Closing Session

POSITUM 2019
7TH WORLD CONGRESS FOR
POSITIVE AND TRANSCULTURAL
PSYCHOTHERAPY

Closing Address by Dr. Hamid Peseschkian, WAPP-President
Anniversary and Seminar Congress
50 Years Positive Psychotherapy
“Health – Culture – Psychotherapy”
6-12 October 2019, Kemer, Turkey
Program of closing ceremony

• Positive Psychotherapy Award 2019
• Reflections on Nossrat Peseschkian
• Vision of #positum2022
• Positum 2019: Thanks
Anniversary Congress - 50 Years Positive Psychotherapy
and other occasions:

- 50 years opening of psychotherapeutic practice of Nossrat Peseschkian (5 May 1969)
- 40 years licensed training academy in Wiesbaden (1 Nov 1979)
- 25 years WAPP resp. ICPP (1994)
- 20 years WIAP Academy (1999)
- 20 years Effectiveness Study (1999)
- 20th International Training Seminar – ITS
Представляя факел
Positive Psychotherapy Award 2019
by
The Peseschkian Foundation
IAPP
Personal narratives about Nosrat Peseshkian
Future challenges
Positive goals and opportunities

1) Training:
   1) To increase the number of Basic and Master Trainers world-wide

2) Scientific:
   1) Publications in national and international scientific journals (preferably in English peer-reviewed journals)
   2) Presentations of PPT at national and international professional conferences of psychiatrists, psychologists, counsellors, medical doctors and mental health professionals
   3) To encourage the writing of Master thesis’ and Doctoral dissertations in Positive Psychotherapy
   4) To encourage transcultural research (multi-center-studies) (result to be presented at conferences)
   5) To develop further the concept of a Positive Child and Adolescent Psychotherapy

3) Academic:
   1) To get young Positive Psychotherapists into institutions:
      1) Academic (university, chairs, departments, professors, lecturers, leaders), clinics, hospitals, organizations, board of professional organizations
   2) To include Positive Psychotherapy in university curricula
   3) To offer University M.Sc. programs in Positive Psychotherapy in cooperation with an European University
   4) To look for possibilities of founding an university of PPT in Europe (Bologna-Prozess)

4) Societal:
   1) To get the psychotherapeutic and transcultural insights into many branches of society, specially in the non-psychotherapeutic field (e.g. management etc.) (to promote transcultural understanding and peace)
   2) To be known and a respected partner for transcultural issues

5) Organizational and Networking:
   1) Establishing of centers, institutes and national associations of PPT in different countries
   2) To get more young people involved in the organizational structures of WAPP, e.g. in organizing conference committees
   3) More active members in our associations, and to increase the number of members in general
   4) To strengthen the network of Positive Psychotherapists worldwide and to foster the development of an identity as a Positive Psychotherapist
   5) To be more present in social media, YouTube, Wikipedia, Google etc. in different countries

6) Treatment:
   1) To exchange the results and experience of treatment, techniques and methods in different settings
   2) To publish case studies
   3) To focus also on positive psychosomatics (not only psychotherapy)
What can YOU Do?
2 hours per week
Possible Vision for 2022

• #positum2022
• 2 – 7 October 2022, Kemer (Turkey)
• 8th World Congress of Positive and Transcultural Psychotherapy
  - 500 participants from 30 countries
  - Everyone brings next time someone with him
  - Every trainer presents and only new subjects
• 3000 members in 30 countries
• Centers in:
  – 3 African countries
  – 1 in USA
  – 1 in South America
• PPT in Social Media, Youtube, Instagram
• 200 Trainers; all trainers re-certified
• Regular Journal
• Publications:
  – 10 more books
  – 5 articles in international Journals with high impact factor
• Research:
  – Research working group
  – More Ph.D dissertations and candidates
  – Minimum 1 multi-center transcultural study
• Academic:
  – One department of PPZ at a university
  – More professors
• Board:
  • More than 60% women
  • Young members involved in the organizational work
We are Global Psychotherapists
Positive Psychotherapy = global movement
A Positive Mental Health Movement
thank you
B2B encounters

Mr. Mert Akkök
& Team

www.b2bencounters.com
See you in 2022

#positum
#positum2022
#ppt
#pptpeseschkian

It's not a goodbye, it's a see you later.