

2009

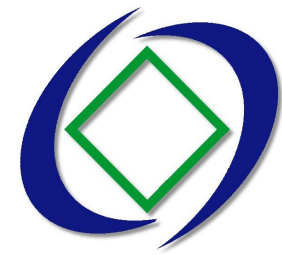
Issue No. 3

18/03/2009

Positum International News

International Newsletter on Positive and Transcultural Psychotherapy

Published by The World Association of Positive Psychotherapy (WAPP) and
The International Academy for Positive and Transcultural Psychotherapy (IAPP)



Editorial

The camel walks slowly, but night and day. (Oriental Wisdom)

The ongoing global economical crisis makes us aware of the importance of the capacity to establish, maintain and to develop healthy social structures. In Positive Psychotherapy, we indeed focus on social conflict resolution and health in the age of cultural and economical globalisation. Therefore we feel the significance of our engaging within society more than ever before. Against the background of this challenging context, it is more than satisfactory to see that the endeavour to establish a world-wide training system and a network structure within the community of PP has been making good progress within the last year. Having been introduced to more than 70 countries and territories, it is now possible to receive high quality continuous training in the form of certified basic and master courses matching high international standards in more than a dozen countries world-wide – with China, Cyprus, Ethiopia and Kosovo being amongst the most recent ones. In these countries, the organisers, trainers and representatives have established a profound network structure, with an active international and regional team of trainers of different national backgrounds who teach world-wide. With the newly re-registered World Association for Positive Psychotherapy (WAPP) as a central structure and the International Academy for Positive Psychotherapy as catalyst, this network receives its coordination and integration. Indeed the functioning of the different levels of communication – be it via physical or virtual meetings, international seminars, newsletter and different websites – is quite impressive. Considering this development it is encouraging to anticipate the multi-

tude of events related to PP this year. We specially look forward to the 10th International Training Seminar on Positive Psychotherapy to be held in Latvia this September. We will share our ideas, knowledge and experiences ultimately to bring together our efforts in the service of our clients, families, communities, societies and mankind.

Christian Henrichs, Editor

Board member WAPP, Board member trustee of IAPP (e-mail: henrichs@interpunction.net)



International Training Seminar 2008, Wiesbaden, Germany

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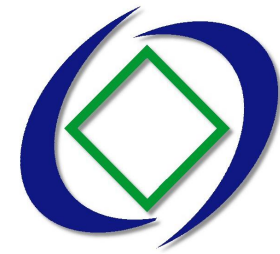
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Global News – International Institutions

International Training Seminars 2008 and 2009

The 9th International Training Seminar (ITS) was held between 23rd and 26th June 2008 in Wiesbaden with the title “Professional and Personal Development with Positive Psychotherapy”. It had a very special starting point: The 75th birthday of the founder of Positive Psychotherapy, Professor Nossrat Peseschkian, was celebrated on June 22nd 2008 by invitation of the Wiesbaden Academy for Psychotherapy (WIAP), the German Association of Positive and Transcultural Psychotherapy (DGPP) and the Peseschkian Foundation with about 300 guests at Wiesbaden's Dorint Hotel. Speakers from different countries, institutions and publishers contributed to the event which also emphasized the 40th anniversary of Positive Psychotherapy (PP) founded in 1968 covered in different media.

The ITS had about 120 participants from more than 15 countries and started on the next day. With numerous lectures and workshops, it offered the possibility for an intensive exchange among the international trainers and was also a great source of motivation for new graduates of PP. An international module of the Basic Course of PP was also integrated into the schedule for some new professionals entering the field. In recent years, the ITS has been taking place in Austria, Bulgaria, Cyprus, Germany, Romania and Ukraine. The host of the next training seminar will be the Baltic countries. The ITS will take place in Riga between September 17th and 20th. For further information please contact peseschkian.foundation@positivepsychotherapy.org.

