

**Program of Online International Training Seminar of PPT 2021 "Stay in Balance, Stay Positive, Stay Connected"**

**9-10 October 2021, ZOOM, Eastern European Time (EET) Time zone: Bulgaria, Romania, Ukraine etc. (for CET = 1 hour earlier!)**

**22nd International Training Seminar of the World Association for Positive and Transcultural Psychotherapy.**

**Saturday, 9 October 2021 (only for trainers and candidate-trainers)**

	Main meeting room (room 1)						
8:30-9:00	PLENARY: <b>Music, moving, dancing, yoga with Galina Skryabina</b>						
9:00-9:15	PLENARY: <b>Welcoming and opening of the ITS by Hamid Peseschkian, WAPP president / Приветствие и открытие ITS президентом WAPP Хамидом Перешкианом</b> <i>English (with simultaneous Russian translation)</i>						
9:15-10:45	PLENARY: <b>Dr. Stefan Gross (Germany): Workshop: Didactics and Training Tools for Psychotherapy Seminars and Trainings / Мастер-класс: Дидактика и обучающие инструменты для семинаров и тренингов по психотерапии</b> <i>English (with simultaneous Russian translation)</i>						
15 min break							
	Main meeting room (1)	Room 2	Room 3	Room 4	Room 5	Room 6	Room 7
11:00-13:00 parallel supervision groups	Workshop (120 min): <b>Roman Ciesielski:</b> Supervision of cases (from trainings, from patients) <i>English</i>	Workshop (120 min): <b>Gabriela Hum:</b> Supervision of cases (from trainings, from patients) <i>English</i>	Workshop (120 min): <b>Pavel Frolov:</b> Супервизия кейсов (с тренингов, от пациентов) / Supervision of cases (from trainings, from patients) <i>Russian</i>	Workshop (120 min): <b>Vladimir Karikash:</b> Супервизия кейсов (с тренингов, от пациентов): Опора на четыре основных образа мышления при супервизионных интервенциях/ Supervision of cases (from trainings, from patients): Building on the four basic mindsets in supervisory interventions <i>Russian</i>	Workshop (120 min): <b>Olga Lytvynenko:</b> Супервизия кейсов (с тренингов, от пациентов) / Supervision of cases (from trainings, from patients) <i>Russian</i>	Workshop (120 min): <b>Enver Cesko:</b> Supervision of cases (from trainings, from patients) <i>Turkish</i>	Workshop (120 min): <b>Oana Cuesdeanu:</b> Supervision of cases (from trainings, from patients) <i>English</i>
Lunch break 1 hour							

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	Main meeting room (1)	Room 2	Room 3	Room 4	Room 5	Room 6	Room 7
14:00-15:30 parallel self-discovery groups	Workshop (90 min): <b>Arno Remmers:</b> Group self-discovery How to work with transference and counter transference in PPT <i>English</i>	Workshop (90 min): <b>John Okoro:</b> Group self-discovery Psychoanalysis meets Positive and Transcultural Psychotherapy in Self-analysis <i>English</i>	Workshop (90 min): <b>Maksim Chekmarev</b> Групповое самопознание / Group self-discovery <i>Russian</i>	Workshop (90 min): <b>Nadezhda Korshikova:</b> Групповое самопознание / Group self-discovery <i>Russian</i>	Workshop (90 min): <b>Christian Henrichs:</b> Group self-discovery <i>English</i>	Workshop (90 min): <b>Tugba Sari:</b> Group self-discovery <i>Turkish</i>	Workshop (90 min): <b>Ivan Kirillov:</b> Group self-discovery Psychosomatic Health <i>English</i>
15 min break							
	Main meeting room (room 1)						
15:45-17:45	PLENARY: <b>The World of Positive Psychotherapy: Review of the past 12 months and news, reports and discussion of Training Standards / Мир Позитивной Психотерапии: обзор последних 12 месяцев и новости, отчеты и обсуждение стандартов обучения</b> <i>English (with simultaneous Russian translation)</i>						

