

**2007**

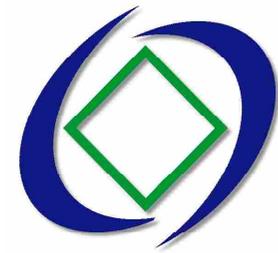
*Issue No. 1*

Published on 02/03/2007

# Positum International News

*International Newsletter on Positive and Transcultural Psychotherapy*

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Editorial

## Global News – International Institutions

### **A Newsletter for Global Communication in Positive Psychotherapy**

In the last couple of years, the international community on Positive Psychotherapy has become bigger and bigger. Moreover, whilst in the past the communication was very much triggered by senior lectures from Germany, the community has now established its character as a living network. Friendships have been established and people from different centers cooperate with each other. This brings up the need for new means of communication, too. To address this need, the International Center of Positive Psychotherapy (ICPP) and the International Academy of Positive and Transcultural Psychotherapy - Peseschkian Foundation (IAPP) have teamed up to publish this newsletter. "Positum International News" seeks to make the information and activities around Positive Psychotherapy transparent to the worldwide community. The procedure is simple: Activities which may be interesting for people within the community are presented shortly. For anybody who wants to find out more, an e-mail- or web-address is given, too. So, if you are doing interesting things with Positive Psychotherapy, please support the community and let us know. A second objective for the newsletter should be mentioned, too. In the future, some people might want to know how Positive Psychotherapy has developed. So, maybe we will be able to view this newsletter as a log-file of its contemporary history. For now, please enjoy reading.

Christian Henrichs, Editor  
Board member ICPP (Information Manager), Member of Board of  
Trustees IAPP (Secretary) (e-mail: [henrichs@interpunction.net](mailto:henrichs@interpunction.net))

### **IV. World Congress for Positive Psychotherapy will be held in October 2007 in Northern Cyprus**

The 4<sup>th</sup> World Congress for Positive Psychotherapy will be held in Famagusta, Northern Cyprus, between 15<sup>th</sup> and 20<sup>th</sup> October 2007. Up to 300 participants are expected. Children and family members are welcome. The conference title is "Life, Love and Balance as challenges to Positive Psychotherapy". Current information on the congress will be available from [www.positumcyprus.org](http://www.positumcyprus.org). Local organiser is Cyprus Center of Positive Psychotherapy, Associate Professor Ebru Cakici (e-mail: [ebrucakici@yahoo.com](mailto:ebrucakici@yahoo.com)). For international aspects, please contact [icpp@positum.org](mailto:icpp@positum.org).

### **Positive Psychotherapy Awards will be provided in 2007**

International awards for Positive Psychotherapy will be provided by the Peseschkian Foundation – International Academy for Positive and Transcultural Psychotherapy this year for the first time. The awards will be delivered at the closing ceremony of the world congress in Cyprus in October 2007. International members of an independent scientific panel of judges will decide for the awarded winners. The deadline for submission of nomination presentations is June 30<sup>th</sup>, 2007. A call for proposals will be available from begin of April 2007 on [www.wiap.de](http://www.wiap.de), [www.positum.org](http://www.positum.org) and [www.peseschkian-stiftung.org](http://www.peseschkian-stiftung.org).

**2007**

Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## VII. International Training Seminar for Positive Psychotherapy successfully completed in Wiesbaden in August 2006

End of August 2006, the annual "International Training Seminar for Positive Psychotherapy" (ITS) took place in Wiesbaden. More than 70 colleagues from 15 countries participated. For more information, please contact [icpp@positum.org](mailto:icpp@positum.org).