Completion of Renaming into World Association for Positive Psychotherapy

In October 2008, the renaming process of the International Center of Positive Psychotherapy (ICPP) into World Association for Positive Psychotherapy (WAPP) has been completed with the re-registration with the public authorities. The WAPP is now actively representing Positive Psychotherapy - founded in 1968 - in more than 20 countries all over the world. As president, the founder of PP, Professor Nossrat Peseschkian, has been elected at the board meeting during the ITS 2008. The board was also re-elected and now consists of Prof. Iwanka Bontcheva (Bulgaria), Hans Bräuer (South Africa), Prof. Ebru Cakici (Cyprus), Enver Cesko (Kosovo), Maxim Goncharov (Russia), Christian Henrichs (Germany), Gabriela Hum (Romania), Vladimir Karikash (Ukraine), Ivan Kirillov (Russia), Alla Makarenko (Latvia), Hamid Peseschkian (Germany), Manije Peseschkian (Germany) and Prof. Shridhar Sharma (India). For further information, please contact gabriela.hum@atuconsulting.ro or manije@peseschkian.com.

Important decisions at the recent board meeting

In January 2009, the board of the World Association for Positive Psychotherapy (WAPP) had its half-year meeting in Wiesbaden, Germany. The international board members had travelled there from Cyprus, Kosovo, Latvia, Romania and Russia, the Ukraine and Far East Russia were represented online via Skype. At this meeting, some important decisions have been made: The next world congress on PP will be held in Istanbul, Turkey, from October 9th until 12th 2010. On this occasion the Positive Psychotherapy-Prize will be awarded. It was also decided to publish a new scientific journal on PP (editor: Ebru Cakici from Cyprus, ebrucakici@yahoo.com). The board also assigned two new committees: an ethics committee consisting of bishop John Okoro, Alla Makarenko, Ivan Kirillov and Manije Peseschkian and a training stan-

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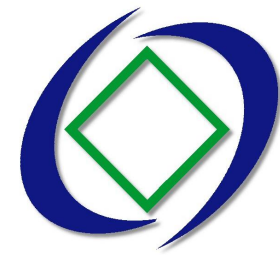
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dards committee consisting of Gabriela Hum, Vladimir Karikash, Enver Cesko and Maxim Goncharov. It was also decided to open up full membership in WAPP to all certificate holders of European Association for Psychotherapy and World Council of Psychotherapy (EAP/WCP) with training in PP. The relaunch of the international website of PP (www.positum.org) prepared by an international mixed scientific and technical team (Gabriela Hum, Enver Cesko, Ekaterina Ovareck, Ulrike Hofmann, Helmut Winkelbach, Constanze Rottleuthner and Christian Henrichs) was appreciated as an important step in the improvement of external and internal communication. For further details, please contact gabinic@yahoo.com.

World Congress of Psychotherapy

5th World Congress of Psychotherapy was organized by the World Council of Psychotherapy in Beijing from October 12th – 15th 2008. After a history of 20 active years in China and numerous new courses in the last year, an invited lecture and 2 symposia provided PP with the opportunity for further cooperation with our Chinese partners. Lectures and presentations were delivered by international members of PP: Prof. Fuguo Chen, Gabriele Emmerich (Germany), Agnes and Bijan Ghaznavi (China), Maxim Goncharov (Russia), Ekaterina Ovcharek (Ukraine), Prof. Shridhar Sharma (India) and Melody Qu (China). The lectures and symposia on PP were very well attended and warmly welcomed by the participants. For further information please contact peseschkian.foundation@positivepsychotherapy.org.

European Association for Psychotherapy

At the last board meetings of the European Association for Psychotherapy (EAP) - Vienna, Brussels and Riga - the European Federation of the Centers of Positive Psychotherapy were represented by Prof. Nossrat Peseschkian, Manije Peseschkian, Abbas Jabbarian and Gabriela

Hum. For further information please contact peseschkian.foundation@positivepsychotherapy.org.

International Federation for Psychotherapy

The European Federation of the Centers for Positive Psychotherapy is a member of the International Federation for Psychotherapy (IFP). In its newsletter, the IFP has recently published an article on PP ("psychosomatics in orient and occident"). PP has also been presented at the 4th Workshop of IFP in Zürich, Switzerland, by Prof. Nossrat Peseschkian (Germany) and François Biland (Switzerland). For further information please contact peseschkian.foundation@positivepsychotherapy.org.

