## Final Program “Challenges of Being a Trainer for Positive Psychotherapy” (as of 9 August 2016)

<table>
<thead>
<tr>
<th>TUESDAY, 16.08.16</th>
<th>WEDNESDAY, 17.08.16</th>
<th>THURSDAY, 18.08.16</th>
<th>FRIDAY, 19.08.16</th>
<th>SATURDAY, 20.08.16</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>APPLIED THEORY</strong></td>
<td><strong>SELF-DISCOVERY</strong></td>
<td><strong>ORGANIZATIONAL AND ELECTIONS</strong></td>
<td><strong>SUPERVISION</strong></td>
<td></td>
</tr>
<tr>
<td>9:00-9:45: Introduction by Hamid Peseschkian and Arno Remmers</td>
<td>9:00-9:15: Feedback and objectives for the day</td>
<td>9:00-9:15: Feedback and objectives for the day</td>
<td>9:00-9:15: Feedback and objectives for the day</td>
<td></td>
</tr>
</tbody>
</table>
| 9:45-10:45: 4 parallel working groups:  
  • Theory of PPT | 9:15-10:45: Plenary: Scientific lecture (60 min) plus discussion (30 min):  
  • “Mindfulness in the psychotherapeutic practice, especially for depression and personality disorders” by Sara Schneider  
  (Darmstadt, GER) | 9:15-10:45: Plenary: Scientific lecture (60 min) plus discussion (30 min):  
  • “Personality Pathology in Adolescence and ways of treatment” by Dr. Susanne Schlüter-Müller  
  (Frankfurt, GER) | 9:15-10:45: Plenary: Scientific lecture (60 min) plus discussion (30 min):  
  • “Narrative Ethics: A philosopher meets Positive Psychotherapy” by Professor Karen Joisten  
  (University of Kassel, GER) |
| 10:45-11:00: Coffee Break | 11:00-12:30: 4 parallel working groups:  
  • Theory of PPT | 11:00-12:30: Plenary Round-Table “Plans for the future; Developments of PPT” | 11:00-12:30: 4 parallel working groups:  
  • Supervision |
| 10.00-13.00: Board-Meeting WAPP  
  (only for Board members, old Board) | 11:00-11:45: 4 parallel working groups:  
  • Theory of PPT | 12.00-13.30: Plenary: Scientific lecture (60 min) plus discussion (30 min):  
  • “The efficacy of psychodynamic psychotherapy” by Professor Falk Leichsenring  
  (University of Giessen, GER) | 12.45-13.30: Parallel sessions:  
  • Advisory Council meeting  
  • Trainer Exchange of Experience (transcultural exchange)  
  • Publications |
| 13.00-14.00: Lunch Break | 11:45-12.00: Coffee Break | 12:45-13.30: 4 parallel working groups:  
  • Self-Discovery | 12.45-13.30: 4 parallel working groups:  
  • Supervision |
| 14.00-17.00: Board-Meeting WAPP  
  (only for Board members, old Board) | 12.00-13.30: Plenary: Scientific lecture (60 min) plus discussion (30 min):  
  • “The efficacy of psychodynamic psychotherapy” by Professor Falk Leichsenring  
  (University of Giessen, GER) | 12:45-13.30: 4 parallel working groups:  
  • Self-Discovery | 12:45-13.30: 4 parallel working groups:  
  • Supervision |
| 13:30-15.00: Lunch Break | 13:30-15.00: Lunch Break | 13:30-15.00: Lunch Break | 13:30-15.00: Lunch Break |
| **EXCURSION** | **Arrival of participants** | **EXCURSION** | **Arrival of participants** |
| 15.00-16.30: 4 parallel working groups:  
  • Theory of PPT + application and consequences of the lecture of Prof. Leichsenring | 15.00-16.30: 4 parallel working groups:  
  • Theory of PPT | 15.00-17.00: General Annual Assembly of WAPP and election of new Board for the period 2016-2018 | 15.00-16.30: 4 parallel working groups:  
  • Supervision |
| 19.30-21.00: **PLENARY Welcoming Evening:**  
  • Welcoming and opening  
  • Introduction of participants and program  
  • Reflections on the development of Positive Psychotherapy in today’s world | 19.00-21.00: **PLENARY (all groups): Organizational Evening:**  
  • Organization of seminars  
  • Aims and projects of PPT  
  • Scientific research  
  • Center reports  
  • Next World Congress?  
  • By-laws of WAPP | 17:00-18:00 Break | 17:00-19:00 **PLENARY (all groups):**  
  • Final exchange among groups, trainers and members |
| 19.30-21.00: **PLENARY (all groups):** Organizational Evening:  
  • Organization of seminars  
  • Aims and projects of PPT  
  • Scientific research  
  • Center reports  
  • Next World Congress?  
  • By-laws of WAPP | Departure of the bus back to Wiesbaden City: 21.30 h | 19:00-19:30: General feedback and closing of ITS | 19:00-19:30: General feedback and closing of ITS |
| 17:00-19:00 **PLENARY (all groups):**  
  • Final exchange among groups, trainers and members | FREE EVENING for participants  
  • only for Board members, new Board:  
  18.00-21.00: Board-Meeting WAPP | 17:00-19:00 **PLENARY (all groups):**  
  • Final exchange among groups, trainers and members | 19:00-19:30: General feedback and closing of ITS |