## International Center of Positive Psychotherapy (ICPP): New board of Directors elected / New membership fees

At the annual plenary meeting of the Centers of Positive Psychotherapy a new board of directors was elected for the next three years. The board members are (in alphabetical order): Hans Bräuer (South Africa), Enver Cesco (Kosovo), Vladimir Karikash (Ukraine, vice-chairperson), Ivan Kirillov (Russia, treasurer), Christian Henrichs (Germany, communication manager), Gabriela Hum (Romania, secretary), Hamid Peseschkian (Germany, chairperson), Manije Peseschkian (Germany), Shridhar Sharma (India). For contact, please e-mail to the secretary ([gabriela.hum@positum.ro](mailto:gabriela.hum@positum.ro)). Nossrat Peseschkian is honorary board member of ICPP.

New fees for ICPP membership have been decided, too: 100 Euros for associations per year; 50 Euros for centers per year; 20 Euros for individuals per year. For questions, please contact the treasurer of the ICPP board, Ivan Kirillov (e-mail: [ivan@positum.net](mailto:ivan@positum.net)).

## Wiesbaden Academy (WIAP) has moved to bigger venue and opens up a large polyclinic

Wiesbaden Academy for Psychotherapy (WIAP) – which also hosts the head office of the International Center for Positive Psychotherapy (ICPP) – has moved to a bigger venue. This change of location had become necessary due to constantly increasing numbers of candidates and patients. The new academy facilities have 7 seminars rooms, a big

lecture hall for an audience of 100 people, various rooms for the administrative staff and 13 rooms for treatment of clients. In this course, the status of the therapeutic ambulance has changed to become a polyclinic where currently 150 clients are directly treated and another 350 clients' treatments are supervised and coordinated. The president of the German Psychotherapy Chamber ("Bundespsychotherapeutenkammer"), Rainer Richter, was one of the speakers at the opening ceremony of the polyclinic. For more information, please visit [www.wiap.de](http://www.wiap.de) or contact [info@wiap.de](mailto:info@wiap.de).

## Establishment of the International Academy for Positive Psychotherapy (IAPP)

The International Academy for Positive and Transcultural Psychotherapy - Peseschkian Foundation (IAPP) has been established in 2005. It engages in the development of Positive Psychotherapy world-wide and its application in human society (e.g. emotional growth, positive education and cross-cultural conflict resolution). In 2006, it extensively engaged in the international development of Positive Psychotherapy. Some of these activities are described in this newsletter. The website of the foundation now also features information in English. ([www.peseschkian-stiftung.de](http://www.peseschkian-stiftung.de)). At the end of the newsletter, targets and goals of the foundation are documented.

# 2007

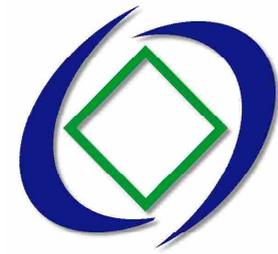
Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Reports from the Centers and International Teaching Activities

### Baltic Countries

#### Positive Psychotherapy in Latvia and Lithuania

Positive Psychotherapy has now been established for 5 years in Latvia by Alla Makarenko. At present, there are groups in Latvia and Lithuania (trainer: Ivan Kirillov). Furthermore, there are seminars at the university level and broad coverage in the media. For further information, please contact Alla Makarenko (e-mail: [positum@ok.lv](mailto:positum@ok.lv)) or Ivan Kirilov (e-mail: [ivan@positum.net](mailto:ivan@positum.net)).

### Bolivia

#### First International University Program at Masters Level Completed

At the UTEPSA University in Santa Cruz, Bolivia, the first Masters on Positive Psychotherapy as a University program has been successfully completed. 18 Persons received their degree from University and Government in May 2006. Between 2003 and 2006 the following psychotherapists and faculty members were involved in this project: Christian Henrichs, Wolfgang Hönmann, Helmut Woelk, Claudia Christ, Arno Remmers, Thomas Kornbichler, Tillmann Jossé, Nossrat Peseschkian und Manije Peseschkian. (For more information please contact [info@wiap.de](mailto:info@wiap.de)).