Reports from the Centers and International Teaching Activities

Austria

Activities in Austria

In Austria, PP is recognised as an additional qualification for psychotherapists. Currently, the application for full recognition according to the Austrian psychotherapy law is under preparation. A special highlight in 2008 was a live talk and discussion with Prof. Nossrat Peseschkian in the Austrian Radio (ORF "Radio Café") titled "Psychotherapy in the Age of Globalisation". Bishop and PP-trainer John Okoro joined this event which had a high and positive response to its broadcast. Seminars and Lectures on Positive Psychotherapy were held by Prof. Nossrat Peseschkian, John Okoro, Michael Katzensteiner, Reinhard Larcher in Gratz, Linz, Vienna, Baden and other cities across Austria. At the

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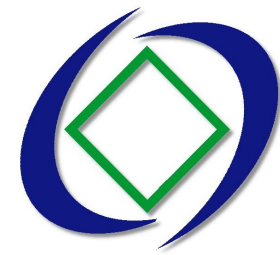
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founding gathering of the Umbrella Association for Transcultural Psychiatry in German speaking countries PP was represented by Ines Stamm. For further information, please contact michael.katzensteiner@jku.at.

Bolivia

Activities of the graduates of Master program

In Bolivia PP continues in the process of getting more and more known primarily through individual and family therapies/counselling and coaching sessions. The work with alcoholics and drug abusers continues in cooperation with Alcoholics Anonymous. The professional cooperation with the medical Center PROMED is also continuing. In early March there was an international 3-day convention for medical doctors, nurses, students and other health professionals called "Psychosomatic disorder in patients with cardiomyopathy: The benefits of Positive Psychotherapy". Specialists from Argentina, Chile, Uruguay, Brazil and Paraguay participated in this convention. For further information please contact susannehansen271@hotmail.com.

Bulgaria

Training activities of Bulgarian Association

In 2008 in Bulgaria almost 200 participants have been in continuous training programmes carried out by a team of 10 PP-trainers. At the moment, basic courses are running in Varna, Sofia, Veliko Tarnovo and Kazanlak. Furthermore there are 5 master courses (Varna, Sofia and Veliko Tarnovo). So far, 24 people received full recognition as Positive Psychotherapists in Bulgaria, with another 16 being close to completion of their courses. For further information, please contact ibontcheva@yahoo.com.

China

Training for psychotherapists

Since IAPP Beijing Representative Office was established in December 2007, PP Basic Course trainings and introductory seminars have been organized in various cities throughout 2008 and early 2009 by a team around Baojun Chen and Melody Qu from Beijing. The international trainers in the project have been Christian Henrichs (Urumqi, Dalian, Jilin, Beijing), Uwe Gilsdorf (Baotou) and Maxim Goncharov (Urumqi and Nanjing). The seminars were held in cooperation with different institutions such as mental health hospitals, universities or postgraduate training-institutes. The number of participants varied between 50 and 150 and featured psychiatrists, psychologists, counsellors, pedagogues and other related fields. In July 2008 a group of 11 professionals and decision makers visited the International Academy for Positive Psychotherapy in Wiesbaden for a special training. In November 2008, the PP-office under leadership conduction of Melody Qu started a cooperation with the National Olympic Psychosomatic Hospital and the Center for Clinical Psychology of the Beijing University. In December 2008 a Positive Psychotherapy Group was established under the Committee of Psychotherapy and Counselling, China Association of Mental Health. Even though work had been massively influenced by the Earthquake in Sichuan and the Olympic Games in Beijing, many achievements were made in 2008. Over 500 people received lectures or trainings on PP. In January 2009 the first basic course was completed in Urumqi, a master course will continue there. The next basic courses will be in Beijing and Nanjing, other co-operations are in the process of confirmation. For more information please contact melody@iappchina.com or check www.iappchina.com.

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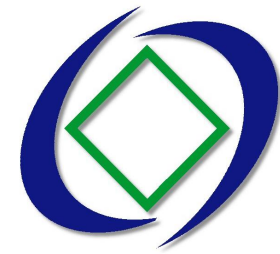
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Teacher training and activities regarding earthquake recovery interventions

After the earthquake, PP-trainers Agnes and Bijan Ghaznavi were invited several times for training of trainers by the provincial government of Si Chuan. At an international conference on Post Traumatic Stress Disorder, Agnes and Bijan Ghaznavi co-operated with Chinese and Japanese experts on the topic, too. The year 2008 has also been productive for the training of kindergarten teachers. Almost 100 teachers from two known kindergartens received the basic certificate. For 2009, a project with Shanghai teachers is under preparation. For further information please contact gazna19@yahoo.com.

