

# 7th World Congress for Positive and Transcultural Psychotherapy

Anniversary Congress

6 - 12 October 2019

Kemer/Antalya, Turkey

## Preliminary Scientific Program



*Please note that this is a preliminary program. Changes are possible! This is a working document only. Some contents are incomplete and subject to change. Participants will get a program and abstract book including this program at the congress registration. Thank you!*

**Scientific program of the 7th World Congress for Positive Psychotherapy, 6-12 October 2019, Kemer/Antalya, Turkey - preliminary, changes possible  
(as of 6 September 2019)**

<b>Sunday, 6 Nov.</b>	Room <b>Aspendos 6</b>
<i>Time:</i>	
<b>Plenary</b>	
15:00-19:00	<b>Hotel lobby:</b> Arrival and registration
18:00-19:30	Dinner
19:30-20:00	<b>Aspendos VI - Lobby:</b> Welcome Cocktail
20:00-21:00	<b>Aspendos VI:</b> <b>Opening of the Congress</b> Welcoming by the WAPP Board, roll-call of participants

**By German law we are obliged to add the following note to our program and conference flyers:**

Die Inhalte der Fortbildungsmaßnahme sind produkt- und/oder dienstleistungsneutral gestaltet. Potenzielle Interessenkonflikte des Veranstalters, der wissenschaftlichen Leitung und der Referenten werden in einer Selbstauskunft gegenüber den Teilnehmern offen gelegt. Es gibt keine Sponsoren. Die Gesamtaufwendungen der Veranstaltung werden über die Teilnahmegebühren gedeckt und vom Verband in Eigenleistung getragen.

The contents of the seminar are product and service neutral. Potential conflicts of interests of organizers, scientific manager, and lecturers will be laid open to the participants. There is no sponsoring. Total costs of the event are covered by the participation fees and in own contribution of the association.