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Sunday, 10 October 2021 (open for everyone) - morning program									
	Main meeting room (room 1)								
8:30-9:00	PLENARY Music, moving, dancing, yoga with Galina Skryabina								
9:00 - 9:15	Welcoming and opening; highlights of the last year by Hamid Peseschkian, WAPP president/ Приветствие и открытие; основные моменты прошлого года президентом WAPP Хамидом Перешкианом <i>English with simultaneous Russian translation</i>								
9:15-10:00	PLENARY: Roundtable with 5 participants. Moderator: Ivan Kirillov Transcultural pandemic: psychotherapeutic insights into cultural peculiarities / Круглый стол с 5 участниками. Модератор: Иван Кириллов Транскультуральная пандемия: психотерапевтическое понимание культурных особенностей <i>English with simultaneous Russian translation</i>								
15 min break									
	Main meeting room (1)	Room 2	Room 3	Room 4	Room 5	Room 6	Room 7	Room 8	Room 9
10:15-11:45 parallel workshops 90 minutes	Workshop (90 min): <b>Gunther Hübner:</b> Group self-discovery <i>English</i>	Workshop (90 min): <b>Gabriela Hum:</b> Group self-discovery <i>English</i>	Workshop (90 min): <b>Julia Dremina:</b> Групповое самопознание «Навыки распознавания эмоций как инструмент самопомощи для клиентов» / Group self-discovery "Emotion Recognition Skills as a Self-Help Tool for Clients" <i>Russian</i>	Workshop (90 min): <b>Svitlana Otenko:</b> Групповое самопознание «Исследование терпения» / Group self-discovery "Study of patience" <i>Russian</i>	Workshop (90 min): <b>Gülsen Varlikli:</b> Group self-discovery <i>Turkish</i>	Workshop (90 min): <b>Olga Lytvynenko:</b> Супервизия кейсов (с тренингов, от пациентов) / Supervision of cases (from trainings, from patients) <i>Russian</i>	Workshop (90 min): <b>Oana Cuesdeanu:</b> "Body can shape your mind - practical guide for working with patients who undergo surgery" <i>English</i>	Workshop (90 min): <b>Patrycja Badecka, Klaudia Sujecka:</b> Therapist's Self-Support – how to develop therapeutical self-confidence through metaphorical path <i>English</i>	Workshop (90 min): <b>Ioana Bodor:</b> Self-knowledge and continuous self-discovery. Why does it matter? <i>English</i>
15 min break									

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12:00-12:30	<p>Presentation (60 min): <b>Fariba Karamloo, Anna Wyszadko:</b> Two sides of the coin: Resilience and Stress / Две стороны медали: устойчивость и стресс</p>	<p>Presentation (30 min): <b>Farid Peseschkian:</b> The Discovery Course: Introduction of a manual-based program to study Positive Psychotherapy</p>	<p>Presentation (30 min): <b>Liudmyla Moskalenko:</b> Key conflict like the Amazon River: inventory directions and psychotherapy strategy</p>	<p>Presentation (60 min): <b>Solomon Abebe:</b> Positive and Transcultural Psychotherapy in Reducing Psychogenic Pain during Emotional Pandemic</p>	<p>Presentation (60 min): <b>Oksana Nikonova:</b> 20 questions for self-supervision/ 20 вопросов для самоконтроля</p>	<p>Presentation (60 min): <b>Svitlana Kyrychenko:</b> Дифференциальный анализ психоаналитических характерологий / Differential Analysis of Psychoanalytic Characterologies</p>	<p>Presentation (60 min): <b>Tetiana Zhumatii:</b> Интегративный подход в понимании процесса горевания/ An integrative approach to understanding the grieving process</p>	<p>Presentation (30 min): <b>Iryna Barsukova :</b> Применение инструментов Позитивной психотерапии у клиента с умеренной депрессией / Applying Positive Psychotherapy in a Client with a Mild Depressive Episode</p>	<p>Presentation (60 min): <b>Prof. Cheng Yanhong, Liu Yang (Ocean)</b> Cooperation and consultation - Working alliance between psychiatrists and psychotherapists</p>
12:30-13:00	<p><i>English (with simultaneous Russian translation)</i></p>	<p>Presentation (30 min): <b>Ivan Pleshakov:</b> The state of actual capacity "Trust" in Russia during the pandemic</p>	<p>Presentation (30 min): <b>Daria Krebs:</b> Working with clients from IT sphere</p>					<p>Presentation (30 min): <b>Kateryna Fylyppova:</b> Работа с 14-летней девочкой с судорожным расстройством / Working with a 14-year-old girl with convulsive disorder</p>	<p><i>Chinese (with simultaneous English translation)</i></p>
Lunch break 1 hour									

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### Sunday, 10 October 2021 (open for everyone) - afternoon program