Shanghai

Currently the establishment of China-German Positive Psychotherapy Scientific Research and Application Center at East China Normal University (ECNU) is on its way in Shanghai. The Center will offer courses for graduated students in the school of Psychology and cognitive sciences (SPCS). For more information please contact peseschkian.foundation@positive-psychotherapy.org

Cyprus

Cyprus Center of Positive Psychotherapy

The year after organising the 4th world congress on PP was a productive year for the Cyprus Center. In 2008, master training for the first group of 20 students continued. A second group for basic training had also started with about 50 students. The international trainers have been Sheyda Rafat, Christian Henrichs and Ferah Aksoy-Burkert. 10 of the master students participated in the 9th International Training Seminar in Wiesbaden, June 2008. Both, the masters and the basic group,

will continue in 2009. For further information, please contact ebrucakici@yahoo.com.

Czech Republic

Activities of center in Brno

The Brno center has been continuing its work with clients and training activities. Furthermore, PP has been presented at the 14. World Congress of Psychiatry in Prague in September 2008 by Francois Biland from Switzerland. For more information please contact kulka@arcana.cz.

Ethiopia

First Basic Course in Ethiopia and construction of venue site for PP Mental Health Center

The first basic course in PP in Ethiopia is now half way through. The organisational team around Araya Mesfin from Addis Abeba University, Tesfaye Yohannes Markos from Jimma University and Helga Mengistu-Faust, representative of the Peseschkian Foundation (IAPP), gathered a group of different professionals in mental health (psychiatrists, psychologists, nurses and teachers). The first module ran in May 2008 was taught by Richard Werringloer (Germany) to about 25 participants. The second module took place in January 2009, with Gabriele Emmerich (Germany) as trainer with about 36 participants. The next modules are planned for May and autumn of 2009. The attendants received the books "The merchant and the parrot" and "Positive Family-Therapy" and further copies of the books were donated to the University of Addis-Abeba and its library.

There is also a plan on its way to construct a venue for education, therapy, training, teacher training and self-help. This plan is implemented in

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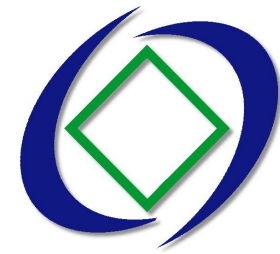
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co-operation with the University of Addis Abeba. For further information please contact peseschkian.foundation@positive-psychotherapy.org.

France

Translation of Oriental Stories

The French translation of the popular PP book "Oriental Stories" by Nossrat Peseschkian has been fully revised and currently a publisher is researched for. For further information, please contact peseschkian.foundation@positivepsychotherapy.org.

Germany

Developments at the Wiesbaden Academy of Psychotherapy

WIAP-Academy continued in 2008 its postgraduate activities, with more than 350 postgraduate candidates and about 320 seminars. It is now the largest postgraduate psychotherapy academy in Germany, the largest psychodynamic institute and has one of the largest polyclinics in Germany - with about 1,000 patients of whom approximately 500 are children. In the past year, the WIAP-Academy was quite active in the participation of meetings regarding the renewal of the existing psychotherapy law in Germany, and Hamid Peseschkian participated at several hearings in Berlin. As Vice-President of the German Association for Psychodynamic Psychotherapy (DFT), he and other colleagues, emphasized the importance of keeping the existing varieties of methods. WIAP has also been the organizer and host of the 9th International Training Seminar (ITS) on PP in Wiesbaden in June 2008, prepared the January board meeting of WAPP and conducted the re-registration of former International Center for Positive Psychotherapy into WAPP. For further information, please contact info@wiap.de.

Project activities at Peseschkian Foundation

The International Academy for Positive and Transcultural Psychotherapy - Peseschkian Foundation (IAPP) promotes the development and application of PP. In the last year one of its work focuses was the initiation and supervision of international training projects in Austria, China, Cyprus, Ethiopia, Switzerland, Turkey and other countries. Other activities comprise the continuing education for psychotherapists and counsellors in Germany. On the local level the foundation has been engaged in a school project and in a lecture series on public health. Furthermore book presentations, lectures and postgraduate seminars were organized in different cities in Germany: Heidelberg, Wiesbaden, Duisburg, Stuttgart, Balingen, Bad Salzuflen, Frankfurt, Freudenstadt, Munich, Montabaur, Taunusstein, Langenhain/Hofheim, Bad Laasphe, Oldenburg, Darmstadt, Karlsruhe, Homburg, Bad Nauheim, Dresden, Köln, Berlin, Miltenberg and others. The foundation has also supported selected participants from developing countries to participate in international seminars as well as facilitating and hosting delegations from different parts of the world. Last year also the directors of the board of trustees of the foundation were newly elected. They are Thomas Becker, Gabriele Emmerich, Christian Henrichs, Gunther Hübner and Wolfgang Schuck. The board and the founders thanked the former directors, Margot Mathis and Hans Deidenbach, for their services in the establishment phase of the foundation. For further information please contact nossrat@peseschkian.com.