### Brazil

#### Salvador Bahia

In 2006, courses on Positive Psychotherapy were conducted at Faculdade Rui Barbosa (FRB) and Centro Universitario Faculdades Integrada da Bahia (FIB). Positive Psychotherapy was also presented at the 26<sup>th</sup> Latin American Psychiatrists Congress by Nossrat Peseschkian. For more information please contact Manfred Prinz, University Giessen, Germany (e-mail: [Manfred.Prinz@sprachen.uni-giessen.de](mailto:Manfred.Prinz@sprachen.uni-giessen.de)).

### Bulgaria

#### Positive Psychotherapy in Bulgaria

In 2006, a national summer conference took place in Sofia for five days (organised by Milena Manova). At present about 12 training groups are running throughout the country. Ivanka Boncheva has finished her State Doctorate/Dissertation (“psychological parameters of the communication medical doctor – patient” including the five stages model of Positive Psychotherapy) and is now professor for clinical psychology focussing on Positive Psychotherapy. Prof. Todorov as the former chair of psychiatric university clinic the whole activity of Positive Psychotherapy since 1982 and became a honorary professor of ICPP. Iliia Peev has also received his State Doctorate and teaches Positive Psychotherapy at the Free University of Varna and at the Marine Academy in Varna. He published “Positive Psychotherapy in the modern army and the society” in 2002. His dissertation “Possibilities in the Use of psychotherapeutic methods in the preparation of the today army – problems and perspectives” (2003) refers to Positive Psychotherapy as well as many other publications. In November 2006, two WIAP-Faculty members, Arno Remmers and Udo Boessmann,

# 2007

Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



conducted three days of seminars on Positive Psychotherapy in Varna at the 5<sup>th</sup> National Conference on Positive Psychotherapy in Veliko Tarnova, Bulgaria, including a training group for 10 Bulgarian trainers for Positive Psychotherapy. For more information, please contact Ivanka Boncheva (e-mail: [ibontcheva@yahoo.com](mailto:ibontcheva@yahoo.com)).

## China

### Various Activities in Shanghai, Hangzhou and Beijing

A whole set of seminars was held in China: The lecturers were Fuguo Chen, Nossrat and Manije Peseschkian, Agnes and Bijan Ghaznavi, Christian Henrichs and Nawid Peseschkian. The following institutions currently offer programs on Positive Psychotherapy in China: Shanghai Jiaotong University, Department of Medical Psychology (Fuguo Chen), Shanghai East China Normal University (Mrs. Geng), Hangzhou Hejian University, School of Psychology and Behavioral Sciences (Jianhong Ma), Beijing Medical University, Department of Medical Psychology, Training Center for Psychotherapy (Mr. Hu), Beijing Normal University, China Training Center of Positive Psychotherapy. For more information, please contact Nossrat Peseschkian (e-mail: [nossrat@peseschkian.com](mailto:nossrat@peseschkian.com)) or Melody Qu (e-mail: [professional\\_exchange@yahoo.com](mailto:professional_exchange@yahoo.com)).

## Cyprus

### First Basic Training Half Way Through

In Northern Cyprus, more than 90 participants are currently undergoing a 5 module basic course for basic training in Positive Psychotherapy according to regulations of ICPP. The lecturers so far have been Nossrat and Manije Peseschkian (module 1), Sheyda Rafat (module 2) and Christian Henrichs (module 3). The next two modules will be held

by Hurol Fisiloglu from Turkey and Thomas Kornbichler from Germany. The course will be completed until the world congress in 2007. A masters course will continue after this education programme. For further information, please contact the local organiser Ebru Cakici, (e-mail: [ebrucakici@yahoo.com](mailto:ebrucakici@yahoo.com)).

