

WELCOME

**FIRST MEETING OF ALL CENTERS
FOR POSITIVE PSYCHOTHERAPY**

28 JANUARY 2021 - BY ZOOM – 18:00 CET





THE INTERNATIONAL NETWORK OF PPT



CENTERS FOR POSITIVE PSYCHOTHERAPY

52 official Centers for Positive Psychotherapy in 17 countries:



Armenia (1)



Azerbaijan (1)



Bulgaria (~4)



China (2)



Cyprus (2)



Ethiopia (3)



Georgia (1)



Germany (4)



Kosovo (1)



Latvia (1)



Macedonia (1)



Poland (1)



Romania (~4)



Russia (7)



Turkey (6)



Ukraine (12)



United Kingdom (1)



GROUPS AND COOPERATIONS

Groups and cooperations with universities



Albania (1)



Austria (1)



Bolivia (1)



Poland (1)



Russia (1)



Ukraine (1)



USA (1)

AGENDA FOR TODAY (18:00 – 20:00 CET)

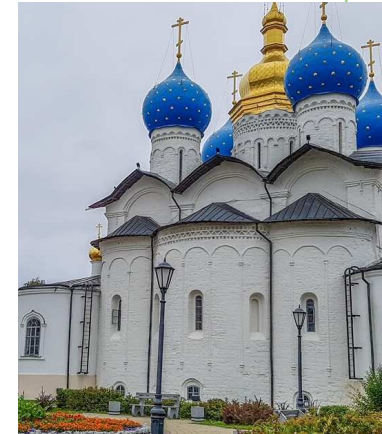
- 1- THE PAST: DEVELOPMENT OF CENTERS
- 2- THE PRESENT: CHALLENGES AND TASKS OF CENTERS
- 3- THE FUTURE: ROLE OF THE CENTERS IN THE DEVELOPMENT OF PPT AND COOPERATION BETWEEN WAPP AND CENTERS
- 4- QUESTIONS AND ANSWERS:
 - WHAT ARE THE PROBLEMS OF THE CENTERS?
 - WHAT CENTERS EXPECT FROM WAPP?



THE IDEA OF FOUNDING CENTERS

SUMMER 1990: IN A
COUNTRY HOUSE IN
KAZAN, TATARSTAN,
RUSSIA (FROMER USSR)

+42 DEGREES CELSIUS





WORLD ASSOCIATION FOR POSITIVE AND TRANSCULTURAL PSYCHOTHERAPY (WAPP)

Umbrella organization of all Positive Psychotherapy
institutions. 1600 members from 35 countries:



