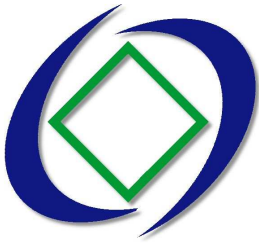


WAPP Newsletter

News from the World of Positive Psychotherapy

Published by the World Association for Positive and Transcultural Psychotherapy



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Editorial

Dear Colleagues and Friends,

Here comes a new issue of our WAPP Newsletter with the latest news and international developments of Positive Psychotherapy and our Association!

We hope you started the year 2018 smoothly and that you are looking forward to the spring and summer season.

At our last WAPP Board meeting in November 2017, we discussed and decided some changes in our Training Standards to shorten them and make them more comprehensible.

Furthermore, we decided to reduce the hours of our Master Course training. This will shorten the whole training process for Master Course participants as well as for Master Trainer candidates. We hope these changes will make our trainings more attractive and will help us to find and train more PPT practitioners and trainers.

More Positive Psychotherapy news are ready to be read in this newsletter issue. Enjoy reading!

Our work all over the world is getting more and more important as the relationships between people and countries worsen day by day. We live in a critical time and our movement can contribute a lot to the development of a global, transcultural society.

Best wishes,

on behalf of the WAPP Board

Hamid Peseschkian,
President



International Training Seminar (ITS) 2018 Save the date!

This year's ITS will take place **31 October - 3 November 2018** in Wiesbaden, Germany, at the WIAP Academy.

Like in 2017, the ITS 2018 will be open for everyone interested in Positive Psychotherapy, not exclusively for students, trainers and candidate-trainers of Positive Psychotherapy! The number of participants is limited to 130.

More information will follow soon after the next WAPP Board meeting in April 2018. Registration will start then also. We will keep you informed.

Looking forward to seeing many of you again in October/November!



Report from the Board Meeting November 2017

The WAPP Board meets twice a year: for a main meeting in winter or early spring, which usually spreads over two days, and for a smaller meeting in the course of the International Training Seminar or a congress. The second meeting usually only takes one day.

This time, the Board met on 28 November 2017 in Wiesbaden, Germany, for its shorter meeting.

Below please find the main topics discussed and decisions that were made:

Next election of a new Board of Directors 2018-2020

It is never too early and never too late for learning; it is always the right time.

–

**One who wants to have something must also give something.
(Martin Luther)**

–

We do not face a shortage of time; instead we have a lot of timer, which we do not use.

(All taken from N. Peseschkian "If You Want Something You Never Had, Then Do Something You Never Did – Stories And Maxims")

Election of new Board of Directors

In 2018 the WAPP Board of Directors will be newly elected for the years 2018-2020. As in the past, the election will be possible **by email** and at the **general member assembly**, which will take place in the course of the International Training Seminar 2018 (31 Oct.-3 Nov. 2018).

At the last Board meetings, **4 of our present Board members told us that they will not candidate again and want to give the opportunity to younger members.** This is why we are looking for engaged and committed persons who would like to take their places and form our Association's future with us.

The ones who will not candidate again are Arno Remmers, Enver Cesko, Pavel Frolov and Dieter Schön. The Board knew this for quite a while, and it is deeply regretted, especially since Arno Remmers has been a founding member since 1996, Enver Cesko since more than 10 years, and also Pavel Frolov who has served as estimated Board member since 2012. Dieter Schön enriched our group of Board members for 2 years with his long-term experience and memories with Nossrat Peseschkian from the early beginnings of Positive Psychotherapy. But, like former Board members such as Vladimir Karikash and Gabi Hum, they feel that we have so many promising and active members in our Association who could and should take their place on the Board.

Today is not the time to say good-bye, but we want to thank them very much for their engagement and outstanding commitment to our method, their time and contribution over many years and even decades. We will miss them, although they will continue to work as trainers, serve as advisors, be present at events and will always be available for all sorts of questions.

You can help WAPP continue the successful worldwide work of Positive Psychotherapy. **WAPP needs and welcomes active participation of its members.**

Please discuss with your colleagues and try to identify suitable and experienced persons to replace them as possible candidates! We encourage especially women and younger colleagues.

Trainings and Trainers

WAPP Training Standards

The Training Standards have been **revised and shortened** with respect to form as well as to contents.

Many passages have been deleted to make the Standards more comprehensible and to avoid overregulation of our trainings.