### Keynote Lecture at Large Students' Congress

The 12th National Psychology Students' Congress of Turkey will be at the Near East University Cyprus. About 1000 psychology students from different universities of Turkey and about 30-35 academicians from Psychology Departments of different universities are expected to come. The main topic of the congress is 'Lives Under Risk' and the keynote lecture will be given by Nossrat Peseschkian, Germany. For further information, please contact organiser Ebru Cakici, Head of Near East University Psychology Department (e-mail: [ebrucakici@yahoo.com](mailto:ebrucakici@yahoo.com)).

## Czech Republic

### Regular Training Programs

The current training group on Positive Psychotherapy in the Czech Republic is due to finish at the end of 2007. Amongst the lecturers in this course was John Okoro from Austria. The next international speaker will be Gunther Hübner from Germany. In 2006, there also was a Czech-Russian international seminar (Czech and Russian students together) with Vladimir Slabinsky from St. Petersburg at the Arcana institute in Brno. For more information please contact Jiri Kulka (e-mail: [kulka@arcana.cz](mailto:kulka@arcana.cz)).

**2007**

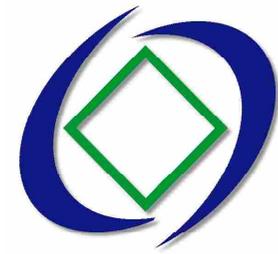
Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Ethiopia

### Travel Teaching

Helmut Woelk and Margot Matthis presented Positive Psychotherapy in Ethiopia in cooperation with Helga Mengisto-Faust from IAPP board of trustees. Lectures and seminars were held in different regions: in clinics, neurological and psychiatric hospitals as well as schools in Addis Abeba and other cities (contact: [dr.matthis@web.de](mailto:dr.matthis@web.de)).

## German-Speaking Countries

### New Course on Positive and Transcultural Psychotherapy in Germany, Switzerland and Austria

The International Academy for Positive and Transcultural Psychotherapy (IAPP) has established a new certificate training program on cross-cultural psychotherapy. It is designed for psychotherapists, counsellors and senior professionals in health, education and management. A pilot group with 25 participants has been successfully completed. New groups are currently starting in Bonn (in cooperation with the Iranian Association for Dentists and Medical Doctors), Stuttgart, Switzerland and Austria. For further information please contact: [peseschkian.foundation@positivepsychotherapy.org](mailto:peseschkian.foundation@positivepsychotherapy.org).

### Teaching in Austria

Lectures and courses on Positive Psychotherapy were held in Vienna and Klagenfurt by Nossrat Peseschkian. Further programs were organized by Ines Stein, John Okoro, Michael Katzensteiner and Reinhard Larcher. For further information please contact: [nossrat@peseschkian.com](mailto:nossrat@peseschkian.com).

### German Association (DGPP) organises Special Meeting on Couples

On 4<sup>th</sup> of march 2007, the German Association for Positive Psychotherapy (DGPP) will be running a special meeting ("Fachtagung") with selected speakers and workshops on couple therapy. This kind of special events will run twice a year in the future. For further information, please contact the DGPP President Wolfgang Schuck (email: [wolfgangschuck@t-online.de](mailto:wolfgangschuck@t-online.de)) or visit [www.dgpp.net](http://www.dgpp.net).

### Wiesbaden Academy: New Courses for Medical Doctors / Graduates in 2006

From 2007, WIAP Academy offers two new course formats for medical doctors. One is "psychosomatic basic care", the other one is "psychotherapy for medical specialists". Both fit to German regulations for medical doctors and supplement the existing curricula for medical and psychological psychotherapist, children- and youth therapists, and family and conflict counsellors at WIAP Academy.

In 2006, 8 medical, psychological and children and youth psychotherapists have been graduated from Wiesbaden Academy for Psychotherapy (WIAP). Additionally, 16 participants have been graduating from 10 module course on positive family and conflict counselling. At the moment, more than 280 candidates are enrolled at WIAP and 350 seminars at 42 weekends take place per year. For more information, please contact [info@wiap.de](mailto:info@wiap.de).