	Main meeting room (1)	Room 2	Room 3	Room 4	Room 5	Room 6	Room 7	Room 8	Room 9
14:00-14:30	Workshop (90 min): <b>Andre Marseille</b> Discovering though the Balance Model Arbitrary and Concerted Introspection and Psychoanalysis <i>English</i>	Workshop (90 min): <b>Stefan Mennemeier</b> Positive Psychotherapy + Traumatherapy <i>English</i>	Workshop (60 min): <b>Olena Davydenko</b> От верности к себе к глубинному доверию по Модели Баланса и Модели Отношений/ From loyalty to oneself to deep trust according to the Balance Model and model of relationship <i>Russian</i>	Presentation (30 min): <b>Daniil Avdeev:</b> Итак, синдром самозванца ... / So, here's the imposter syndrome... <i>Russian</i>	14:00-14:45 Presentation (45 min): <b>Arno Remmers:</b> Positive psychodynamic therapy - new aspects of intersubjectivity and embodiment / Позитивная психодинамическая терапия - новые аспекты intersубъективности и воплощения <i>English (with simultaneous Russian translation)</i>	14:00-14:45 Presentation (45 min): <b>Tetyana Pavlenko:</b> Работа с сексуальностью в Позитивной Психотерапии/ Dealing with Sexuality in Positive Psychotherapy <i>Russian</i>	14:00-14:45 Presentation (45 min): <b>Maiia Lukova:</b> Транскультуральный и дифференциально-контентный анализ вашей страны на примере Украины/ Transcultural and differential-content analysis of your country on the example of Ukraine <i>Russian</i>	Workshop (90 min): <b>Aleksandra Zarek</b> Enhancing Integrity in Time - Integrating the Balance Model with 7 Habits of Effectiveness <i>English</i>	
14:30-15:00				Presentation (30 min): <b>Maria Demina:</b> Ответственность тренера и супервизора за формирование этических норм в профессиональном сообществе/ Responsibility of the trainer and supervisor for the formation of ethical standards in the professional community <i>Russian</i>					

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15:00-15:30			<p>Presentation (30 min): <b>Friedhelm Röder:</b> To keep silent – a multitask ability in the light of PPT <i>English</i></p>	<p>Presentation (30 min): <b>Natalya Remesnyk:</b> Коррекция пищевого поведения с помощью позитивной психотерапии/ Correction of eating disorders with positive psychotherapy <i>Russian (with simultaneous English translation)</i></p>	<p><b>14:45-15:30</b> Presentation (45 min): <b>Maksim Chekmarev:</b> Original sin in Kierkegaard philosophy and PPT views on factors of differentiation <i>English</i></p>	<p><b>14:45-15:30</b> Presentation (45 min): <b>Oleksandra Nizdran-Fedorovych:</b> Educational self-discovery in the Ukrainian Institute of Addiction Psychotherapy project “Sexology” <i>English</i></p>	<p><b>14:45-15:30</b> Presentation (45min): <b>Olena Savchuk:</b> Упражнения, схемы и другие практические идеи для Базового курса/ Exercises, diagrams and other practical ideas for the Basic Course <i>Russian with English translation</i></p>	<p>Presentation (30 min): <b>Liudmyla Serdiuk:</b> Диагностические возможности Висбаденского опросника (WIPPF) в исследовании психологического благополучия, жизнестойкости и удовлетворенности жизнью / Diagnostic possibilities of Wiesbaden inventory for Positive Psychotherapy and family therapy (WIPPF) in the research of psychological well-being, hardiness and life satisfaction <i>Russian</i></p>	
30 min break									
Main meeting room (room 1)									
16:00-17:00	<p>PLENARY: <b>International story telling as a tool of Positive Psychotherapy. Moderator: Anna Wyszadko</b> (5 colleagues from different countries will tell their favorite therapeutic stories) / <b>Интернациональный рассказ как инструмент Позитивной Психотерапии. Модератор: Анна Вышадько</b> (5 коллег из разных стран расскажут свои любимые терапевтические истории) <i>English with simultaneous Russian translation</i></p>								
17:00-17:30	<p>PLENARY: <b>Summary and closing of the ITS 2021</b> Presentation of the next world congress in Greece in October 2022 / <b>Итоги и закрытие ITS 2021</b> Презентация следующего всемирного конгресса в Греции в октябре 2022 года <i>English with simultaneous Russian translation</i></p>								
17:30-18:00	<p>PLENARY: <b>Music and prayers for world peace</b></p>								