

# Closing Session

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**POSITUM 2019**

7<sup>TH</sup> WORLD CONGRESS FOR  
POSITIVE AND TRANSCULTURAL  
PSYCHOTHERAPY

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*Closing Address by Dr. Hamid Peseschkian, WAPP-President*  
**Anniversary and Seminar Congress**  
**50 Years Positive Psychotherapy**  
***“Health – Culture – Psychotherapy”***  
**6-12 October 2019, Kemer, Turkey**

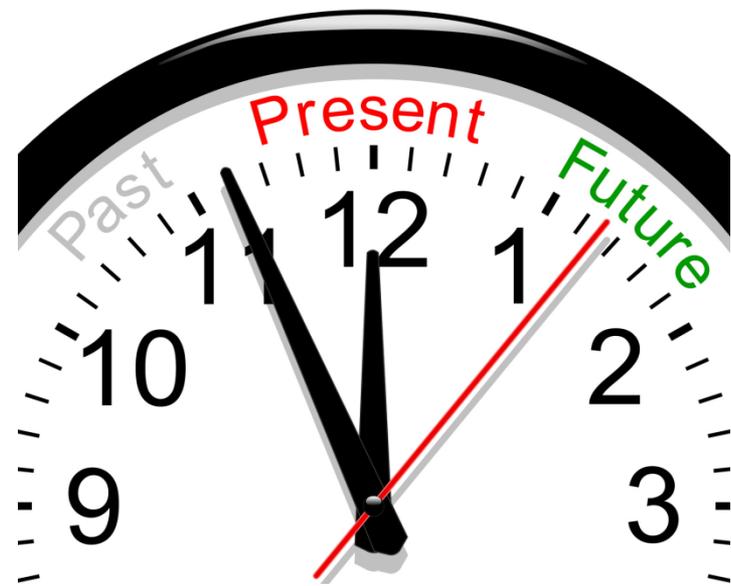


# POSITUM 2019

## 7<sup>TH</sup> WORLD CONGRESS FOR POSITIVE AND TRANSCULTURAL PSYCHOTHERAPY

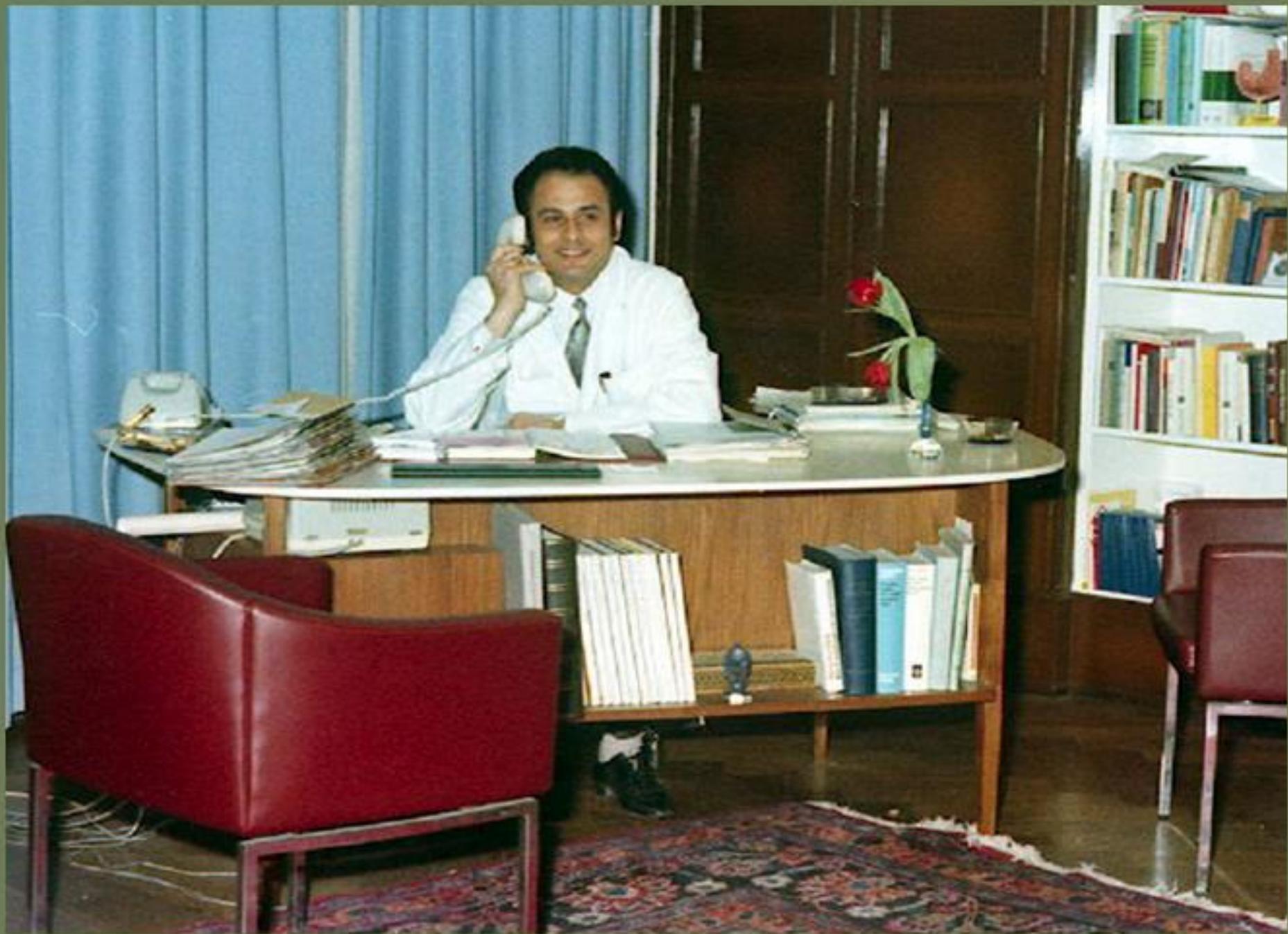