An important change of the Standards refers to the length of the **Master Course training**: The total hours have been **reduced from 810 to 710**. This is a result of the shortened amount of self-discovery hours. These have been reduced from 200 to 100 hours. This reduces the minimum time necessary for a Master Course training from 3 to 2 years. This again applies for the Master Trainer education. This way the candidate-training for Master Trainers will also reduce from 3 to 2 years.

Also available now is a short overview version of the Training Standards to give a first impression of preconditions for and length of the trainings.

Please find the current Training Standards on our website at:

<http://www.positum.org/53-0-Training-Standards.html>

Report from the Board Meeting November 2017

Initiation of new training programs

Again, we would like to encourage our trainers to **elaborate and offer new training programs** additionally to our standard Basic and Master Courses.

The aim of such courses should not be to reach a professional grade, but to train competencies the course participants can use in their professional but also in their private lives.

Our trainers are free to make up their own programs, write curricula and identify their target groups.

These trainings may serve to develop certain competences (e.g. stress management, mediation) as well as offering special fields of Positive Psychotherapy ("Positive Child and Adolescent Psychotherapy", "Positive Trauma Therapy", "Positive Pedagogy")

Please send us your ideas and curricula and you can get the "recognized by WAPP" accreditation.

We are looking forward to receiving your ideas! (wapp@positum.org)

WAPP membership

The current **number of WAPP members is 888**. We are very proud to constantly gain new members worldwide. Our Association is financed by the certificates we issue and the membership fees we receive from you. **Please encourage your colleagues to join our organization**, so we can reach the number of 1000 members and more soon! The more members we gain, the more influence and impact has our work internationally. And our membership fees are comparably low. So please contribute! Thank you!

Please don't forget to send us your membership fees by bank transfer (see page 4), or by the 3 payment options listed on the right!

You can see the present structure of membership fees in the table below.

In case of outstanding payments for one or more years you will have to renew your membership. For renewed membership we will charge a double fee from now on, i.e. if you have not paid for the previous year(s) we will ask you for the outstanding amount PLUS one annual fee. Any incoming payments will be used for the first outstanding year.

Please find the payment information at:

<http://www.positum.org/108-0-Membership-fees-and-payment.html>

Trainings and Trainers

Membership fees



Category	Annual membership fee	Discount for advance payment (3 years)
Supportive membership	10 EUR per year	--
Full membership for Basic Consultants and members in training	25 EUR per year	60 EUR for 3 years in advance
Full membership for Certified Positive Psychotherapists	50 EUR per year	130 EUR for 3 years in advance
National trainers (Basic and Master Trainers who are only active in their own country)	75 EUR per year	--
International trainers (Basic and Master Trainers who also travel to trainings in foreign countries)	150 EUR per year	--

The Poisoned Present

Somewhere in a little town in the Near East lived a very strict teacher. A former pupil's father sent him a bag of sweets, in recognition for his efforts. The teacher wanted to make sure the student's wouldn't get into the sweets. So he put the bag in the niche of the wall and told the children, "An enemy gave me these sweets. I assume he poisoned them, in order to kill me."

The teacher left the classroom for an hour to take care of some business away from the school. The bravest boy in the class gathered his classmates around him and said, "That story about the poison is hogwash. He just doesn't want us to eat any. That's why he made up the story about the poison. Come and help yourselves!" The other children replied, "The teacher will find out and punish us all." "I'll take the rap," said the boy. When the bag was empty and the young men satisfied, he took the teacher's penknife and broke it in two. Soon the teacher entered the classroom and saw the broken penknife. Angrily, he asked, "Who broke my knife?" The room fell silent. The courageous boy spoke up, saying, "I wanted to sharpen my pencil with your knife, but the knife broke. In fear of your wrath, I wanted to kill myself. But I found nothing to do it with but your pralines. So I ate them all. Unfortunately, I'm not dead yet."

It was clear for the teacher that the students were pulling his leg. So as not to lose face, he told them, "To be sure, you have learned your lesson well. But never again try to spoof me or any other authority figure."

(N. Peseschkian, taken from "Life is a Paradise to which we can find the key")

Future Conferences & Seminars



Workshop "The children and the family", April 2018 (Sofia, Bulgaria)

The Bulgarian Association for Positive and Transcultural Psychotherapy invites to participate to the next, annual Positive Psychotherapy **Workshop: "The children and the family"**

The event will held on **21 and 22 April 2018 at Hemus Hotel, Sofia, Bulgaria**.
The program of the event is in process.

