

Positive Psychotherapy in China workshop, ITS 2018

Participants: 11

Participants online: 5 (15 person want join, successful link online 5)

Contents:

Positive psychotherapy in China over 30 years but less people know and use it. 2009~2012 have improve in Beijing and from 2015 on restart in Shenzhen. The Positive Transcultural psychotherapy Shenzhen Center established on 2017 organizing by Shenzhen Zhuhai psychological counseling Co.,Ltd. with 4 BC classes until now. The trainer have such impression that BC certificate is not important seems Chinese students need go deep self-discover and application in their area. Other is “psychotherapist” only can use in hospital by law. And positive psychotherapy difficult accept by university and hospital because less research.

Russia participants show that in their country have similar situation, even in Germany same by law. Chinese participants shared their experience and said systemic training with certificate is valuable more than without. Chinese people have a lot of learning chance and like to learn. They need deeply training program with have certificate professional program. They hope not only BC the same time better have an organize supervision support. For marketing and application, some conflict solution or subject such as partnership, pedagogy seminar is good for sharing and can invite more participants join the same time know positive psychotherapy.