Albania



Armenia



Austria



Azerbaijan



Belgium



Bolivia



Bulgaria



Canada



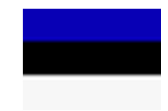
China



Cyprus



Denmark



Estonia



Ethiopia



France



Georgia



Germany



India



Kazakhstan



Kosovo



Latvia



Lithuania



Netherlands



Macedonia



Iceland



Poland



Romania



Russia



South Africa



Spain



Sweden



Switzerland



Turkey



Ukraine

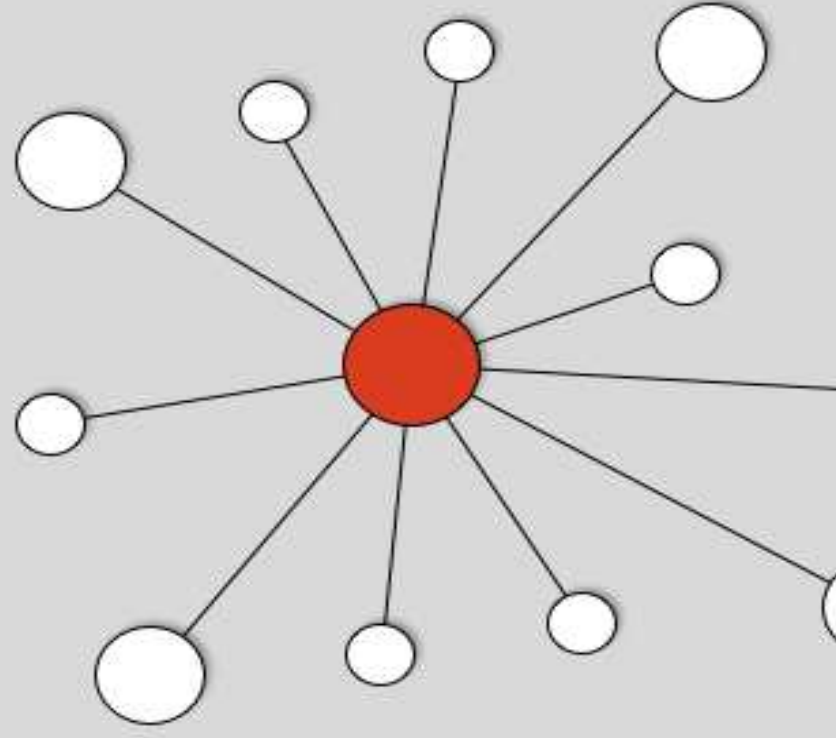


UK

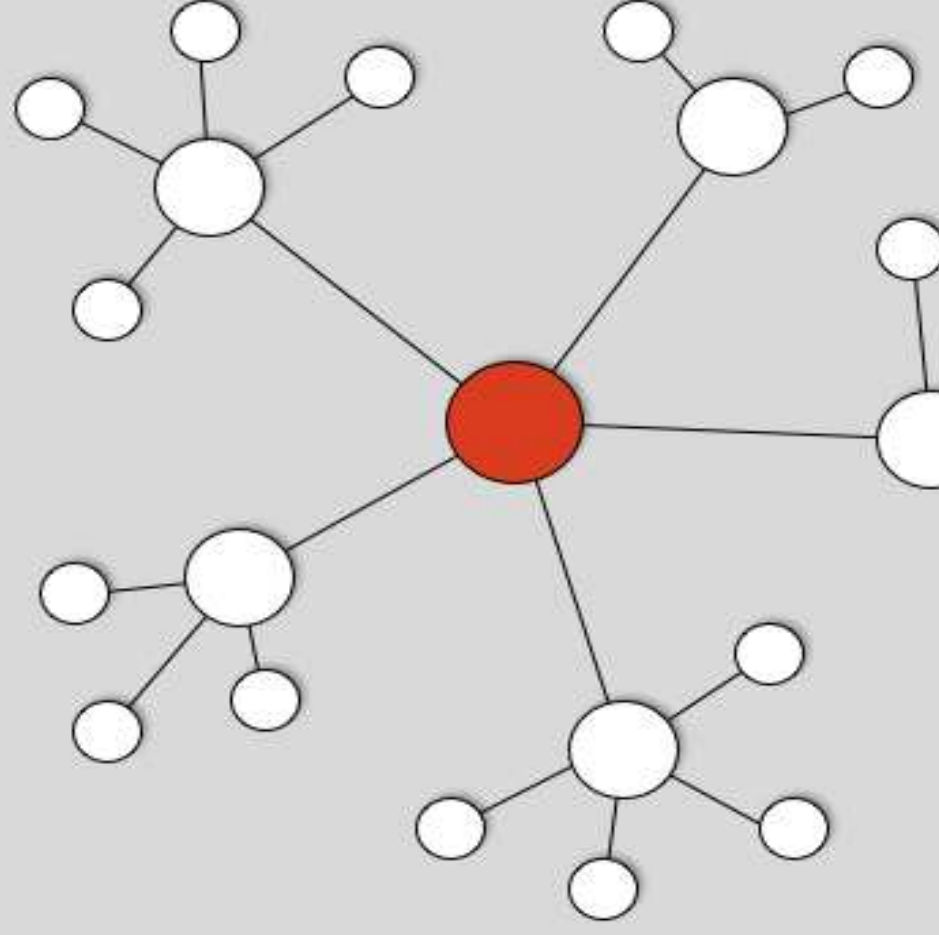


USA

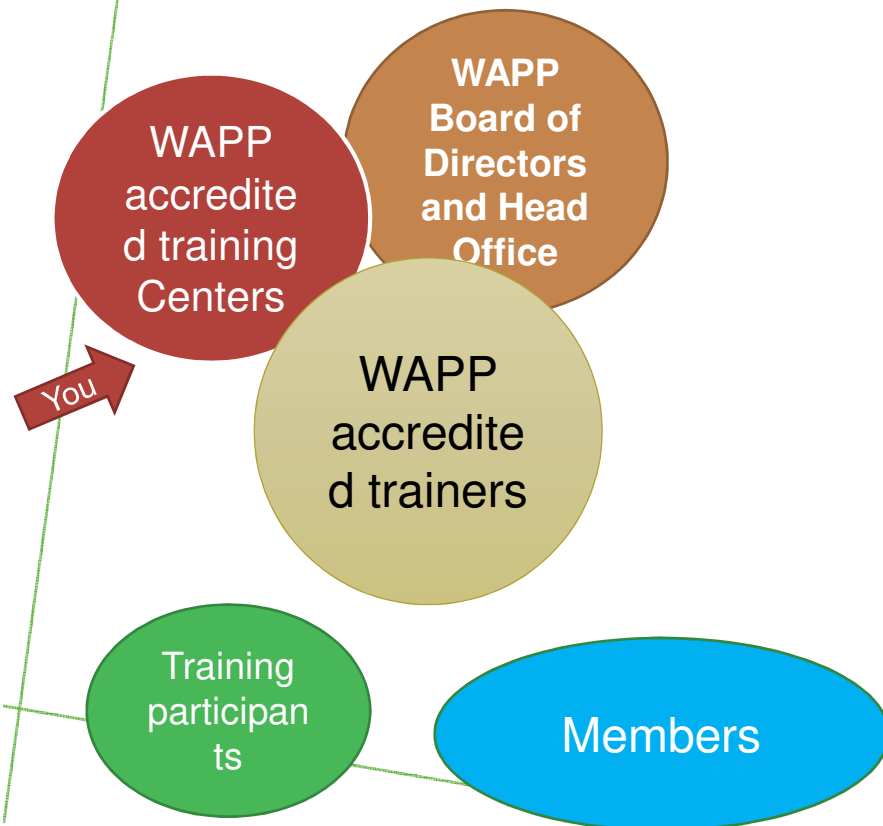