More information you can find here:

<https://www.facebook.com/events/146011009439432/>

Einladung zur 4. DGPP-Sommerakademie (6. bis 9. Juni 2018)



Januar 2018

Sehr geehrte Damen und Herren,
liebe Mitglieder der DGPP, liebe Kolleginnen und Kollegen,

wir laden Sie sehr herzlich zur diesjährigen Sommerakademie mit folgendem Schwerpunktthema ein:

Existenzielle Fragen in der Positiven und transkulturellen Psychotherapie – Spiritualität, Trauma und Sinn des Lebens

Die Tagung beginnt am Mittwoch, den 6. Juni 2018. Die individuelle Anreise ist für 11.00 Uhr vorgesehen, das Programm beginnt um 13.30 Uhr nach dem Mittagessen und endet am Samstag, den 9. Juni 2017 um ca. 13.00 Uhr.

Anschließend findet von 14.00 – 16.00 Uhr die diesjährige Mitgliederversammlung statt, zu der Sie zu gegebener Zeit gesondert eingeladen werden.

Der Tagungsort ist wieder die **Akademie Biggensee in Attendorn**.

Ihre verbindliche Anmeldung richten Sie bitte bis zum **20. April 2018** an die **DGPP Geschäftsstelle**. Bis zu diesem Termin ist ein bestimmtes Zimmerkontingent in der Tagungsstätte reserviert.

Deutsche Gesellschaft
für Positive und Transkulturelle
Psychotherapie e.V.
Registriered:
Prof. Norbert Prosschke
(1953-2018)
Vorsitz:
Christiane Bernths,
Dipl.-Psych., M. Pfl.
Präsident
Dr. med. Gabriele Emmrich
Vizepräsidentin
Svenja Kaufmann
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Monika Gross, Dipl.-Psych.
Mekay Wenz, Dipl.-Theol.
Präsidentin
DGPP Geschäftsstelle:
c/o Bundesverein Akademie für
Positive Psychotherapie
Langensiefen 39-40
65183 Wiesbaden
Tel.: 04949 (0) 611 3411075
Fax: 04949 (0) 611 3411076
E-Mail:

4th German Summer Academy, June 2018

The German Association for Positive and Transcultural Psychotherapy (DGPP) invites to its 4th Summer Academy in **Attendorn, Germany, 6-9 June 2018** (seminar in German language):

"Existenzielle Fragen in der Positiven und transkulturellen Psychotherapie – Spiritualität, Trauma und Sinn des Lebens"

Please find the invitation letter here:

http://www.positum.org/files/einladung_soak_2018_.pdf

Seminar at the Wroclaw Center, June 2018 (Poland)

On **9-10 June 2018** the Wroclaw Center for Positive and Transcultural Psychotherapy offers a seminar "**Psychosomatic disorders and the way to balance our inner order – how to do psychosomatic psychotherapy?**" by Arno Remmers (in English language translated to Polish).

For more information please contact Dr. Roman Ciesielski at info@wip.wroclaw.pl.

11th Romanian Positive Psychotherapy Summer School, June 2018

The Romanian Positive Psychotherapy Association (RPPA) organizes its 11th edition of the Positive Psychotherapy Summer School with the title "**Way out from the dependency labyrinth**".

It is taking place **25-30 June 2018 in Valea Ierii, Cluj county, Romania**.

Please find the official seminar flyer here:

http://www.positum.org/files/180204_anunt_svppt_11_en.pdf

Flyer and registration form are both linked on the WAPP website:

<http://www.positum.org/97-0-PPT-events.html>



ROMANIAN POSITIVE PSYCHOTHERAPY ASSOCIATION (RPPA)

member of the World Association for Positive Psychotherapy (WAPP), of the European Federation of Centers for Positive Psychotherapy (EFCPP), of the Association of European Organizations for Positive Psychotherapy (AEOPT) and of the Romanian Council of Psychologists (CRP), as provider of continuing psychological education

Positive Psychotherapy Summer School 11th edition

"Way out from the dependency labyrinth"

