

Liuzhou Center for Positive and Transcultural Psychotherapy Liuzhou, China

POSITIVE YOUTH PROGRAM

Building peer coalitions

Positive psychotherapy in
adolescent group growth

Mar. 2024



Amita/ zhao



Miki/WU

AGENDA

01 Common Problems
Plaguing Adolescent
Children

02 Positive
Psychotherapy Work
Intervention

03 Positive Psychotherapy
in Adolescent
Developmental Groups

04 Future direction of
work
and Project Seminar



Common Problems Plaguing Adolescent Children

academic
pressure

Make-up hours
pre-test anxiety
schoolwork is heavy
Learning
disadvantage

.....

interpersonal
relationship

parent-child
relationship
teacher-student
relationship
peer relation
self-relation

.....

self-importance

Who am I?
Where I'm from.
Where am I going?

.....



Positive Psychotherapy Work Intervention

physical training
(in ideological
education)

career planning

juvenile
entrepreneurship
Organization:
Junior Pi

Social Emotional
Salon

2022

Knowledge Lesson: Positive Mental Growth
Lesson for Teenagers

Practice Camp: Positive Youth Psychological
Empowerment Camp

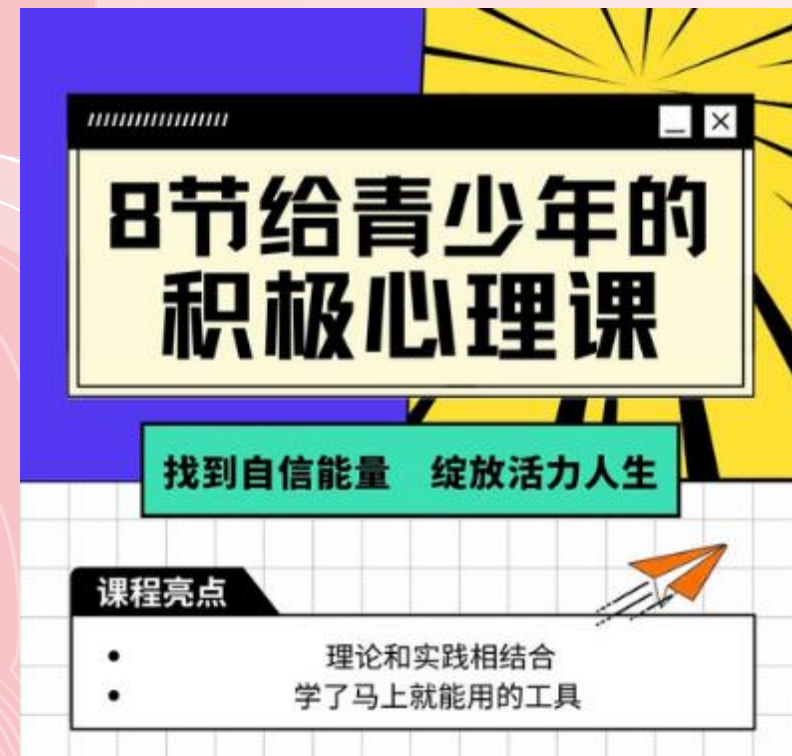
Counseling: Positive Psychology for
Adolescents -Therapy



Positive Psychotherapy in Adolescent

Development Groups 1

on-line



Face-to-face



Psychological Lectures



Positive Psychology in Schools



Positive Psychology Public Benefit Village

AZJB	少年π——困境青
2400	少年积极心理成
4G	长项目

Foundation Program for Youth in Distress

Knowledge

Learning

Positive Mental

Growth Classes for

Teenagers



Positive Psychotherapy in Adolescent Development Groups2



Junior Pi Empowerment Group



Junior π Physical and Mental Growth Salon



Junior Career Tour

Knowledge

Learning

Positive Youth

Psychological

Empowerment Camp



Positive Psychotherapy in Adolescent Development Groups3

03



Teen Self-Discovery Groups



Positive Youth Psychology Cases

Case

Study/Growth

Positive psychology & therapy

Future direction of work

04

Youth Pi

少年π

来自世界的积极青少年组织

Positive Youth Programme

Liuzhou Center for Positive and Transcultural Psychotherapy Liuzhou, China

Thank you for listening/ project workshop

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