### Positive Counselling with Paritätische Akademie in Wuppertal

The Paritätische Akademie in Wuppertal has been working on Positive Counselling („Positive Konfliktberatung“) which has been derived from Positive Psychotherapy for more than 15 years already. Current activities include three certificate-programs: on conflict counselling ("Konfliktberatung"), family counselling ("Familienberatung") and

**2007**

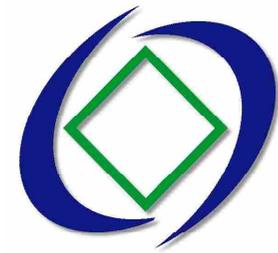
Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



Resources-Coaching. The Academy also maintains a large network of positive counsellors. The main lecturers are Gunther Hübner and Birgit Werner, both also lectures at Wiesbaden Academy. The program are coordinated by Rolf Sauer (email: [rolf.sauer@paritaet-nrw.org](mailto:rolf.sauer@paritaet-nrw.org)). Further information can also be found (in German) at [www.positive-beratung.de](http://www.positive-beratung.de).

## Positive Psychotherapy Training in Berlin

The "Märkisches Institut für Psychotherapie", located close to Berlin, is a regional center for Positive Psychotherapy. It offers courses for „Life-Balance-Counsellor (MIP)“ as well as psychotherapy postgraduate courses. In April 2007, a new program on Positive Psychotherapy will start. In 8 weekends topics such as "Basics of Positive Psychotherapy" or "Five steps of counselling" are addressed. The course also features individual seminars for each area in the balance model. For more information, please visit [www.psychokompetenz.de](http://www.psychokompetenz.de) or contact the director of the institute, Thomas Kornbichler (email: [ThKornb@aol.com](mailto:ThKornb@aol.com)). Together with Manije Peseschkian Thomas Kornbichler has written a biography on Nossrat Peseschkian.

## New Website on Positive Conflict Counselling ("Positive Konfliktberatung")

A homepage has been constructed for the German conflict counsellors ("KonfliktberaterInnen") working on the basis of the Positive Psychotherapy approach ([www.positive-konfliktloesung.de](http://www.positive-konfliktloesung.de)). German speaking counsellors that are interested to participate please contact the publishers of this website Markus Lützenkirchen and Susanne Rudolf (e-mail: [mclue@positive-konfliktloesung.de](mailto:mclue@positive-konfliktloesung.de)). (Note: this website is not run by WIAP or any of the official institutions.)

## India

### Two more Books of Nossrat Peseschkian published in English

Two of the latest books of Nossrat Peseschkian have now been translated into English: One is: "Life is a paradise - to which we can find the key. A holistic and practical guide to optimise mind and body." (ISBN-13: 9781845576639, ISBN-10: 1-84557-663-2). The other one is: "If you want something you never had, then do something you never did. Stories and maxims" (ISBN: 1-84557-509-1). Both are published with New Dawn Press, Sterling Publishers, New Delhi. For further information please contact: [nossrat@peseschkian.com](mailto:nossrat@peseschkian.com) or [sterlingpublishers@touchtelindia.net](mailto:sterlingpublishers@touchtelindia.net).

## Korea

### Publication in Korean Language

The book "Life is a Paradise to which we can find the key" by Nossrat Peseschkian has been released in Korea (ISBN 89-9015-609-X, 978-89-8015-609-2). Publisher is St. Pauls (103-36 Mia 9-dong Gangbuk-gu 142-806 Seoul, Korea, Tel. 02-9448-300, 02-986-1361, Fax. 02-986-1365).

## Kosovo

### New Center is Running

In Kosovo, a center for Positive Psychotherapy has been established. At present, the center organises trainings at university level and provides monthly 3-day trainings for family doctors and nurses on stress management and conflict solution. For more information, please contact [envercesko@hotmail.com](mailto:envercesko@hotmail.com).