### Participating Countries





# Program of closing ceremony

- Positive Psychotherapy Award 2019
- Reflections on Nossrat Peseschkian
- Vision of **#positum2022**
- Positum 2019: Thanks



# Anniversary Congress - **50 Years Positive Psychotherapy** and other occasions:

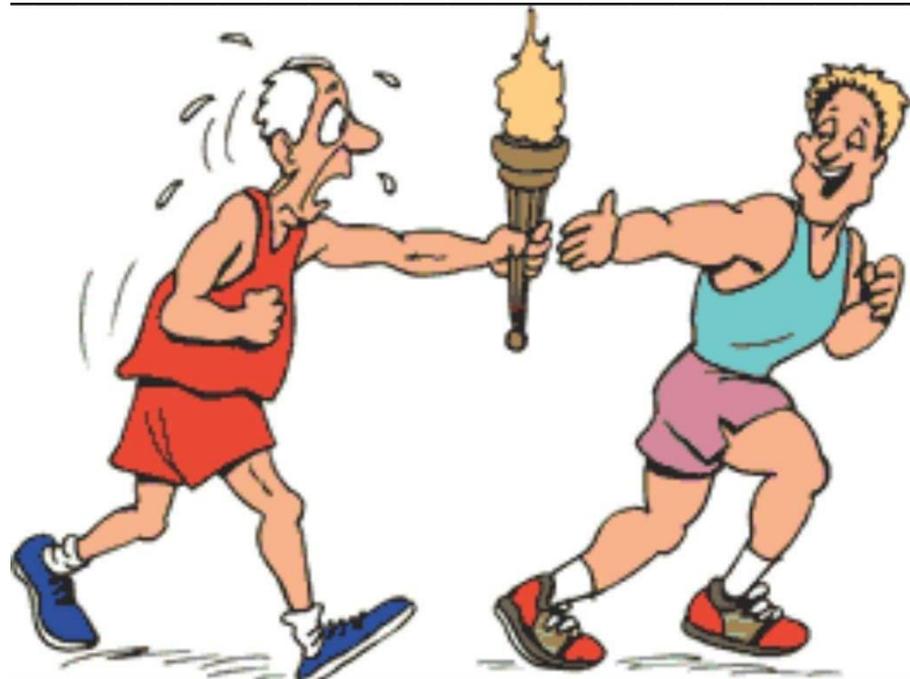
- ④ 50 years opening of psychotherapeutic practice of Nossrat Peseschkian (5 May 1969)
- ④ 40 years licensed training academy in Wiesbaden (1 Nov 1979)
- ④ 40 years of the bestseller book “The Merchant and the Parrot - Oriental Stories” (1979)
- ④ 25 years WAPP resp. ICPP (1994)
- ④ 20 years WIAP Academy (1999)
- ④ 20 years Effectiveness Study (1999)
- ④ 20th International Training Seminar – ITS