Centralization



Decentralization



STRUCTURE OF THE POSITIVE PSYCHOTHERAPY NETWORK



WAPP:

- **Board:** 8 elected members, voluntary
- **Head Office:**
Stefanie, Wiesbaden, 28 hours per week,
Katya, Odessa, 20 hours per week

Training Centers:

- **52 Centers** worldwide, led by Center managers or a trainer
- Cooperating with trainers and Head Office

WAPP trainers:

- **143 Basic and Master Course trainers**
- Cooperating with Centers and Head Office

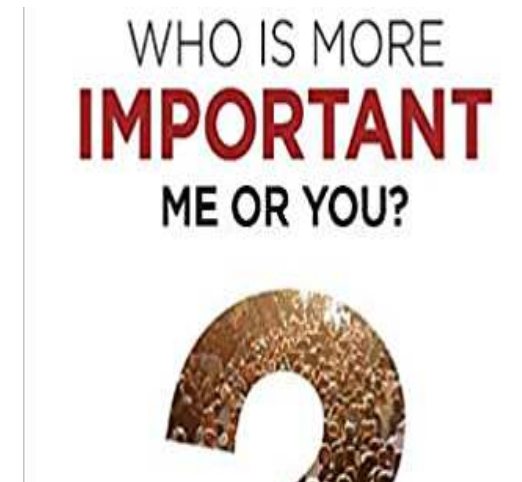
Training participants and members:

- Thousands of specialists and interested persons
- 1,600 members of WAPP

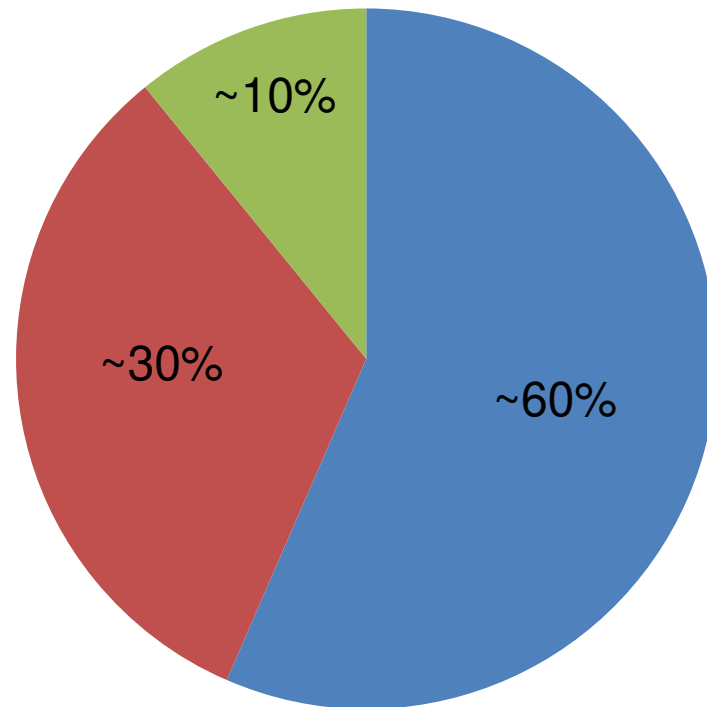
UNITY IN DIVERSITY



© Can Stock Photo



WAPP income



How does WAPP generate its income?

- Certificates
- Membership fees
- Registration fees*

*) Congresses, ITS

WHO IS DOING WHAT?

- **WAPP:** sets the framework, the overall direction, guidelines, standards, certification
- **Centers:** organization of seminars, marketing, invite good trainers, choose suitable candidates, establish network in own city/region
- **Trainers:** to be excellent, well-qualified, develop further, good didactics, to inspire participants to study further
- **All:** quality, reputation, increase income, more members, expansion, to help people



WIESBADEN ACADEMY OF PSYCHOTHERAPY

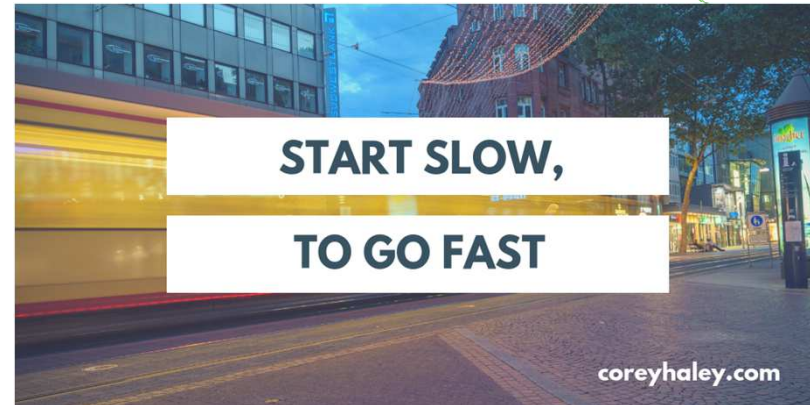
- INSTITUTE AND CLINIC -

**State-licensed private postgraduate academy of higher education
(professional school) with an outpatient teaching clinic**

- 550 postgraduates in training (235 psychologists, 260 educational scientists, 70 medical doctors)
- 160 psychotherapy part-time residents at the clinic
- WIAP awards the professional certificate of a licensed psychotherapist
- TOP 5 out of 250 psychotherapy academies
- 3 to 5 year teaching program
- 4,200 hours of practical and theoretical training
- Transcultural psychotherapy in the curriculum
- State examination
- Child, adolescent and adult psychotherapy
- 60 treatment rooms
- 70 lecturers for theory
- 350 supervisors and self-discovery trainers
- Founded in 1979



- To start with good trainings and trainers
- Not much investments at the beginning
- No need of big office, many employees etc.
- Reduce your fixing costs



Information and Transparency

To guide your course participants through the process of their education, it is important to provide them information material about their training and PPT in general.