<b>Monday, 7 Nov.</b>						
<i>Time:</i>						
7:00-8:00	Morning exercise					
7:30-10:00	Breakfast					
Room Aspendos 6						
<b>Plenary</b>						
<i>Chair persons:</i> Gabriela Hum, Ewa Dobiála						
10:00-11:15	Plenary: Introduction of program <b>Hamid Peseschkian and Board of Directors</b>					
11:15-11:45	Coffee break					
<i>Chair persons:</i> Maksim Goncharov, Ivan Kirillov						
11:45-13:00	Plenary: 5 "Express-talks" (5 minutes each) with discussions: <b>1. Leon LEE (China): Confucius meets Twitter - Psycho-education in the era of retribalization</b> <b>2. Polina EFREMOVA (Russia): Why to make the client angry?</b> <b>3. Theo COPE (China): Mental health; mental illness, but what is mind?</b> <b>4. Anna WYSZADKO (Poland): Do you treat people with dignity?</b>					
13:00-15:00	Lunch break					
<i>Time:</i>	Room Aspendos 6	Room Aspendos 2	Room Aspendos 3	Room Aspendos 4	Room Aspendos 5A	Room Aspendos 5B
<b>Parallel Sessions</b>						
15:00-15:20	Workshop 90 min: <b>John Ekemezie Okoro:</b> Positive Psychotherapeutic aspects of Relationship and Love	Workshop 90 min: <b>Wolfgang Hönnmann:</b> Supervision	Workshop 90 min: <b>Johannes Dieter Hartmann:</b> A positive approach for healing self-disclosure	Workshop 90 min: <b>Ewa Dobiála;</b> <b>Agata Kaczmarek-Stożek:</b> A traumatized patient in a psychotherapeutic office - in search of health and posttraumatic growth	Workshop 90 min: <b>Valentyna Bosko:</b> Informational causes of autoimmune diseases	Self-discovery group 90 min: <b>Birgit Werner</b> Daily changing SD-group (Group 1) approx. 20 persons Language: English
15:25-15:45						
15:50-16:10						
16:15-16:35						
16:35-16:45	Coffee break					
<i>Chair persons:</i>						
16:45-17:05	Presentation 45 min: <b>Arno Remmers:</b> Psychosomatics in Positive Psychotherapy -- Salutogenesis and Pathogenesis - The Relation of Inner Order and Body Disorders	Presentation 20 min: <b>Leyla Peseschkian:</b> Transcultural Competence in Psychotherap-ists - a Cross-Cultural Perspective	Presentation 20 min: <b>Şengül Aydın, Rukiye Hayran, Nihal Gülle, Özlem Yalçın:</b> Analysis of the Effect of Mothers' Advanced Skills [...]	Presentation 20 min: <b>Olena Lutsenko:</b> Positive psychotherapy in dealing with psychological trauma. Integrated approach.	Presentation 20 min: <b>Elena Cherepanova:</b> A possible explanation of changes in citizen values in the context of PPT.	Presentation 20 min: <b>Mechthild Gesmann:</b> Mental Health as Maturity
17:10-17:30		Presentation 20 min: <b>Ekaterina Dokunova:</b> Understanding the concept of health and disease. Transcultural aspect.	Presentation 20 min: <b>Rukiye Hayran, Deniz Senem Demir:</b> Research The Relationship Between Adult Attachment Styles [...]	Presentation 20 min: <b>Arber Zeka:</b> Positive Image of the Young. Applications of WIPPF scale [...] people aged 15 to 20 years old	Workshop 45 min: <b>Valeriy Kolinko:</b> Visualization as a tool for the diagnosis and treatment of underlying trauma	Presentation 20 min: <b>Thomas Rave:</b> Mullah Nasrudin and Nossrat Peseschkian: Stories of wisdom and their function [...]
17:35-17:55	Presentation 20 min: <b>Yuriy Kravchenko:</b> Organizational Positive Cross-cultural Psychotherapy in Business, Teams and [...]	Presentation 20 min: <b>Berhanu Nigussie Worku:</b> Investing in early childhood therapeutic stimulation [...] in Ethiopia	Presentation 20 min: <b>Fatma Aylin Kişi, Rukiye Hayran:</b> The Relationship Between Unconditional Self-Acceptance And Perceived Stress [...]	Presentation 20 min: <b>Dorothea Martin:</b> Methods from Positive Psychotherapy Used with Blind Children		Presentation 20 min: <b>Galya Valerieva Yorgova:</b> Relationship restart: In love with the same man
18:00-19:30	Dinner break					
Room Aspendos 6						
<b>Plenary</b>						
19:30-21:00	Plenary: Presentation of the Centers and Associations of Positive Psychotherapy around the world					

**Tuesday, 8 Oct.**

<b>Time:</b>	
7:00-8:00	Morning exercise
7:30-10:00	Breakfast
	Room Aspendos 6

**Plenary**

*Chair persons:* Hamid Peseschkian

10:00-11:15	Plenary: Keynote lecture: <b>Prof. Dr. Erick Messias, USA</b> Positive Psychiatry: what it is and why it is important
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11:15-11:45 Coffee break

11:45-13:00	Plenary: Panel discussion with the <b>authors of the new global textbook</b> on Positive Psychiatry and Positive Psychotherapy
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13:00-15:00 Lunch break (14-15:00 h Mental Health Ethiopia meeting)

<b>Time:</b>	Room Aspendos 6	Room Aspendos 2	Room Aspendos 3	Room Aspendos 4	Room Aspendos 5A	Room Aspendos 5B
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**Parallel Sessions**

