



Candidature as member of the WAPP Board of Directors for 2022-2024

Dear member,

you have been nominated for the Board election. Congratulations!

If you wish to candidate as member of the Board of Directors, please fill in this application form. Your information will be available to all WAPP members before the election. This will help them to make their decision and to make their votes. **Thank you!**

1. Title, name and family name: CUESDEANU OANA RALUCA

2. Present main occupation: PSYCHOTHERAPIST and MASTER TRAINER IN PPT

3. Address (city, country): BUCHAREST ROMANIA

4. Your E-mail address: oana_cuesdeanu@yahoo.com

5. Member status in WAPP (Basic Consultant of Positive Psychotherapy, Certified Positive Psychotherapist, Basic or Master Trainer, Center manager, organizer of trainings, board member of a national PPT association etc.):

CENTER MANAGER

of **LEADER ID POSITIVE PPT CENTER BUCHAREST** and **POSITIVE4MURES PPT CENTER TARGU MURES**

MASTER TRAINER

CERTIFIED POSITIVE PSYCHOTHERAPIST

5. Have you ever been in a leadership/management position of a professional organization or institution before (association, university, hospital, company etc.)?

Yes No

If yes, please name the organization, where and in which position?

6. Please give us a short description of your vision/plans as a possible member of the WAPP Board of Directors (What could be your specific contributions to the Board and the World Association? Which experience of yours will be an asset to the work of such an international board as WAPP?) With other words: why should people vote for you?



Dana Cuesdeanu
PSYCHOTHERAPIST & TRAINER

Education in balance is in the top of my goals in recent years
and the representative motto is:

"Dare to Be Different and cultivate your Leader Identity"

I have implemented **PPT training programs** at the national level in Romania for
coaches, volleyball players and parents,
which has been going on for **3 years** and have a real success.
Since this year the Project has attracted the attention of specialists from Italy and Germany.

Some titles of PPT trainings:

- The Coach's balance Profile.
- As a parent you can educate with Confidence.
- Train your Self Confidence.
- Performance Anxiety in the sport fields.
- Attack self-esteem blockages.

I can claim that

I am the ambassador of PPT trainings in AVENOR Cambridge High School Bucharest
programs that are implemented **for students, teachers and parents.**

Here are some titles of **PPT trainings:**

- Face to face with adolescence.
- How do we face the fear of war?
- Be king - antibullying program
- How to deal with conflicts- it follows to be introduced this year

It has become a habit **to talk** about the **benefits of the balance model in education on**
TV shows, radio and national publications that are widely spread in Romania.

For more than 1 year, I have been managing
online professional supervision and trainings for psychologists and Basic Consultants from
Romania and Belarus, the purpose is the professional development in PPT.

WAPP Head Office Luisenstrasse 28 · 65185 Wiesbaden · Germany
Tel. +49-6 11-450 34 40, Fax: +49-6 11-39 990,

Email: wapp@positum.org, Website: www.positum.org


Bank account: Nassauische Sparkasse, Webergasse 9 65183 Wiesbaden, Germany
Account No. 111 200 114, BLZ 510 500 15, IBAN: DE80510500150111200114, SWIFT BIC: NASSDE55XXX

Registered in Germany: Weltverband für Positive und Transkulturelle Psychotherapie e.V.
Amtsgericht Wiesbaden – Registergericht – Nr. VR 3210 vom 24.11.2008



My new goal is to expand the activity of the LeaderID Bucharest center in the online environment through **podcasts and video programs** for students, parents, teachers and students in PPT.

My students from master trainer of PPT are an **active part** of every project- through the ideas they brought or through their participation.

All these projects **can be implemented** into practice **globally in the PPT community**, all the benefits already have been tested and adjusted for different age level  **Oana Cuesdeanu**

In case of being elected as member of the WAPP Board of Directors I will accept.

The task of a WAPP Board member involves a weekly workload of 2-4 hours. I hereby confirm that I am willing to voluntarily devote this time to the duties of a Board member.

Date, place: 8.10.2022

Oana Cuesdeanu
PSYCHOTHERAPIST & TRAINER