

Program of 23rd ITS 2022 (online) "Being a PPT trainer in war- and postwar-societies" **PRELIMINARY**
 24-25 November 2022, ZOOM, Central European Time (CET) Time zone: Poland, Germany, etc., as of 21.11.2022

23rd International Trainer Seminar for Positive and Transcultural Psychotherapy (ITS) - for trainers and candidate-trainers only

WORKING VERSION: ALL CONTENTS ARE SUBJECT TO CHANGE! Green marked names have approved, red marked names are waiting for approval

Thursday, 24 November 2022

	All sessions are in the same online room (plenary)
Zoom Link for all ITS:	
9:30-9:45 (15 minutes)	Welcoming and opening of the ITS Introduction of the program, some music and photos (video) - video from the congress
9:45 - 11:00 (75 minutes)	Where WAPP and Positive Psychotherapists stand during the present world-situation A position statement by WAPP president Dr. Hamid Peseschkian and discussion with the audience
10 min break	relaxation background music
11:10-12:40 (90 minutes)	Roundtable: "Challenges as a PPT trainer and psychotherapists - how to live and work in an environment of war and/or injustice" Roundtable participants: <i>Solomon Abebe (Ethiopia), Enver Cesko (Kosovo), Ewa Dobiala (Poland), Ekaterina Dokunova (Georgia), Polina Efremova (Russia/Turkey), Volodymyr Karikash (Ukraine), Natalia Khanetska (Ukraine)</i> Moderators: Ewa Dobiala and Ekaterina Dokunova. (each trainer 10 minutes statement, then discussion among the panelists).
Lunch break 12:40-13.30	
Zoom Link:	
	Chair: Liudmyla Moskalenko, <i>Tatiana Kantcheva</i>
13:30-15:30 (120 minutes)	New techniques or interventions by some PPT trainers (innovative or special trainings or patient groups at the present moment) (5 trainers, each 20 minutes plus 5 minutes discussion) - <i>Arber Zeka, Oana Cuesdeanu, Oleksandra Nizdryan, Elena Kuleva, Oana Bodor</i>
10 minutes break	
15:40-17:00 (80 minutes)	Information and news from WAPP on: responsibility of trainers, changes in the trainings, interview of candidate trainers, curricula, self-discovery etc., presentation of new documents, questions and answers, <i>Gabi Hum, Ivan Kirillov, Hamid Peseschkian</i>
17:00	End of the first day

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WORKING VERSION Friday, 25 November

	All sessions are in the same online room (plenary)
Zoom Link for all ITS:	
9:30-9:40 (10 minutes)	Musical welcoming to the 2nd day
	Chair: Hamid Peseschkian, Gabi Hum
9:40-11:15 (95 minutes)	"Impact on mental health: challenging issues facing patients and trainees" (e.g. climate change, education of children, developing a PPT trauma therapy, developing a PPT child and youth psychotherapy, pandemic and post-covid consequences, prevention of transgenerational trauma, needs of a post-war world) one short presentations on each topic (7 topics, each presenter 10 min -> 70 minutes). 7 presenters, small discussion <i>Moskalenko (about transgenerational trauma), Zhumatii (developing a PPT trauma therapy), Tomcheva (cognitive, emotional and behavioural children's and youth problems), Dobiala (post-covid), Podlipska (about migration), Chekmarev (child therapy), David Roth (about climate change)</i>
15 min break	
	Chair: Katarzyna Marquardt, Olga Lytvynenko
11:30-13:00 (90 minutes)	Change of the therapeutic and training framework since the beginning of the pandemic in early 2020 Two trainers report about their experiences - following discussion (<i>Adela Moldovan, Ocean Liu</i>) (2 presentations of 30 minutes each, then 30 minutes discussion with the audience)
1 hour break	
Zoom Link:	
	Chair: Ivan Kirillov, Oleksandra Nizdran
14:00-16:00 (120 minutes)	Panel discussion: Developing an Identity as a Positive Psychotherapy trainer Exchange of experiences, failures, challenges, difficult group situations, main mistakes. Trainers with different timespan of experience report (@10 minutes each) about their trainer experiences, some specific situation in a group, major success, major failure) - following 60 minutes discussion with the audience, <i>M. Goncharov, O. Lytvynenko, K. Sujecka, T. Zhumatii, S. Henrichs</i>
10 min break	
16:10 - 16:30 (20 minutes)	End of ITS, concluding remarks

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