



Candidature as member of the WAPP Board of Directors for 2022-2024

Dear member,

you have been nominated for the Board election. Congratulations!

If you wish to candidate as member of the Board of Directors, please fill in this application form. Your information will be available to all WAPP members before the election. This will help them to make their decision and to make their votes. **Thank you!**

1. Title, name and family name:

Ms Raluca Ursica

2. Present main occupation:

Basic Trainer of PPT, Positive Psychotherapist, Counselling Psychologist, Clinical Supervisor and Co-Director of the London Centre for Positive and Transcultural Psychotherapy

3. Address (city, country):

9 Lind Road, Apt 3, London, UK, SM14PP

4. Your E-mail address:

raluca@positum.co.uk

5. Member status in WAPP (Basic Consultant of Positive Psychotherapy, Certified Positive Psychotherapist, Basic or Master Trainer, Centre manager, organizer of trainings, board member of a national PPT association etc.):

Certified Positive Psychotherapist, Basic Trainer of PPT, Founder and Co-director of the London Centre for Positive Psychotherapy, WAPP Membership & Finance Committee member.

WAPP Head Office Luisenstrasse 28 · 65185 Wiesbaden · Germany
Tel. +49-6 11-450 34 40, Fax: +49-6 11-39 990,

Email: wapp@positum.org, Website: www.positum.org

Bank account: Nassauische Sparkasse, Webergasse 9 65183 Wiesbaden, Germany
Account No. 111 200 114, BLZ 510 500 15, IBAN: DE80510500150111200114, SWIFT BIC: NASSDE55XXX
Registered in Germany: Weltverband für Positive [und Transkulturelle](#) Psychotherapie e.V.
Amtsgericht Wiesbaden – Registergericht – Nr. VR 3210 vom 24.11.2008



5. Have you ever been in a leadership/management position of a professional organization or institution before (association, university, hospital, company etc.)?

Yes

If yes, please name the organization, where and in which position?

Since 2019 I am the Founder and Co-Director of the London Centre for Positive and Transcultural Psychotherapy where we offer accessible and personalised Positive Psychotherapy trainings and workshops for the general public and to those of varying levels of expertise within the mental health and social care sectors. Our courses, trainings and workshops are run in London, Manchester, Birmingham and other locations across the UK.

As a Counselling Psychologist in the UK National Healthcare System (NHS) I was tasked to set up Psychological Treatment Programmes across two NHS Trusts. To fulfil my duty, I had to understand the needs and interests of different stakeholders and manage to work within the constraints of the NHS budget and staffing.

6. Please give us a short description of your vision/plans as a possible member of the WAPP Board of Directors (What could be your specific contributions to the Board and the World Association? Which experience of yours will be an asset to the work of such an international board as WAPP?) With other words: why should people vote for you?

Thank you for the nomination, I feel honoured to be considered for a position as WAPP Board member.

I have been part of the Positive and Transcultural Psychotherapy family since 2006. First as a trainee, then as a psychotherapist and now as a trainer and WAPP Membership and Finance Committee member. I have learned as a committee member that I have a lot to offer to WAPP and I have the energy and passion to add value to the Board's decisions and consultations.

Since I qualified as a Positive Psychotherapist I have practiced in Romania, Spain and now the United Kingdom. I understand how national and international professional associations work and I had to align my knowledge, skills and training to their standards. I have an in-depth understanding of strategy and vision for the development of psychological therapies in concordance with the European and global standards of training.

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I can bring this experience to the WAPP Board and also advocate for support for colleagues who have trained in a country and now practice in another. I understand the challenges of aligning one's practice to international standards.

7. Please add a current photograph of you to this application.



In case of being elected as member of the WAPP Board of Directors I will accept.

The task of a WAPP Board member involves a weekly workload of 2-4 hours. I hereby confirm that I am willing to voluntarily devote this time to the duties of a Board member.

Date, place: 03.10.2022 , London UK

Signature: **RUrsica**