German Association for Positive Psychotherapy (DGPP)

In September 2008 - on the occasion of the 40th anniversary of PP - DGPP has organised a scientific meeting in Wiesbaden with the title: "Children are our future". About 120 participants - parents, teachers, students and mental health professionals - cooperated in 4 work shops. Furthermore the DGPP was one of the hosts of the 75th birthday cele-

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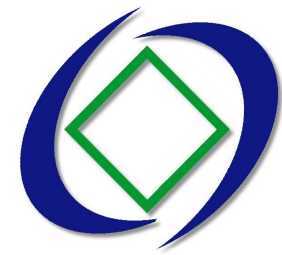
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bration of Nossrat Peseschkian. For further information please contact its new president, Birgit Werner via b.m.werner@t-online.de.

Postgraduate education and networking for specialists in social work

For many years the Parity Academy (Paritätische Akademie) is offering certificated courses on PP for specialists in all fields of social work: In the Joint Trainingscenter of Nordrhein-Westfalen (Paritätisches Bildungswerk Nordrhein-Westfalen), the basic qualification "Positive Conflict-Consultation" and "Positive Family Consultation" as well as the advanced qualifications "Positive Partner- and Parent Consultation" and "Positive Resource Coaching" are carried out. In 2008, a new basic course with about 60 participants started. 30 basic course-graduates continued their training in advanced courses. Moreover networking events with about 200 graduates took place. The graduates also organise themselves in intervention groups in the places where they work and live. A well-established tool for internal cooperation is a special intranet support for students and graduates of PP. It provides materials for the currently running courses and offers the graduates access to working tools and helps them to exchange ideas with colleagues.

As a special event, every year a so-called "Forum Positive Consultation" takes place for a few days. Here, apart from seminars and workshops, personal encounters and co-operations can be developed. At the moment there is a growing demand in the fields of family consultation, Partner- and Parent-Consultation and on personnel management. To these fields a special emphasis will be put on in the future. For further information, please check www.positive-beratung.de.

Iran

Psychosomatic congresses

In a cooperation Germany-Iran, the 2nd International Psychosomatic Congress took place at the University of Medical Sciences in Isfahan, Iran in May 2008. In this event, PP was also presented to the participants and an article written by Prof. Nossrat Peseschkian was published in the congress publication. The International Academy of Positive and Transcultural Psychotherapy – Peseschkian Foundation – will also be one of the scientific supporters of the next Psychosomatic Congress in October 29th – 30th 2009. For further information, please contact info@psychosomaticiran.com.

Italy

PP and Posttraumatic Stress Disorder (PTSD)

In December 2008, PP has been presented by Enver Cesko from Kosovo at the Centre for Torture Victims. The workshop presented a strategy based on PP to deal with torture victims. For further information, please contact envercesko@hotmail.com.

Kosova

Kosovo Center of Positive Psychotherapy

Activities of Kosovo Center for PP during the year 2008 were oriented mainly in continuing the professional education of PP and the development of the Center. The main activity of the year 2008 was the organization of the training seminar with Prof. Nossrat Peseschkian in Kosovo. The second important activity was the training seminar with Gabriela Hum from Romania who delivered a basic course training seminar at the Center for Telemedicine in the University Medical Center

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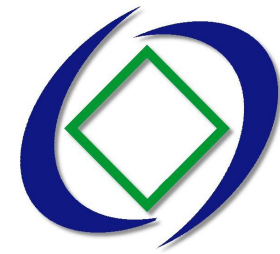
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of Prishtina. There was also a training seminar with Kosovo trainers at the University Clinic Centre Department for Neuro-Psychiatry with 17 participants. Further individual activities feature training workshops and seminars on posttraumatic stress disorder with aspects from PP and a four-hour seminar on PP at the University of Prizren as a part about different approaches in Psychotherapy for the students of Psychology. Moreover, the translation of "Psychotherapy for every day life" was completed. For further information, please contact enver-cesko@hotmail.com.