Hand out flyers and inform them about our social networks and internet platforms:

- Training Standards overview
- Recommended literature list
- Ethical Standards
- Positum Website address
- Facebook “Positive Psychotherapy”
- PPT YouTube Channel
- WAPP flyer





STRUCTURE OF TRAININGS IN POSITIVE PSYCHOTHERAPY

WAPP training institutes and trainers offer different training courses:



- **Basic Course:**

- at least one Master Trainer or two Basic Trainers
- participants (open for everyone)

- **Master Course:**

- at least, two Master Trainers
- self-discovery leader
- supervisor
- participants (open for participants who fulfill certain requirements only)

Preferably there should not be an overlap
in these 3 different trainer roles

- **Specialized Courses (with WAPP approval)**

- in counselling, psychotherapy, management, pedagogy, stress management, medicine
- Basic or Master Trainer (depending on subject)
- participants (target group: depending on subject)

Not every trainer can do every training (part). Not every participant can attend every training (assessment necessary!)

Quality Management



- Head Office needs more information on courses and course participants
- “Basic Consultant” certificates and “Certified Positive Psychotherapist” certificates can only be handed out to course participants who meet the WAPP requirements:
 - university graduates (minimum Bachelor degree) in fields of medicine, psychology and pedagogics/education
- Students who want to enter the Master Course to become Certified Positive Psychotherapists have to do an interview with the Master Trainer(s) of the course. Finishing a Basic Course does not automatically allow to enter the Master Course. Being a psychotherapist is a profession for which certain personality traits are necessary. Suitable persons need to be identified.
- Centers and trainers will be asked to provide pre and after information on courses and participants.

MONITORING

The screenshot shows the 'UKR Trainers' form in the 'Ukraine monitoring' application. The form contains the following fields and values:

- TrainerCode: 22
- Last name: Lytyvenko
- First name: Olga
- WAPP ID: 960
- Country: Ukraine
- Email: olgali@ukr.net
- Trainer status: MT Full

A dropdown menu for 'Trainer status' is open, showing the following options:

- Basic Trainer
- MT for SD
- MT for Supervision
- MT for Theory
- MT Full (checked)
- Special (see Notes)

The 'Courses' table below the form shows a single entry for 'Lytyvenko' with the following data:

Col	Main trainer	Start date	End date	Number of particip	Number of gradu	Pre report	After report	Town	BC: UKR
UKR	Lytyvenko	06.03.2020	27.11.2020	14	12	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Odesa	Khanetsko

MONITORING

Ukraine monitoring : база данных- DIWAPP work\data base/Ukraine monitoring.accdb (Формат файла Access 2007-2016) - Access

Главная Создание Внешние данные Работа с базами данных Справка

Вставить Копировать Вставить по образцу Буфер обмена

Фильтр По возрастанию По убыванию Дополнительно Удалить сортировку Фильтр Сортировка и фильтр

Что вы хотите сделать?

Создать Итоги Обновить все Удалить Дополнительно Зависа

Найти Заменить Перейти Выбрать

Ж К Ч А - +

Форматирование текста

Все объект... Курсор

Поиск...

Таблицы

- Courses
- Other countries trainers
- Trainer status
- UKR Trainers

Формы

- Courses
- Courses подчиненная ...
- UKR Trainers

Add new Courses

Key:

Course No:

Type:

Main trainer:

Number of participants: Number of graduates:

Pre report: ☒ After report: ☒

Town:

Country:

Notes:

Start date: End date:

Module 1:	<input type="text" value="06.03.2020"/>	Module 5:	<input type="text"/>
Module 2:	<input type="text" value="15.05.2020"/>	Module 6:	<input type="text"/>
Module 3:	<input type="text" value="07.08.2020"/>	Module 7:	<input type="text"/>
Module 4:	<input type="text" value="23.10.2020"/>	Module 8:	<input type="text"/>
		Module 9:	<input type="text"/>
		Module 10:	<input type="text"/>