15:00-15:20	Workshop 90 min: <b>Claudia Christ, Ferdinand Mitterlehner:</b> Psychotherapy with males / Men in Psychotherapy	Workshop 90 min: <b>Zlatoslav Arabadzhiev, Stefanka Tomcheva:</b> "The Tree of Life" - Through the Perspective of Positive and Transcultural Psychotherapy	Workshop 90 min: <b>Selma Henrichs:</b> Positive Psychotherapy in dealing with drug addiction	Workshop 70 min: <b>Gülşen Varlikli:</b> Assessment of Positive Psychotherapy Based Life's 4 Dimensions	Workshop 90 min: <b>Svitlana Kyrychenko:</b> Positive Psychotherapy Tools in Systemic Constellations	Self-discovery group 90 min: <b>Olga Lytvynenko</b> Daily changing SD-group (Group 2) approx. 20 persons Language: Russian
15:25-15:45						
15:50-16:10						
16:15-16:35						
16:35-16:45	Coffee break					
<i>Chair persons:</i>						
16:45-17:05	Presentation 20 min: <b>Tetiana Holovanova:</b> Features of work of the psychotherapist-woman with a male client	Presentation 20 min: <b>Svitlana Otenko:</b> Who works alone adds. Who works together with others multiplies.	Presentation 20 min: <b>Arno Remmers:</b> What is Possible in Mental Health Prevention of Children and Mothers?	Presentation 20 min: <b>Anna Wyszadko:</b> The human dignity in Transcultural Positive Psychotherapy	Presentation 20 min: <b>Tetiana Zhumatii:</b> Actual Capacities as the way to Yourself	Presentation 70 min: <b>Enver Cesko, Kateryna Ovcharek, Richard Werrigloer:</b> Positive Psychotherapy and Body Psychotherapy. Differences and similarities. Roots, development, methods and application.
17:10-17:30	Presentation 20 min: <b>Heidrun Popovic:</b> The Necessity of Psychotherapy for Seniors (60+)	Presentation 20 min: <b>Aleksandra Zarek:</b> Social Competences, Bonding Style, Stress Perception [...] In Students Of PPT	Presentation 45 min: <b>Andre R. Marseille:</b> The Interpersonal theory of Psychiatry: Implications for Positive Psychotherapy.	Presentation 20 min: <b>Arber Zeka:</b> Applying Positive Psychotherapy in Prison with Prisoners	Workshop 45 min: <b>Liudmyla Korolova:</b> Born from childhood or as basic concepts form reality	
17:35-17:55	Poster presentations: <b>Ewa Dobiala, Arber Zeka, Dillip Kumar Dash, Laureta Roshi</b>	Presentation 20 min: <b>Theo A. Cope:</b> Systems of reference for personality structure: Zubirian philosophy and PPT		Presentation 20 min: <b>Victoria Timofeeva:</b> Application of Positive Psychotherapy in counseling of prisoners		

16:35-16:45 Coffee break

*Chair persons:*

16:45-17:05	Presentation 20 min: <b>Tetiana Holovanova:</b> Features of work of the psychotherapist-woman with a male client	Presentation 20 min: <b>Svitlana Otenko:</b> Who works alone adds. Who works together with others multiplies.	Presentation 20 min: <b>Arno Remmers:</b> What is Possible in Mental Health Prevention of Children and Mothers?	Presentation 20 min: <b>Anna Wyszadko:</b> The human dignity in Transcultural Positive Psychotherapy	Presentation 20 min: <b>Tetiana Zhumatii:</b> Actual Capacities as the way to Yourself	Presentation 70 min: <b>Enver Cesko, Kateryna Ovcharek, Richard Werrigloer:</b> Positive Psychotherapy and Body Psychotherapy. Differences and similarities. Roots, development, methods and application.
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18:00 Dinner

Free evening The seminar rooms are open and can be used for spontaneous group sessions. Please inform the registration desk in advance.

Individual talks of Board members with participants  
Meeting of interest groups, national groups, etc.