Latvia and Lithuania

Activities in the Baltic countries

In Vilnius, Lithuania, the last module of the basic course was concluded by trainer Abbas Jabbarian from Germany. The master course will follow with Arno Remmers as first trainer. In Riga, Latvia, the last modules of the masters course we trained by Gunther Hübner and Arno Remmers. This course will also continue as planned. In addition to that, two basic courses have been planned for 2009 in Lithuania and Latvia. All courses are conducted by Alla Makarenko with her assistant Anastasia Zhiro. In 2008, also the PP Centres in Lithuania and Latvia have been officially registered. At the moment a programme for PP training courses is being developed, which shall be submitted for approval to the Ministry of Education. Every year, 6 meetings for specialists from the Beauty Branch as well as for PP specialists from the Baltic Countries are organised by the Association IDEEA & BPPT. For 2009, translations of two books of Prof. Nossrat Peseschkian in Lithuanian and Latvian language have been planned for. Riga will also be the site of the 10th International Training Seminar (ITS) on PP between September 17th and 20th 2009. For further information please contact positum@ok.lv.

Macedonia

New Center in Macedonia

The newest center for PP in Europe is the National Center for Positive Psychotherapy in Macedonia, which has been established last year. The President of the centre is Tatiana Ristove-Dimova, Psychologist and Psychotherapist. The Centre is located at the Special Hospital for Cardiosurgery "Fillip II" in Skopje, Macedonia. In this centre, so far two seminars for health care professionals and interdisciplinary educators such as physicians, dentists, nurses, economists, financial managers were held. Lecturer was Enver Cesko from Kosovo. In March 2008 a seminar on the basic concepts of PP was held in the city of Struga. For further information please contact tatjana_0703@yahoo.com.

Romania

Romanian Positive Psychotherapy Association (RPPA)

During 2008 RPPA organized the first Romanian Summer School in Positive Psychotherapy, which was attended by around 35 psychologists and medical doctors, either being students of PP or already graduated psychotherapists. The invited international trainers were Arno Remmers, Maxim Goncharov and Ivan Kirillov. From Romania, workshops were held by Liana Don and Gabriela Hum. The Summer School started with a warming up of one day by Horatiu Albini, president of Moreno Psychodrama Society. Other activities of the RPPA include the translation of "Positive Psychotherapy of everyday life". The book will be published in March 2009. At the National Psychology Congress, PP was introduced as an effective method of short-term therapy by Dora Chelemen, Oana Bot and Adriana Ciurdar from Timisoara. At the Psychology Saloon in Bucharest and at the Cognosis Summer

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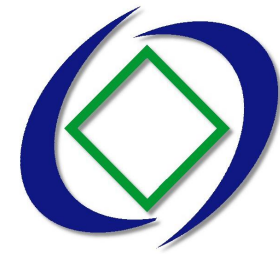
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School for Students in Psychology in Sibiu, workshops were held by Gabriela Hum. 5 new groups of PP basic course started in Cluj (Liana Don, Gabriela Hum) and Bucharest (Antonella Matei). A group of supervision in PP started in Cluj (Gabriela Hum).

In 2009 the second PP Summer School will be organized in Sibiu. Enver Cesko, Pavel Frolov and Arno Remmers are invited to hold workshops on PP and a colleague from Belgium – Charles Sasse - will introduce psychoanalytic psychotherapy during a one-day-workshop. For further information please contact info@positum.ro.

Russia

Organisational development in Moscow

In February 2008, the new "Institute of Positive Development" (IPD) was established to promote, develop, train and practice PP. Since then services and trainings for individual, corporate and governmental clients have been provided. The new institute has launched a tool of dealing with stress, called "stress-surfing", based on PP-concepts. In May 2008, it started with a first "stress-surfing safari" taking place in Morocco. Besides training of stress-coping capacities, also actual surfing was taught and a dromedary caravan to the Sahara Desert was organised. The event was also covered in different television broadcasts. For further information, please check www.positum.net.