# PASSING THE TORCH

передавая факел





**Positive Psychotherapy  
Award 2019  
by  
The Peseschkian Foundation  
IAPP**

# Personal narratives about Nossrat Peseschkian



# Future challenges





# Positive goals and opportunities

## 1) Training:

- 1) To increase the number of Basic and Master Trainers world-wide

## 2) Scientific:

- 1) Publications in national and international scientific journals (preferably in English peer-reviewed journals)
- 2) Presentations of PPT at national and international professional conferences of psychiatrists, psychologists, counsellors, medical doctors and mental health professionals
- 3) To encourage the writing of Master thesis' and Doctoral dissertations in Positive Psychotherapy
- 4) To encourage transcultural research (multi-center-studies) (result to be presented at conferences)
- 5) To develop further the concept of a Positive Child and Adolescent Psychotherapy

## 3) Academic:

- 1) To get young Positive Psychotherapists into institutions:
  - 1) Academic (university, chairs, departments, professors, lecturers, leaders), clinics, hospitals, organizations, board of professional organizations
- 2) To include Positive Psychotherapy in university curricula
- 3) To offer University M.Sc. programs in Positive Psychotherapy in cooperation with an European University
- 4) To look for possibilities of founding an university of PPT in Europe (Bologna-Prozess)

## 4) Societal:

- 1) To get the psychotherapeutic and transcultural insights into many branches of society , specially in the non-psychotherapeutic field (e.g. management etc.) (to promote transcultural understanding and peace)
- 2) To be known and a respected partner for transcultural issues

## 5) Organizational and Networking:

- 1) Establishing of centers, institutes and national associations of PPT in different countries
- 2) To get more young people involved in the organizational structures of WAPP, e.g. in organizing conference committees
- 3) More active members in our associations, and to increase the number of members in general
- 4) To strengthen the network of Positive Psychotherapists worldwide and to foster the development of an identity as a Positive Psychotherapist
- 5) To be more present in social media, YouTube, Wikipedia, Google etc. in different countries

## 6) Treatment:

- 1) To exchange the results and experience of treatment, techniques and methods in different settings
- 2) To publish case studies
- 3) To focus also on positive psychosomatics (not only psychotherapy)

**What can YOU Do?**



**2**

**hours per week**



# Possible Vision for 2022

- #positum2022
- 2 – 7 October 2022, Kemer (Turkey)
- 8th World Congress of Positive and Transcultural Psychotherapy
  - 500 participants from 30 countries
  - Everyone brings next time someone with him
  - Every trainer presents and only new subjects



- 3000 members in 30 countries
- Centers in:
  - 3 African countries
  - 1 in USA
  - 1 in South America
- PPT in Social Media, Youtube, Instagram
- 200 Trainers; all trainers re-certified
- Regular Journal
- Publications:
  - 10 more books
  - 5 articles in international Journals with high impact factor
- Research:
  - Research working group
  - More Ph.D dissertations and candidates
  - Minimum 1 multi-center transcultural study
- Academic:
  - One department of PPZ at a university
  - More professors
  - Board:
    - More than 60% women
    - Young members involved in the organizational work

**We are Global Psychotherapists**  
**Positive Psychotherapy = global movement**  
***A Positive Mental Health Movement***







# **B2B encounters**

**Mr. Mert Akkök  
& Team**



**[www.b2bencounters.com](http://www.b2bencounters.com)**



Passing the Torch





# See you in 2022

#positum

#positum2022

#ppt

#pptpeseschkian