# 2007

Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Portugal

### Magazine Contribution

Three psychologists from Portugal, two of them professors in Lisbon, participated in the 2006 International Training Seminar in Wiesbaden (for contact please e-mail to: [info@peseschkian-stiftung.de](mailto:info@peseschkian-stiftung.de)). Resulting, in the January 2007 issue of journal *Psychologia Actual*, an article on Positive Psychotherapy and the seminar has been published. Future articles are in preparation for the same magazine. For more information on this, please contact Sam Hadji (e-mail: [shc.psicologiaactual@gmail.com](mailto:shc.psicologiaactual@gmail.com)).

## Romania

### More than 150 People in Training

At the moment, the Romanian Association of Positive Psychotherapy has more than 150 people in training and groups of Positive Psychotherapy all over Romania. Romanian Association of Positive Psychotherapy was accredited by Romanian Federation of Psychotherapy in 2005. In the same year it received the accreditation from Romanian Medical Council and in 2006 from Romanian Council of Psychologists. At present 11 Romanian Positive Psychotherapists are certified by European Association of Psychotherapy (EAP). For further information, please contact [office@positum.ro](mailto:office@positum.ro).

## Russia

### Center Activities in Khabarovsk

In early 2006, the Center for Positive Psychotherapy in Khabarovsk (Russia) organised a psychosomatic conference at the local University. In late 2006, the Center moved to a new office. It has now three rooms

for taking patients, a library and a reception. The web site has also been relaunched and now features information in English, too ([www.cpp.khv.ru](http://www.cpp.khv.ru)). At the moment, the center is running three basic courses on Positive Psychotherapy in Khabarovsk, one in Komsomolsk, one in Krasnodar, and one in Blagoveschensk with 60 participants in the teaching process. In the near future, basic courses will be launched in two more cities. The three trainers of the center regularly give lectures at different universities in far east Russia. Further activities of the center are the psychotherapy of children, balint groups and cooperation with local institutions. For more information, please contact Maxim Goncharov (e-mail: [goncharov@cpp.khv.ru](mailto:goncharov@cpp.khv.ru)).

### New Program in Moscow

At the Institute of Positive Psychotherapy, Moscow, besides the training of Positive Psychotherapy, new programs for work with children from 7 till 16 years, have started with the academic years 2006 and 2007. For further information, please contact Nadezhda Osipova (e-mail: [business@ippt.ru](mailto:business@ippt.ru)).

### Moscow: Textbook for Basic Courses

A textbook for the basic course of Positive Psychotherapy will be released in March 2007 in collaboration with Megapress-Group (LV). The Positum Group also runs basic and master courses. It has been accredited by ICAS, the leading British EAP company to provide ongoing mental health program for BP (Russia), Dupont (Russia) and Air Product (Russia). For more information please contact [ivan@positum.net](mailto:ivan@positum.net).

# 2007

Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Seminars in Vladivostok

Seminars in Vladivostok were held at State Medical University and Vladivostok Positive Psychotherapy Center. For more information please contact Ilya Gennadevich Ulyanov (e-mail: [ulyanov@mail.primorye.ru](mailto:ulyanov@mail.primorye.ru)).

## United Kingdom

### Lecture in London

In February 2007, a lecture on Positive Psychotherapy has been given at the London Esperanto Club. For more information please contact Klarita Velikova (e-mail: [senfine@yahoo.com](mailto:senfine@yahoo.com)).

## Turkey

### Seminars in Istanbul

In 2006, two postgraduate seminars were held in cooperation with Istanbul Association of Psychiatry and Rukiye Hayran (lecturers: Nossrat and Manije Peseschkian, e-mail: [nossrat@peseschkian.com](mailto:nossrat@peseschkian.com)).

### Presentation at School Counselling Congress

At the First National School Counselling Application Congress in 2006 at The University of Mersin in Turkey, Positive Psychotherapy was presented by Ali Eryilmaz of Ankara University, Department of Educational Psychology. The focus was on using narratives and stories in school counselling. For more information, please contact [erali76@hotmail.com](mailto:erali76@hotmail.com).

