

**MINUTES
of the ORDINARY GENERAL ASSEMBLY**

on Monday, 29 November 2021,

Online meeting via Zoom

Start: 17:00 CET (Berlin time)

Participants: 48 voting members

Chair of the meeting: Dr. Hamid Peseschkian

Agenda (according the invitation of 27 October 2021)

1. Opening and greeting by Dr. Hamid Peseschkian

- a) Welcoming of the members and guests at their monitors at home
- b) Confirmation of compliant convening of the meeting

2. Determination of quorum

- a) The assembly has a quorum.
- c) Appointment of the minutes writer Stefanie Heinen

3. Confirmation of the agenda

Confirmed.

4. Approval of the last minutes of 22 August 2020

The minutes were sent to all members along with the invitation to the current members' meeting. It was unanimously approved by the members present.

5. Report of the Board

President Dr. Hamid Peseschkian reports on the following association activities and decisions of the Board for the financial year 2020 and on current topics:

- a) The last world congress in October 2019 in Kemer, Turkey, was an important impulse for the further development of Positive Psychotherapy and the association. The association has become a truly international organization. New committees and networks emerged.
- b) Pandemic as an opportunity in the crisis to intensify online activities.
- c) A new Board was elected in 2020: Hamid Peseschkian (president), Gabriela Hum, Ewa Dobiata, Ivan Kirillov, Olga Lytvynenko, Richard Werringloer, Maksim Goncharov, representative of the Peseschkian Foundation Tinia Tober.
- d) Trademark registration in the USA "Positive Psychotherapy (PPT after Peseschkian, since 1977)".
- e) Increase in the number of members since December 2019 from 1,399 to 1,656 in December 2020 (currently November 2021: 2,036). Members come from 36 different countries.



- f) Report on the three main sources of income of the association: membership fees, WAPP certificates, and participation fees of the online trainer seminar. The certificates have the largest share, followed by the membership fees and participation fees. In 2020, the income from all three areas amounted to €87,063.24.
- g) In November 2020 the association hired a new Head Office assistant, Kateryna Lytvynenko from Odesa in Ukraine. She takes care of the course documentation, marketing issues, communication design and the PPT Journal.
- h) In 2020, a book "Positive Psychiatry, Psychotherapy and Psychology" was published by Springer Publishing House as a joint production by 46 authors, as well as a number of other books on positive psychotherapy in different languages written by members of our association.
- i) The association intensified its activities in social media and initiated its own YouTube channel and renewed the website.
- j) The course documentation system supervised by Kateryna Lytvynenko started in January 2020 and contributes significantly to the quality of the training courses offered.
- k) The association decided to pay special attention to the training areas of self-discovery and supervision in order to improve the quality here as well.
- l) A trainer recertification has been introduced. It started with all coaches from Ukraine. The examinations were carried out in online interviews. Since then, all trainer applicants have also been interviewed online by 2 Board members to check their suitability as trainers for psychotherapy. Only a few candidates did not meet the requirements. The new procedure was very well received.
- m) The scientific journal of the association was relaunched as "Global Psychotherapist" with a new design and with the help of a new scientific advisory board and has been published twice a year since 2020. The journal is available online for everyone, free of charge.

6. Cash Report

The association's assets amounted to €180,202.05 on December 31, 2020. The income of the association comes from training activities (certificates) as part of the training in Positive Psychotherapy, from the membership fees and the profit from the participation fees of the international online seminar. The account balance has increased again since the 2019 financial year.

The cash auditor, Dr. Sheyda Rafat, reviewed the paperwork and found it to be in order.

7. Appointment of the auditor for the year 2021

Dr. Sheyda Rafat is again proposed as a cash auditor and takes office.

8. Release of the Board of Directors

Arno Remmers requests the release of the Board. It was adopted with 43 votes in favor, and 5 abstentions.

9. Miscellaneous

The Board reports on the new committees set up this year (2021) and asks those present to contact the Head Office if they would like to participate in the new committees. The Board also draws attention to the next issue of the Global Psychotherapist in January 2022 and reminds members of the



new Training Standards regulations, some of which have been in force since October 2021 and will be fully applicable from July 2022 on.

The Board thanks for attending the General Assembly and closes the event.

End of the ordinary general meeting: 18:00 CET

Wiesbaden, 6 December 2021

Stefanie Heinen
Keeper of the minutes

Dr. Hamid Peseschkian
Chair of the meeting