**Wednesday, 9 Oct.**

*Time:*

7:00-8:00 Morning exercise

7:30-10:00 Breakfast

Room **Aspendos 6**

**Plenary**

*Chair persons:* Vladimir Karikash, Ivan Kirillov

9:30-11:00 Plenary:  
Round table discussion: "Social Responsibility and Boundaries of Neutrality of a Psychotherapist in the Multicultural World"

11:30-18:00 **Organized group excursion:  
Field trip to countryside and  
guided city-tour Antalya**

(lunch included)

18:00 Dinner

*Time:* Room **Aspendos 6** Room **Aspendos 2** Room **Aspendos 3** Room **Aspendos 4** Room **Aspendos 5A** Room **Aspendos 5B**

19:00 **Board Meeting (Working Dinner)** The seminar rooms are open and can be used for spontaneous group sessions. Please inform the registration desk in advance.

**Thursday, 10 Oct.****Time:**

7:00-8:00 Morning exercise

7:30-10:00 Breakfast

Room **Aspendos 6****Plenary****Chair persons:** Maksim Goncharov, Ivan Kirillov

10:00-11:15 Plenary:  
 4 "PPT-talks" (15 minutes each without discussion):  
**1. Theo COPE (China): Primarily grounded: some reflections on the primary capacity of trust**  
**2. Polina EFREMOVA (Russia): Guilt and anger - who is hiding whom**  
**3. Ivan KIRILLOV (Turkey): Psychosomatic Arch – 2109**  
**4. N.N.**

11:15-11:45 Coffee break

**Chair persons:** Roman Ciesielski

11:45-13:00 Plenary:  
 Round table discussion  
**"Research in PPT"**

13:00-15:00 Lunch break

**Time:** Room **Aspendos 6** Room **Aspendos 2** Room **Aspendos 3** Room **Aspendos 4** Room **Aspendos 5A** Room **Aspendos 5B****Parallel Sessions**

15:00-15:20	Workshop 90 min: <b>Roman Ciesielski:</b> Training group supervision applying reflecting team's dialogues.	Workshop 90 min: <b>Martin Kaschke:</b> How are your relationships with ... yourself, one person and a group?	Workshop 70 min: <b>Ali Özden Öztürk:</b> Sailing with the Life Wind	Workshop 70 min: <b>Elena Kuleva:</b> Social hostility and victimhood Positive Psychotherapy's context	Workshop 70 min: <b>Arno Remmers:</b> The story how I started	Self-discovery group 90 min: <b>Pavel Frolov</b> Daily changing SD-group (Group 3) approx. 20 persons Language: Russian
15:25-15:45						
15:50-16:10						
16:15-16:35			<b>Chair persons:</b> Presentation 20 min: <b>Ji Ying Li:</b> Research [...] and Improvement Measures [...] Guided by Balance Model	Presentation 20 min: <b>Oleksandra Nizdran-Fedorovych:</b> Using PPT when working with clients who have psychotic disorders	Presentation 20 min: <b>Arton Ademi:</b> The Positive Approach of "Dealing with Difficult People"	

16:35-16:45 Coffee break

**Chair persons:**

16:45-17:05	Presentation 20 min: <b>Olga Lytvynenko:</b> Opportunities of PPT in the study [...] of the adaptation potential of the individual	Workshop 70 min: <b>Birgit Jost:</b> Child and adolescent mental and behavioral disorders	Workshop 70 min: <b>Raluca Ursica:</b> Creative Supervision	Presentation 45 min: <b>Christian Henrichs:</b> Positive Psychotherapy as a contemporary method of psychodynamic therapy	Workshop 45 min: <b>Victoria Timofeeva:</b> Identity formation workshop "Who & What?"	Presentation 45 min: <b>Gunther Hübner:</b> Humor and stories as a quick-change artist - Hilarity and joy in child and adolescent psychotherapy
17:10-17:30	Presentation 20 min: <b>Liudmyla Zlatova:</b> The Impact of the Adaptation Potential on Life Spheres					
17:35-17:55	Presentation 20 min: <b>Klaudia Sujecka:</b> Transcultural development of anxiety - Anxiety map in terms of the balance model			Presentation 20 min: <b>Cristina Vata:</b> Positive Psychotherapy and other methods	Presentation 20 min: <b>Natalya Remesnyk:</b> Correction Of Self-Acceptance Of People With Obesity By Positive Psychotherapy	Presentation 20 min: <b>Friedhelm Röder:</b> Therapeutic Use of Favorite Jokes of Patients