Activities in Far East Russia

In 2008 Khabarovsk Center for Positive Psychotherapy (CPP) has started two new basic courses in Khabarovsk, one in Vladivostok and two in Blagoveschensk. In April 2008 the center organised the Second Far Eastern scientific conference "Psychosomatic in a modern world" with more than 100 specialists attending. At the 1st national congress of Russian psychotherapists and counsellors which took place in Mos-

cow in October 2008, PP was presented by Maxim Goncharov in a lecture and a workshop. In February 2008 Maxim Goncharov was appointed as a director of Far East department of PPL. The CPP has won a Russian federal tender for psychological support for unemployed people. As a branch of the center, "Positum Consulting" was established in November 2008. It is specialized on innovative programs for staff development. In February 2009, the new branch organised the first, Far Eastern Personnel Forum - "Innovative program for personnel policy" with more than 40 companies participating. The forum was also supported by the government. For further information, please check www.positum-co.ru and www.cpp.khv.ru.

South Africa

Activities in Cape Town

The PP representative office in Cape Town maintains regular interdisciplinary professional working groups. Furthermore different documents, lectures and workshops have been produced particularly on the relationship of PP to Solution Focussed Therapy and child and youth psychotherapy. For further information, please contact hansbraeuer@gmail.com.

Turkey

Training for Positive Psychotherapy in Ankara

At the Ankara Center for Positive Psychotherapy, currently a master course with 19 participants and a basic course with 12 participants are running. The international trainers are Sheyda Rafat and Christian Henrichs.

For further information please contact tugbasari2002@yahoo.com.

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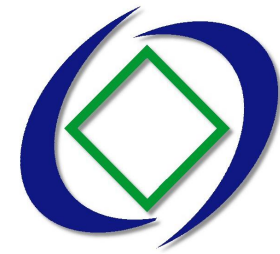
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Activities in Istanbul

In Istanbul many introductory seminars and supervision groups were conducted by Rukiye Hayran, f.i. in the Istanbul Technical University Macka Campus, in the Mental and Neurological Hospital, in the Bakirkoy Mental Hospital in Istanbul (together with Sheyda Rafat), in the Haydarpasa Numune State Education Hospital in Istanbul, at the National Social Psychotherapy Congress in Turkey and in the Dokuz Eylul University Psychiatry Clinic in Izmir. Additionally she organised a Basic Course at the Fransiz La-Paix Mental Hospital Sisli in Istanbul. The current international trainers in Istanbul are Sheyda Rafat, Enver Cesko and Christian Henrichs. In 2009, the basic course continues and a new master training will start.

Istanbul will be the host of the V. World Congress of PP in 2010.

For further information please contact rhayran@yahoo.com.

Research in Turkey for adolescents

The Turkish researcher Ali Eryilmaz has presented two studies called "Budget Development Program for Adolescents with Respect to Positive Psychotherapy" and "Comprehensive Guidance and Extending the Goals Programme for Adolescents with Respect to Positive Psychotherapy" at the 2nd National Counselling Application Conference. The lecturer plans to do a study in 2009, which is concerned with the question, if goals make adolescents happy in the context of positive psychotherapy. The study will be carried out with 180 participants between 14 and 18 years of age. For further information, please contact er-ali76@hotmail.com.

Ukraine

Ukrainian Association for Positive Psychotherapy

In the Ukraine, numerous training activities on PP take place. In the last year several courses have been completed: two master courses in Ternopil, three basic-courses in Kyjiv, three basic-courses in Ivano-Frankivsk and further basic courses in Dnipropetrovsk, Nezhin, Cherkassy and in Odessa as well as a Coaching Course in Kyjiv. Currently master courses are being held in Cherkassy and Nezhin, basic courses in Sumy, Lviv and Poltava and a coaching course in Chernigov and Nikolajev. 70 Psychologists and social workers received the state certification of basic courses as a postgraduate training, among which Natalja Bossovskaya received the Master-Trainer certificate, and the Basic-Trainer certificate was issued to Ekaterina Ovcharek and Ekaterina Dolinskaya. Enver Cesko from Kosovo held seminars in the Ukraine as well. It is to mention that PP-Courses were introduced at the State Universities in Poltava, Sumy, Nezhin, Ivano-Frankovsk, Chernigov, Cherkassy, Kyjiv, conducted by graduates of Master Courses.

In addition to that the Ukrainian Association organized the 2nd All-Ukrainian Conference for Positive Psychotherapy in Ternopil and further conferences in Yalta, Poltava, Kharkiv, Kyjiv, Lugansk. Further on Vladimir Karikash was elected "Head of the Section of Positive Psychotherapy of the Ukrainian Umbrella Association of Psychotherapists".

