Torres, Diego (2024). Therapeutische Narration: Anekdoten & Aphorismen für Psychotherapie & Selbsthilfe. Wiesbaden: WAPP Press, 2024. — ISBN 978-3910225275 [in German]

E-book

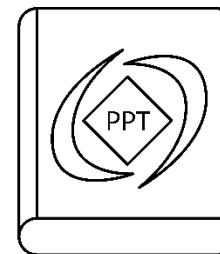
Paper book



У. Бёссманн, А. Реммерс (ред.) Позитивная психодинамическая психотерапия. — Учебное пособие. Висбаден: WAPP Press, 2024 — ISBN 978-3-910225-08-4 [in Russian]

E-book

Paper book



WAPP
P R E S S

For the last 6 months “WAPP Press” has prepared and published 3 new books, 1 translation, 2 first-ever translated in Persian books of Nossrat Peseschkian.

All authors interested in collaborating with us are welcome to visit:

WAPP Press

WAPP - Important updates

CONTINUING PROFESSIONAL DEVELOPMENT (CPD) IN WAPP

More and more countries and organizations expect from different professions (medical doctors, psychotherapists, teachers etc.) an ongoing process of developing, maintaining, and documenting one's professional skills, knowledge, and development. After long preparation, there will be from September 2024 on a CPD system in WAPP: Positive Psychotherapists and PPT Trainers have to update and develop their knowledge and skills continuously. This commitment demonstrates and ensures professional competence, high standards, good quality service, and accountability for the public.

Continuing Professional Development (CPD) is mandatory for re-registration as a Positive Psychotherapist and for holders of Basic and Master Trainer certificates.

Details

ALTERNATIVE TRAINER'S PATH: NEW POSSIBILITY FROM WAPP

Like any profession, being a trainer requires a certain level of competence: knowledge, skills, and a specific attitude (personality) of working with individuals and groups. To be a trainer is another profession than being a psychotherapist, and it needs specific competencies. Currently, WAPP has 160 trainers and would like to give the opportunity to many more young people to become official PPT trainers and

supervisors in different parts of the world.

Details

There are two ways to become a trainer and supervisor in Positive Psychotherapy:

- The current path:

Since the early beginnings with Nossrat Peseschkian himself, potential trainers accompany the experienced ones and learn by observing a training from the beginning to the end. Once a person fulfills all prerequisites and has passed successfully the interview, he or she becomes a candidate trainer. Then he/she has to choose a trainer and once this trainer accepts the candidate trainer, then he/she would accompany the trainer during a full basis and a full master course.

- The new alternative path:

Based on the experiences of the past two decades of training, the increasing demands on trainers, and the interest to have a shorter training, WAPP has passed an alternative training path – which at the present moment is only available to English-speaking colleagues: A group of candidate trainers will be participants and trainers at the same time. The training is shorter (only two years) but more intensive, and it costs some money.

HOW TO CREATE A PPT CENTER

This helpful guide gives you step-by-step instructions and tips on how to start your own Positive Psychotherapy center. Whether you're new to this or looking to

improve your practice, this brochure has got you covered. Inside, you'll find:

- ✓ Easy-to-follow guidelines for setting up a PPT center
- ✓ Key organizational aspects
- ✓ Tips for a smooth and successful process

The brochure is available in multiple languages:

Read

WAPP INSTAGRAM ACCOUNT

The World Association of Positive and Transcultural Psychotherapy has relaunched its Instagram account!

Follow us

Follow us for of engaging updates, insightful announcements, and valuable videos. Get involved by:

- ✓ Subscribing to our account
- ✓ Sharing your thoughts in the comments
- ✓ Tagging us @positivepsychotherapy in your posts, stories, from trainings, conferences, and other related activities.

Don't forget to include the hashtag **#PositivePsychotherapy**



WAPP Conferences Highlights – Istanbul 2024



We're excited to share the feedback on our recent happenings on 18-23rd March 2024 in Istanbul: the **Second WAPP Strategic Meeting** and the **WAPP International Conference on Positive and Transcultural Psychotherapy "Building Bridges for Mental Health"**.

It was heartwarming to see nearly 300 colleagues come together from 25 most different countries to create an inclusive and welcoming environment. The energy and commitment displayed by everyone were truly inspiring, making the event an unforgettable experience. We're grateful for the synergy and mutual respect witnessed among attendees. The message was very clear: People all over the world, especially children and youth, need mental health – and we have with Positive and Transcultural Psychotherapy a very effective tool in our hands. As it has been said: "We cannot change the world – but we can change the world of someone."

On the scientific front, we had the privilege of hosting a diverse array of presentations, totaling 101 across plenaries and workshops. Special mention goes to Professor Cesar Alfonso and Professor Dilip Jeste for their captivating keynote lectures and workshops, which expanded our horizons and sparked further exploration in our fields. Very impressive was the number of new publications and translations during the past few years – and many other book projects are on their way. Another highlight was the presentation of the members of the Committees and the Working groups, and everyone of you is encouraged to serve with others on these Special Interest Groups.

We thank everyone involved for participation and contributions, making the WAPP conference an impactful and memorable event. As some participants said: It was like a large family reunion of a professional family.

FUTURE EVENT (for trainers and candidate-trainers only)

2024

25th

28-30th of November 2024

International Trainer Seminar
for Positive and Transcultural Psychotherapy

 WORLD ASSOCIATION
FOR POSITIVE AND TRANSCULTURAL
PSYCHOTHERAPY

 WIESBADEN
Germany