Exam date:

BC: UKR co-trainers (all):

BC: not UKR co-trainers (all):

MC: UKR M1 for theory (2 or 3):

MC: UKR SD leaders (2 or 4):

MC: UKR supervisors (2 or 5):

MC: non UKR co-trainers (all):

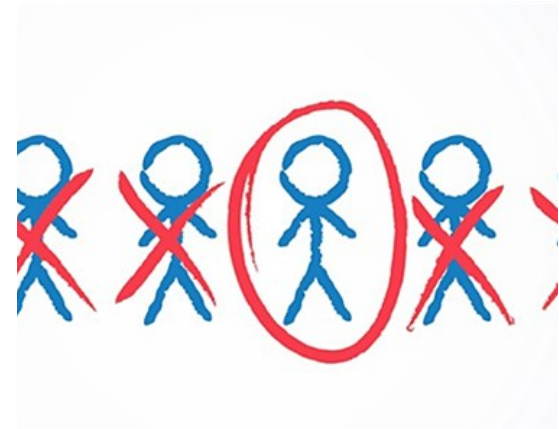
Записи: 1 из 1

Режим формы

Num Lock

12:07 20.01.2021

ASSESSMENT OF PARTICIPANTS AND TRAINERS



101 Ways To Get New Members



MEMBERSHIP

*EVERY PARTICIPANT
OF A BASIC COURSE
SHOULD BE
ENCOURAGED TO
BECOME A MEMBER
OF WAPP.*

How to order certificates from the Head Office

Certificates are issued at the Head Office and signed by the WAPP president in Wiesbaden. Usually; they are sent to you by post (registered international mail)

Therefore, please, proceed as follows:

- Order at least four weeks before the end of the course
- Send a complete list with all names (correct spelling)
- Give us the name of the signing trainer and the date that should be printed on the certificate
- Inform us about your way of payment
- Make the payment. Usually, we do not send out certificates before we have received the payment for them.



How to pay for certificates, membership fees etc.

There are basically 4 ways to pay fees to WAPP:

- **Bank transfer**
- **PayPal**
- **Credit card**
- **Cash at personal meetings**



Bank transfer and PayPal are most reliable. Credit card payment does not work for everyone, as some cards are not accepted.

Please do not send money by MoneyGram or Western Union!

They do not allow business payments and sometimes even refuse to hand out the money.

Thank you!





Translation and Distribution of Books

Support us by translating new books and with the distribution of existing and new books.

