



17th International Trainer Seminar of the World Association for Positive Psychotherapy (WAPP) 16-20 August 2016, Wiesbaden Academy for Psychotherapy WIAP, Wiesbaden, Germany

Final Program "Challenges of Being a Trainer for Positive Psychotherapy" (as of 9 August 2016)

TUESDAY, 16.08.16	WEDNESDAY, 17.08.16 APPLIED THEORY	THURSDAY, 18.08.16 SELF-DISCOVERY	FRIDAY, 19.08.16 ORGANIZATIONAL AND ELECTIONS	SATURDAY, 20.08.16 SUPERVISION
	9:00-9:45: <i>Introduction by Hamid Peseschkian and Arno Remmers</i>	9:00-9:15: <i>Feedback and objectives for the day</i>	9:00-9:15: <i>Feedback and objectives for the day</i>	9:00-9:15: <i>Feedback and objectives for the day</i>
	9:45-10:45 4 parallel working groups: ♦ Theory of PPT	9:15-10:45: Plenary: Scientific lecture (60 min) plus discussion (30 min): ♦ "Mindfulness in the psychotherapeutic practice, especially for depression and personality disorders" by Sara Schneider (Darmstadt, GER)	9:15-10:45: Plenary: Scientific lecture (60 min) plus discussion (30 min): ♦ "Personality Pathology in Adolescence and ways of treatment" by Dr. Susanne Schlüter-Müller (Frankfurt, GER)	9:15-10:45: Plenary: Scientific lecture (60 min) plus discussion (30 min): ♦ "Narrative Ethics: A philosopher meets Positive Psychotherapy" by Professor Karen Joisten (University of Kassel, GER)
	10:45-11:00: Coffee Break	10:45-11:00: Coffee Break	10:45-11:00: Coffee Break	10:45-11:00: Coffee Break
10.00-13.00: Board-Meeting WAPP (only for Board members, <u>old</u> Board)	11:00-11:45: 4 parallel working groups: ♦ Theory of PPT	11:00-12:30: 4 parallel working groups: ♦ Self-Discovery	11:00-12:30: ♦ Plenary Round-Table "Plans for the future; Developments of PPT"	11:00-12:30: 4 parallel working groups: ♦ Supervision
13.00-14.00: Lunch Break	11:45-12.00: Coffee Break	12:30-12:45: Coffee Break	12:30-12.45: Coffee Break	12:30-12.45: Coffee Break
14.00-17.00: Board-Meeting WAPP (only for Board members, <u>old</u> Board)	12.00-13.30: Plenary: Scientific lecture (60 min) plus discussion (30 min): ♦ "The efficacy of psychodynamic psychotherapy" by Professor Falk Leichsenring (University of Giessen, GER)	12.45-13.30: 4 parallel working groups: ♦ Self-Discovery	12:45-13:30: Parallel sessions: ♦ Advisory Council meeting ♦ Trainer Exchange of Experience (transcultural exchange) ♦ Publications	12.45-13.30: 4 parallel working groups: ♦ Supervision
	13:30-15.00: Lunch Break	13:30-15.00: Lunch Break	13:30-15.00: Lunch Break	13:30-15.00: Lunch Break
Arrival of participants	15.00-16.30: 4 parallel working groups: ♦ Theory of PPT + application and consequences of the lecture of Prof. Leichsenring	EXCURSION 15.00: Bus departure to Wiesbaden-Biebrich 16.00-21.30: Boat tour on the Rhine River with Dinner and Dance	15:00-17.00: General Annual Assembly of WAPP and election of new Board for the period 2016-2018	15.00-16.30: 4 parallel working groups: ♦ Supervision
From 18.00: Registration and refreshments	16.30-19.00: Break, Dinner		17:00-18:00 Break	16.30-17.00: Break
19.30-21.00: PLENARY Welcoming Evening: ♦ Welcoming and opening ♦ Introduction of participants and program ♦ Reflections on the development of Positive Psychotherapy in today's world	19.00-21.00: PLENARY (all groups): Organizational Evening: ♦ Organization of seminars ♦ Aims and projects of PPT ♦ Scientific research ♦ Center reports ♦ Next World Congress? ♦ By-laws of WAPP	Departure of the bus back to Wiesbaden City: 21.30 h	FREE EVENING for participants - - only for Board members, <u>new</u> Board: 18.00-21.00: Board-Meeting WAPP	17:00-19:00 PLENARY (all groups): ♦ Final exchange among groups, trainers and members 19:00-19:30: General feedback and closing of ITS