## Ukraine

### More than 100 Graduates and Extensive Training Activity

In Ukraine, the "Ukrainian Institute for Positive Psychotherapy and Management" was established. A first national conference for Positive Psychotherapy was conducted in 2006. Every year, around 100 participants graduate from the basic courses. In September 2006, a basic course in Nezhin finished (trainer: Yurii Kravchenko). In October, a basic course opened in Ivano-Frankovsk (West Ukraine) and a master course opened in Dnipropetrovsk (East Ukraine). In November, further basic courses started in Kyiv and Dnipropetrovsk. At present, basic and master courses continue in 7 cities of Ukraine (with more than 150 participants enrolled). A further work focus of the Ukrainian association is the educational project "Coaching in the positum-approach way". The specialists of Positive Psychotherapy in the Ukraine present their work at various conferences. For more information, please contact Vladimir Karikash (e-mail: [positum@uch.net](mailto:positum@uch.net)). In May 2007, Nossrat Peseschkian, Vladimir Karikash and others will contribute to a large conference on diabetes in Kiev. For further information, please contact Ekaterina Ovcharek ([ovcharek@bigmir.net](mailto:ovcharek@bigmir.net)) or Elena Sakalo ([eas@novonordisk.com](mailto:eas@novonordisk.com)).

## U.S.A.

### Presentations in San Francisco and Oklahoma

In Summer 2006, Positive Psychotherapy was presented at a scientific conference by Nossrat Peseschkian and Christian Henrichs. In late 2006, Positive Psychotherapy was presented by Shawn Khavai at the Psychiatry Department University of Oklahoma. For more information, please contact: [info@peseschkian-stiftung.de](mailto:info@peseschkian-stiftung.de).

**2007**

Issue No. 1

Published on 02/03/2007

# Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Awards, Publications and Research

### Order of Merit of Federal Republic of Germany

In January 2006, Nossrat Peseschkian received the Order of Merit, Distinguished Service Cross of the Federal Republic of Germany. (Bundesverdienstkreuz). The President of the Federal Republic of Germany, Horst Köhler, signed the Document: *"This Order is the highest recognition of the Federal Republic of Germany for those citizens who have acquired distinguished services and achievements in social-economical, political and spiritual fields as well as their particular services for the Republic for example social charity and humanitarian aid."* For further information, please contact [peseschkian.foundation@positivepsychotherapy.org](mailto:peseschkian.foundation@positivepsychotherapy.org).

### Association of the Iranian Physicians and Dentists in Germany

In June 2006, Association of Iranian Physicians and Dentists in Germany (VIA) honored Nossrat Peseschkian with the International Avicenna Award of Excellence in Teaching and Research in Medical Sciences (e-mail: [info@khanun.org](mailto:info@khanun.org)).

### Encyclopaedia Iranica

In November 2006, Nossrat Peseschkian was the honouree of the Encyclopaedia Iranica Award at the Geneva Avicenna Gala, which honoured outstanding physicians, who have made notable contributions to the advancement of the medical field. Encyclopaedia Iranica is a branch of Columbia University in New York, United States. For more information please visit: [www.iranicagoeneva.ch](http://www.iranicagoeneva.ch).

### Ernst-von-Bergmann-Plaque

Helmut Woelk was honoured the Ernst-von-Bergmann-Plaque from the Federal Medical Chamber 2006 for his continuous work in the field of psychotherapy and medicine. For further information, please e-mail to [helmut.woelk.prof@t-online.de](mailto:helmut.woelk.prof@t-online.de).