25 – 30 of June 2018, Valea Ierii, Cluj
Red Cross National Training Center



Looking at the lifeline of the Positive Psychotherapy Summer School, a very dear event for the Romanian Positive Psychotherapy Association, the first 10 years are already behind us. Each year, on the last week of June, the Summer School provides colleagues from Romania and not only, with the chance to meet and work on a major subject related to the



Or find us on facebook!
[Positive Psychotherapy](https://www.facebook.com/PositivePsychotherapy)

Visit our website: www.positum.org



For bank transfers, please
use the bank account of the World
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Webergasse 9, 65183 Wiesbaden,
Germany
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BIC: NASSDE55XXX

WAPP International News

Positive Psychotherapy Award

The Positive Psychotherapy Award 2017 granted by the Professor Peseschkian Foundation for the advancement of Positive Psychotherapy worldwide was handed to **Dr. John Okoro** and **Dr. Richard Werringloer** in the course of the International Training Seminar, December 2017, and earlier in the year to **Helga Mengistu-Faust** (who is not in the picture on the right).

They have been awarded for their special contributions to the **Mental Health Project in Ethiopia** offering trainings in Positive and Transcultural Psychotherapy for specialists at universities in Addis Ababa, Jimma and Bahir Dar.

Congratulations from WAPP and the PPT community!



Positive Psychotherapy Award

18th International Training Seminar (ITS) of Positive and Transcultural Psychotherapy

The 18th ITS took place in Wiesbaden, Germany, 28 November - 2 December 2017, with the motto "Dynamics in Positive Psychotherapy". **116 participants from 16 countries** participated in the seminar/conference.

As in the past, the atmosphere was a very friendly, collegial and excited one. We all enjoyed the special inter- and transcultural experience of people from so many countries working fruitfully and celebrating cordially together.

The seminar days started with keynote lectures and working groups. In the afternoons 40 individual contributions of the participants gave the special conference character to the event. This was different from last ITSs, but was very well received and shall be kept for this year's ITS (31 Oct. – 3 Nov. 2018 – Save the date!).

New Centers of Positive Psychotherapy

Since our last newsletter, WAPP has granted the Center status to 5 training centers:

- Center for Positive Psychotherapy "**Positum Education, Consultancy and Health Services**", Istanbul, Turkey, led by Dr. Ivan Kirillov.
- Center for Positive Psychotherapy "**Positum4Mures**", Targu Mures, Romania, led by Oana Raluca Cuesdeanu.
- Center for Positive Psychotherapy "**Center for Personality Development Positum**", Kyiv, Ukraine, led by Svetlana Otenko.
- Center for Positive Psychotherapy "**Positive Psychotherapy Department of SUIPPM**", Odessa, Ukraine, led by Dr. Olga Lytvynenko.
- **Shenzhen Center for Positive and Transcultural Psychotherapy**, Shenzhen, China, led by Jie Deng.

Congratulations and welcome as new Centers! WAPP is looking forward to a fruitful cooperation.

New Trainers of Positive Psychotherapy

WAPP is happy to announce that since August 2017 we have accredited 11 new Basic Trainers:

Luminita Luca Dora Vlas, Denys Lavrynenko, Valentyna Sharpar, Kristina Filyunova, Veronica Maria Mateescu, Nelya Kostomakha, Liudmyla Zhyglova, Iryna Pliushch, Olena Davydenko, Jie Deng, Heike Meyer.

And 2 Basic Trainers became Master Trainers:

Paul-Claudiu Chetreanu-Don, Werner Gross.

Congratulations to all of them! We are happy and thankful to have such an engaged trainer staff. We hope to meet you all at the next ITS!



18th International WAPP Training Conference
on Positive and Transcultural Psychotherapy
28 Nov – 2 Dec 2017
Wiesbaden, Germany



18th International Training Seminar

WAPP NEWSLETTER

Legal notice

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Responsible according to the press law (V.i.S.d.P.): Hamid Peseschkian

Contributors of this issue:

Stefanie Heinen,
Hamid Peseschkian

Edited by Stefanie Heinen

Contact:

World Association for Positive and Transcultural Psychotherapy (WAPP), Inc.

- Head Office -

Luisenstrasse 28

D-65185 Wiesbaden

Phone: +49 611 450 34 40

Fax: +49 611 450 34 24

Email: wapp@positum.org

This newsletter is published twice a year.

Contributions to this newsletter:
If you have any articles, reports or other information about Positive Psychotherapy worldwide please send it to the Head Office so that we can take it into the next edition