

Program of 24th ITS 2023 (online) - "WAPP Trainers United in Diversity"  
17-18 November 2023, ZOOM, Central European Time (CET)

**24th International Trainer Seminar for Positive and Transcultural Psychotherapy (ITS) - for trainers and candidate-trainers only**

Friday, 17 November 2023				
Main meeting room (room 1)				
9:00-9:30	PLENARY: English with simultaneous translation (Bulgarian, Chinese, Russian, Ukrainian) <b>Welcoming and opening of the ITS (<u>Hamid Peseschkian</u>)</b>			
9.30-10.30	„The role of a trainer (part 1): a) Promotion materials ( <u>Kateryna Lytvynenko</u> ) b) Organizational tasks of a trainer, introduction of the handbook for trainers ( <u>Stefanie Heinen</u> )			
Teaching PPT THEORY in seminars				
10:30 - 11:00	<b>Plenary / short presentation:</b> Cultural particularities in teaching PPT <b>THEORY</b> (5 min each): 1. <b>Anna Wyszadko</b> (Poland) 2. <b>Arber Zeka</b> (Kosovo) 3. <b>Anastasiia Tkachova-Lutsenko</b> (Ukraine)			
11:00-11:15	short break			
	Main meeting room 1	Room 2	Room 3	Room 4
11:15 - 12:15 parallel workshops on teaching PPT Theory and sharing experiences (60 min)	<b>Anna Wyszadko</b> (PL), <b>Anastasiia Tkachova</b> (UA), <b>Daria Krebs</b> (ES): Workshop on teaching PPT Theory and sharing experiences (English)	<b>Antonella Matei</b> (RO): Workshop on teaching PPT Theory and sharing experiences "About Learning, Relearning, and Teaching in Positive Psychotherapy" (English)	<b>Ivan Kirillov</b> (TR): Workshop on teaching PPT Theory and sharing experiences "Conflicts in Positive Psychotherapy" (English with Ukrainian translation by Sofiia)	<b>Birgit Werner</b> (GER): Workshop on teaching PPT Theory and sharing experiences "Exchange of experiences in conducting seminars" (English with Russian translation by Valentyna)
12:15-12:30	short break			
Main meeting room (room 1)				
Teaching PPT SUPERVISION				
12:30 - 13:00	<b>Plenary / short presentation:</b> Cultural particularities in PPT <b>SUPERVISION</b> (5 min each): 1. <b>Ebru Sinici</b> (Türkiye) 2. <b>Antonella Matei</b> (Romania) 3. <b>Olga Lytvynenko</b> (Ukraine)			
	Main meeting room 1	Room 2	Room 3	Room 4
13:00 - 14:00 parallel workshops on teaching PPT Supervision and sharing experiences (60 min)	<b>Olga Lytvynenko</b> (UA): Workshop on teaching PPT Supervision and sharing experiences - Group Supervision (Russian with English translation by Sofiia)	<b>Tatiana Kantcheva / Snezhanka Dimitrova</b> (BG) Workshop on teaching PPT Supervision and sharing experiences - "The stages of interaction in the five-step model of individual supervision" (Bulgarian with English translation by Milena)	<b>Tetiana Zhumatii / Maryna Gorchakova</b> (UA): Workshop on teaching PPT Supervision and sharing experiences (Ukrainian)	<b>Arno Remmers</b> (GER): Workshop on teaching PPT Supervision and sharing experiences (English with Russian translation by Valentyna)
14:00-15:00	main break			
Main meeting room (room 1)				
Teaching PPT SELF-DISCOVERY in seminars				
15:00 - 15:30	<b>Plenary / short presentation:</b> Cultural particularities in PPT <b>SELF-DISCOVERY</b> (5 min each): 1. <b>Volodymyr Karikash/Liudmyla Moskalenko</b> (Ukraine) 2. <b>Birgit Werner</b> (Germany) 3. <b>Kateryna Ovcharek</b> (Ukraine) 4. <b>Olena Lutsenko/Larysa Gilova/Svitlana Pidlypska</b> (Ukraine)			
	Main meeting room 1	Room 2	Room 3	Room 4
15:30 - 16:30 parallel workshops on teaching PPT Self-Discovery and sharing experiences (60 min)	<b>Karikash/Moskalenko</b> (UA): Workshop on teaching PPT Self-Discovery and sharing experiences - "The method of double reflection in self-study groups" (English + Ukrainian)	<b>Ivan Kirillov</b> (TR): Workshop on teaching PPT Self-Discovery and sharing experiences - "Primary Needs and Capacities in Conflictogenesis" (English with Ukrainian translation by Valentyna)	<b>Svitlana Otenko</b> (UA): Wrkshop on teaching PPT Self-Discovery and sharing experiences - "Sweet trainer, bitter trainer" (The role of a trainer in SELF-DISCOVERY, the advantages and risks of self-disclosure as a trainer. (Russian)	<b>Hamid Peseschkian</b> (GER): Importance of educational self-discovery based on the WAPP guidelines (English with Russian translation by Sofiia)