### New Book in German by Nossrat Peseschkian and Raymond Battegay / 2007 Translations into Turkish, Korean and Esperanto

At the Frankfurt book fair 2006, a new book of Nossrat Peseschkian and Raymond Battegay was presented: "Die Treppe zum Glück. 50 Antworten auf die großen Fragen des Lebens." ("The stairway to happiness. 50 answers to the great questions of life"). The first edition has been released with a number of 20.000 copies. The book is published by Fischer Verlag. (ISBN-13: 978-3-596-17112-5, ISBN-10: 3-596-17112-1).

The following books by Nossrat Peseschkian are currently being translated and prepared for publication in 2007: Turkish - "Life is a Paradise to which we can find the Key" (edited for Turkish language by Hürol Fisiloglu). Korean - "Oriental Stories as Tools in Positive Psychotherapy" (Merchant and Parrot). Esperanto - "If you want something you never had, then do something you never did". For translation inquiries, please contact: [nossrat@peseschkian.com](mailto:nossrat@peseschkian.com).

### Call for International Research Projects

Suggestions for new international research projects are welcome. Please contact the board of trustees of Peseschkian Foundation (e-mail: [peseschkian.foundation@positivepsychotherapy.org](mailto:peseschkian.foundation@positivepsychotherapy.org)).

**2007**

*Issue No. 1*

Published on 02/03/2007

# Positum International News

*International Newsletter on Positive and Transcultural Psychotherapy*

Published by The International Center of Positive Psychotherapy (ICPP) and  
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



## Documentation Feature

### Targets and Goals of the International Academy of Positive and Transcultural Psychotherapy – Peseschkian Foundation (IAPP)

1. Contribute to creating and establishing a culture of cooperation and understanding.
2. Encourage and motivate political and religious leaders, scientists, economists and individuals for the purpose of unity in diversity. Exchange and interchange of ideas with other social and therapeutic organisations.
3. Science and research, in cases of conflict resolution and stress management as contributions to the development of peace.
4. Integral professional and scientific exchange in the educational and therapeutic work with children, adolescents and adults on an international basis.
5. Practical application for further education and postgraduate education in the form of seminars and workshops in the field of Positive and Cross-cultural Psychotherapy as well as Positive Family Therapy.
6. Health and well-being as being imbedded in a holistic system.
7. Self-help as a resource-orientated approach.
8. Counsel and guide individuals, families and organisations in terms of education, upbringing, economy- and society-related issues.
9. Social fairness and international justice.
10. Application of psychotherapy and psychosomatics as a resource-oriented and conflict-centred short-term therapy.
11. Diminish prejudice, advancement of sexual equality, the combat of poverty, structural aid in the fields of demographic, educational and health policy, as well as old-age support.

12. Establish and preserve an international archive on Positive and Cross-cultural Psychotherapy.
13. Maintain and expand an extensive library.
14. Award “Positive Psychotherapy Prizes” in different categories in Germany and abroad.

## Positum International News

### Imprint, Subscriptions and Contributions

This newsletter is published by the International Center for Positive Psychotherapy (ICPP) c/o WIAP-Academy, Luisenstr. 28, 65185 Wiesbaden, Germany, [www.positum.org](http://www.positum.org), and the International Academy for Positive and Transcultural Psychotherapy (IAPP), Langgasse 38, 65183 Wiesbaden, Germany, [www.peseschkian-stiftung.de](http://www.peseschkian-stiftung.de).

Subscription is free for everybody interested in Positive Psychotherapy. For subscription, please send a blank e-mail to the editor with the title “subscribe pp-newsletter” (send “unsubscribe pp-newsletter”, to not receive the newsletter anymore). If you are a group of people interested in the newsletter, please send a text file with the e-mail-addresses. You are welcome to publish your news related to Positive Psychotherapy here. Due to limited resources, contributions need to be short, simple and well-prepared. Please send your contributions to the editor with a header “contribution pp-newsletter”. An entry should only feature text information and not exceed 100 to 150 words. Please add an e-mail-and/or web-address for further information. Please send subscriptions and contributions to [henrichs@interpunction.net](mailto:henrichs@interpunction.net).