Moreover the 2nd issue of the magazine "Positum Ukraine" was published as well as various articles on PP in different scientific magazines. In cooperation with NovoNordisk, 6 NovoClubs with more than 500 participants were held during 2008. The results of a project on PP for medical doctors were presented by Yury Kravchenko in 3 posters in the 4th International Congress of Therapeutic Patient Education and DAWN Summit in November 2008 for more information please contact eas@novonordisk.com. In 2009 several significant events are going to

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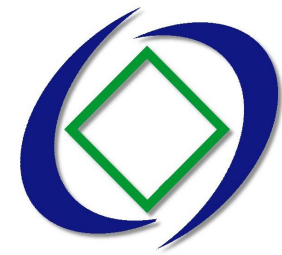
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take place, f.i. the meeting of project managers for PP in Ukraine and a Meeting of the Ukrainian Association for PP. The 3rd Annual Ukrainian Conference for PP will take place in 2009 in Dnipropetrovsk (Ukraine). Master courses will be offered in Kyjiv and Nezhin, basic-courses in Kherson, Kharkov, Poltava, a Family Positive Psychotherapy course in Cherkassy and Kyjiv and a mediation Course on positum-approach in Kyjiv. For further information, please contact ovcharek@bigmir.net.

USA

Television Broadcast

The Persian language TV broad casting program "Payame Dust" from Washington D.C, interviewed Prof. Nossrat Peseschkian for a series of 4 programs about different issues of Positive Psychotherapy, education in the age of globalization. For further information please contact nossrat@peseschkian.com.

Awards, Publications and Research

Literature

Publications have been one of the supporting pillars in the development of PP from the very beginning onwards. In 2008 this work has been continued. Several articles concerned with PP have been written, f.i. an article on PP and the use of stories in therapy in Portuguese by Sam Hadji Cyrus (Portugal) or the article "Positive Psychotherapy's Theory of the Capacity to Know as Explication of Unconscious Contents" in

Springer Online in November 2008 by Theo A. Cope (USA/China). In Bulgaria, Iliya Peev from Varna who has recently been appointed as professor, has published a book on "military leadership" with many references to PP. This publication has been highly rewarded by regional institutions. An introductory booklet of Positive Psychotherapy on the occasion of the 40th anniversary of PP has been published in summer 2008. Among the dissertations that deal with topics from PP can be mentioned Abbas Jabbarian`s dissertation „Fear and its Positive Messages in the Context of Positive Psychotherapy“ (“Ängste und ihre positiven Botschaften im Kontext der Positiven Psychotherapie”), University of Oldenburg, Germany, Gunther Hübner`s dissertation „Burn-Out“, University of Frankfurt/Main, Germany, Tugba Sari`s dissertation, Ankara, Turkey as well as the references to oriental stories as tools in Psychotherapy made by Ass. Prof. K. Bahar Aydin (Cyprus) in her dissertation. The translation of “Oriental Stories as Tools in Positive Psychotherapy” has been released in South Korea as well as the translation of “Positive Family Therapy” in Australia. New books that have been released in German language are: “Glaube an Gott und binde dein Kamel fest” (Believe in God and tie your camel) by Prof. Nossrat Peseschkian, „Psycho Vampire. Über den positiven Umgang mit Energieräubern“ by Hamid Peseschkian, and “Lexikon der Positiven Psychotherapie” (Encyclopaedia of PP) by Prof. Nossrat Peseschkian and Anas Aziz will be published in October 2009. For further information please contact nossrat@peseschkian.com.

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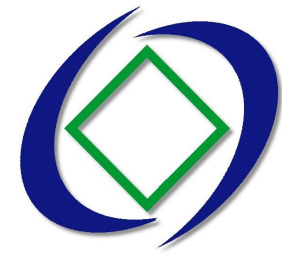
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Important Meetings

September 17th – 20th 2009:
9th International Training Seminar of Positive Psychotherapy
In Riga, Latvia

October 9th – 12th 2010
5th World Congress of Positive Psychotherapy
in Istanbul, Turkey

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Imprint, Subscriptions and Contributions

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with the e-mail-addresses. You are welcome to publish your news related to Positive Psychotherapy here. Due to limited resources, contributions need to be short, simple and well-prepared. An entry should only feature text information and not exceed 100 to 150 words. Please add an e-mail- and/or web-address for further information. Please send subscriptions and contributions to henrichs@interpunction.net.