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Saturday, 18 November 2023				
Main meeting room (room 1)				
9:00-10:00	<b>PLENARY:</b> English with simultaneous translation (Bulgarian, Chinese, Russian, Ukrainian) <b>Welcoming to the second day (Liudmyla Moskalenko)</b> <b>"The role of a trainer (part 2):"</b> <b>a) "How to organize and report about courses" (Yang Ocean Liu)</b> <b>b) Group discussion: Suggestions and ideas of the trainers for WAPP</b>			
<b>Teaching PPT THEORY in seminars</b>				
	Main meeting room 1	Room 2	Room 3	Room 4
10:00 - 11:00 parallel workshops on teaching <b>PPT Theory</b> and sharing experiences (60 min)	<b>Oleksandra Nizdran (UA):</b> Workshop on teaching PPT Theory and sharing experiences (English)	<b>Milana Petrosova (ARM):</b> Workshop on teaching PPT Theory and sharing experiences (Russian with English translation by Valentyna)	<b>Svetlana Smirnova (RU):</b> Workshop on teaching PPT Theory and sharing experiences "Family concepts as human's health determinative factors" (Russian with English translation by Irina)	<b>Klaudia Kolenda-Sujecka (PL):</b> Workshop on teaching PPT Theory and sharing experiences "Choose the stairs, not the elevator - How to encourage a sense of responsibility in participants of PPT trainings" (English with Ukrainian translation by Sofiia)
11:00-11:15	short break			
<b>Teaching PPT SUPERVISION</b>				
	Main meeting room 1	Room 2	Room 3	Room 4
11:15 - 12:45 parallel workshops on teaching <b>PPT Supervision</b> and sharing experiences (90 min)	<b>Polina Efremova (RU)</b> Workshop on teaching PPT Supervision and sharing experiences "Power in supervisor's hands: how open we are about our evaluator's role with our supervisees" (English)	<b>Natalia Khanetska (UA):</b> Workshop on teaching PPT Supervision and sharing experiences (Ukrainian with English translation by Sofiia)	<b>Konstantin Vodenicharov (BG):</b> Workshop on teaching PPT Supervision and sharing experiences (Bulgarian with English translation by Milena)	<b>Enver Cesko (KOS):</b> Workshop on teaching PPT Supervision and sharing experiences (English with Russian translation by Valentyna)
12:45-13:45	main break			
<b>Teaching PPT SELF-DISCOVERY in seminars</b>				
	Main meeting room 1	Room 2	Room 3	Room 4
13:45 - 14:45 parallel workshops on teaching <b>PPT Self Discovery</b> and sharing experiences (60 min)	<b>Svetlana Smirnova (RU):</b> Workshop on teaching PPT Self-Discovery and sharing experiences - Self-discovery in the frames of educational self-disclosure (Russian with English translation by Irina)	<b>O. Lutsenko, L. Gilova, S. Pidlypska (UA):</b> Workshop on teaching PPT Self-Discovery and sharing experiences - "Peculiarities of working with students' traumatic experience in a self-exploration session" (Ukrainian with English translation by Sofiia)	<b>Yang Ocean Liu (China):</b> Workshop on teaching PPT Self-Discovery and sharing experiences (Chinese with English & Russian [Valentyna] translation)	<b>Nadezhda Mileva (BG):</b> Workshop on teaching PPT Self-Discovery and sharing experiences (Bulgarian with English translation by Milena)
14:45-15:00	short break			
Main meeting room (room 1)				
15:00-16:00	<b>PLENARY:</b> Presentation and discussion (chaired by Hamid Peseschkian), English with simultaneous translation (Bulgarian, Chinese, Russian, Ukrainian) <b>Candidates: How to choose them and how to dismiss them.</b>			
16:00-16:30	<b>PLENARY:</b> Conclusions of ITS, future plans and closing			

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Die Inhalte der Fortbildungsmaßnahme sind produkt- und/oder dienstleistungsneutral gestaltet. Potenzielle Interessenkonflikte des Veranstalters, der wissenschaftlichen Leitung und der Referenten werden in einer Selbstauskunft gegenüber den Teilnehmern offen gelegt. Die Kosten der Veranstaltung werden über die Teilnahmegebühren gedeckt. Es gibt keine Sponsoren. Die Gesamtaufwendungen der Veranstaltung belaufen sich auf ca. 1000 EUR.

The contents of the seminar are product and service neutral. Potential conflicts of interests of organizers, scientific manager, and lecturers will be laid open to the participants. The costs of the event are covered by the participation fees. There is no sponsoring. Total cost of the event sums up to approx. 1000 EUR.