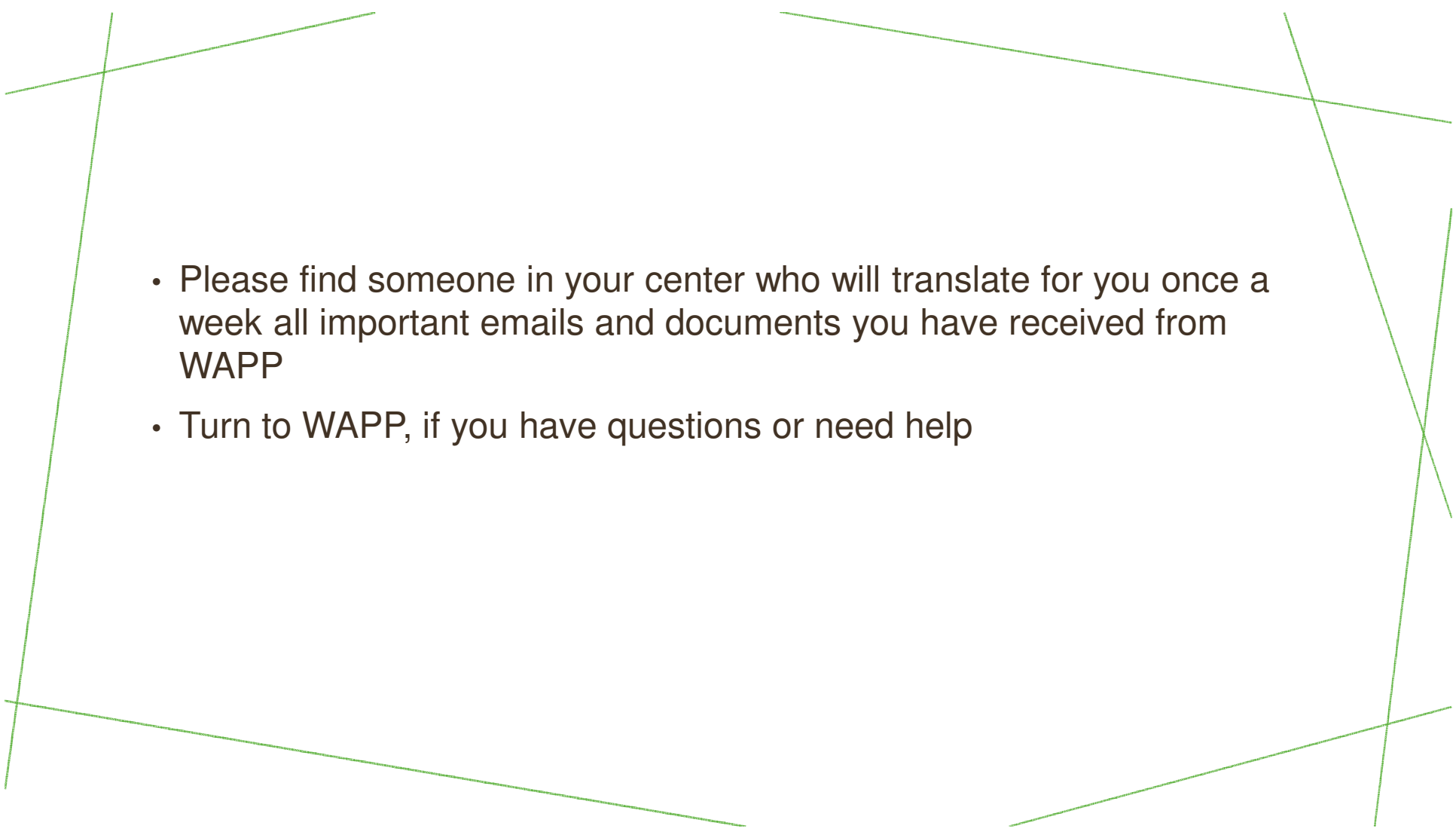




D0s



D0N'Ts

- 
- Please find someone in your center who will translate for you once a week all important emails and documents you have received from WAPP
 - Turn to WAPP, if you have questions or need help



COOPERATION BETWEEN CENTERS

**Our many Centers worldwide are an unmeasurable resource!
We should use this goldmine!**

- Scientific Multi-Center studies
- Use synergies nationally and internationally
- Exchange experience in conferences and Journal
- Transcultural exchange
- Contact with hundreds of specialists from many nations
- **Contact each other! Communicate!**

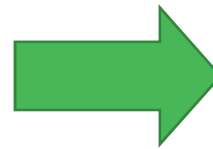




COOPERATION BETWEEN CENTERS

Avoid competitive situations and rivalry.

**See your colleagues as comrades
for the common cause!**



Problems in the Past – From WAPP Perspective

- Centers declaring their exclusiveness in a region or country (they do not allow other Centers or discredit them).
- Trainers or Center managers want to “control” their graduates and potential new trainers by binding them to their institute.
- Trainers or Centers do not stick to the WAPP Training Standards and develop their own standards or mix Positive Psychotherapy with other methods or even water it down to something completely different.
- Certificates are handed out to course participants who are not eligible to get them (missing requirements).
- Certificates are sold or handed out as gifts for friends and relatives.
- Payments for fees are being delayed and procrastinated.
- “Dumping price” for seminars, trainers etc.
- Acceptance of participants without prior assessment

These and other problems eventually led to lost reputation, lost licenses and leaving our community.

➡ **Working together multiplies success, working against each other multiplies problems.**

**Teacher at the beginning
of the school year**



TeachingMadeEasier.com

**Teacher at the end
of the school year**