18:00-19:30 Dinner break

**Plenary**

19:30-21:00 Plenary:  
**WAPP assembly** + important information about trainings and standards

**Friday, 11 Oct.****Time:**

7:00-8:00 Morning exercise

7:30-10:00 Breakfast

Room **Aspendos 6****Plenary****Chair persons:** Maksim Goncharov, Ivan Kirillov10:00-11:15 Plenary:  
4 "PPT-talks" (15 minutes each without discussion):  
1. N.N.  
2. N.N.  
3. N.N.  
4. N.N.

11:15-11:45 Coffee break

11:45-13:00 Plenary:  
5 "Express-talks" (5 minutes each) with discussions:  
1. N.N.  
2. N.N.  
3. N.N.  
4. N.N.  
5. N.N.

13:00-15:00 Lunch break

**Time:** Room **Aspendos 6** Room **Aspendos 2** Room **Aspendos 3** Room **Aspendos 4** Room **Aspendos 5A** Room **Aspendos 5B****Parallel Sessions**

15:00-15:20	Workshop 70 min: <b>Olena Davydenko:</b> The Usage Of Positive Reinterpretation As An Instrument Of Work With Shadow Aspect During Self-Discovery Groups	Workshop 70 min: <b>Michael P. Schroiff:</b> Interacting by Composing a Picture together: Exploring Oneself's Involvement with the Others on Different Levels of Consciousness	Workshop 45 min: <b>Daniil Avdeev:</b> Emotions and their connection to primary capacities - understanding and using in therapy	Workshop 45 min: <b>Oleksandra Kryvonos:</b> Vocal therapy as Positive psychotherapy technique	Workshop 45 min: <b>Oksana Kovanda:</b> Game transformational model of personal success strategies in the concepts of Positive Psychotherapy	Self-discovery group 90 min: <b>Gabriela Hum</b> Daily changing SD-group (Group 4) approx. 20 persons Language: English
15:25-15:45			<b>Chair persons:</b>			
15:50-16:10			Presentation 20 min: <b>Ebru Sinici:</b> OCD and PPT	Presentation 20 min: <b>Ji Ying Li:</b> Study on the Basic Life Status of Mental Rehabilitation Crowd under Balance Model	Presentation 20 min: <b>Natalia Neporozhnia:</b> "Crystal of Positum Balance" - a psychological transformational game, based on PPT	
16:15-16:35	Presentation 20 min: <b>Tetiana Ulianova:</b> Peculiarities Of Empathy With Persons Who Are Prone To Conflicts [...] In PPT	Presentation 20 min: <b>Irma Emese Grosz:</b> "Bridge" from self-knowledge to therapeutic skills	Presentation 20 min: <b>Anna Wyszadko:</b> What [...] inspires us to implement "holistic teaching" in medical curricula.	Presentation 20 min: <b>Yildiz Öztan Ulusoy:</b> Family Therapy	Presentation 20 min: <b>Larisa Schicker:</b> PPT as factor in the formation of self-development of a teacher	

16:35-16:45 Coffee break

**Plenary****Chair persons:** Hamid Peseschkian16:45-19:00 Plenary:  
**50 years Positive Psychotherapy**  
- personal narratives  
- Awarding of PPT Prize 2019  
- Closing of the Congress

19:00-20:00 Break

**Plenary**20:00-open end **Gala and celebration room (downstairs)**  
Closing ceremony:  
Gala dinner with dancing